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FIFTY SEVENTH YEAR NO. 36
THURSDAY, APRIL 12, 2018

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Photos by Gene Hyder



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The Rodeo Ticket Booth will open for onsite ticket sales on April 16 at the Lakeside Rodeo Grounds, 12584 Mapleview St. in Lakeside.

For more information on the Lakeside Rodeo visit www.lakesiderodeo.com.

Carl Vinson returning home from deployment

SAN DIEGO - Sailors from aircraft carrier USS *Carl Vinson* (CVN 70) are scheduled to return to Naval Air Station North Island in San Diego April 12 after a successful three-month deployment.

During the deployment, more than 5,000 Sailors from *Carl Vinson* and Carrier Air Wing (CVW) 2 conducted routine operations in the Indo-Pacific to maintain security and stability in the region.

Carl Vinson visited Guam, the Philippines, and Vietnam. The visit to Vietnam was the first by a U.S. aircraft carrier in more than 40 years resulting in strengthened bilateral ties.

Sailors will greet awaiting family members and friends upon their return.

CVW-2 includes the "Black Knights" of Helicopter Sea Combat Squadron (HSC) 4, the "Blue Hawks" of Helicopter Maritime Strike Squadron (HSM) 78, the "Bounty Hunters" of Strike Fighter Squadrons (VFA) 2, the "Blue Blasters" of VFA-34, the "Kestrels" of VFA-137, the "Golden Dragons" of VFA-192, the "Black Eagles" of Carrier Airborne Early Warning Squadron (VAW) 113, the "Gauntlets" of Electronic Attack Squadron (VAQ) 136, and the "Providers" of Fleet Logistics Support Squadron (VRC) 30, Det. 2. *see the Carl Vinson photo gallery on page 12*

HSC-21 concludes 7 month deployment

SAN DIEGO - A detachment of 68 Sailors and four helicopters from Helicopter Sea Combat Squadron (HSC) 21 returned to Naval Air Station North Island April 5 following a seven month deployment to Okinawa, Japan.

While on deployment, HSC-21 Detachment (Det.) 4 executed close air support, direct action, personnel recovery, helicopter visit board search and seizure and search and rescue operations in support of various Okinawa-based units spanning the Navy, Air Force, Army and Marines.

"I'm tremendously proud of our detachment. We overcame many new challenges during this deployment and provided outstanding rotary wing support in theatre," said Lt. Cmdr. Rob Knoerzer, officer in charge of Det. 4.

Other deployment highlights include 336 sorties, 921.1 mishap-free flight hours and 20,358 maintenance actions spanning 73,603.5 man hours.

"I was able to gain experiences and see different things that I may not have gotten from a traditional deployment," said Aviation Electronics Mate 3rd Class Justin Boone. "I don't know anyone else who has loaded helicopters onto C-5s and C-17s!"

Mercy departs Bengkulu Indonesia

by MC2 Kelsey L. Adams

BENGKULU, Province of Indonesia - Service members and partner nations participating in Pacific Partnership 2018 (PP18) departed Bengkulu aboard hospital ship USNS *Mercy* (T-AH 19), April 10.

"I'd like to thank the residents of Bengkulu for their hospitality. I have found that they are some of the most engaging and friendly people I have ever met," said Capt. David Bretz, PP18 mission commander.

"It was very exciting to finally be at our first mission stop and I want to express my gratitude for all of the hard work and dedication shown by our service members and partner nations."

While in Bengkulu, service members and partner nations aboard *Mercy*, Indonesian military members, and civilians participated in a series of community relations events interacting with the local community at eight different events, with the U.S. Pacific Fleet Band conducting 12 concerts at locations such as local elementary and junior high schools, universities, and receptions. The engineering line of effort constructed a new school building and a community hall, while the medical and dental lines of effort participated in a

see Mercy, page 10



Weekly Contest

Here's your chance to win admission to the Lakeside Rodeo.

See page 6

AutoMatters & More

Do-It-Yourself, Self-Driving Cars?

See page 19

Around Town This Weekend

Oceanside Jazz Festival, Heartbreak Ridge Half Marathon, Lifestyle & Fitness Expo Festival.

See page 26



A Navy graphic produced by Navy Personnel Command promoting the Navy's new responsible drinking campaign, "Keep What You've Earned." For more information on the "Keep What You've Earned" campaign, visit http://www.public.navy.mil/bupersnpc/support/nadap/campaign_events/drinkresponsibly/Pages/default.aspx. (Navy photo illustration by Navy Personnel Command)



During Alcohol Awareness Month, practice drinking smarter and share how you keep what you've earned

WASHINGTON - April is Alcohol Awareness Month, a national observance promoting ways to maintain healthy drinking habits. Navy Alcohol and Drug Abuse Prevention's (NADAP) Keep What You've Earned Campaign has resources to help Sailors take proactive steps to drink responsibly.

"April is a great time for Sailors and their families to check in with their drinking," said Dorice Favorite, NADAP Director. "Drinking responsibly doesn't have to mean avoiding alcohol altogether. It's taking conscious steps to stay safe, like planning ahead, knowing your limit and finding a safe ride home."

Pier Pressure is the Keep What You've Earned Campaign's mobile application that enables Sailors to take these steps, combining real-life tools with gamification to encourage a responsible drinking environment, while celebrating Sailors' achievements in their Navy careers.

"Pier Pressure has been popular among Sailors and we constantly seek their feedback to improve the app's function and user experience," said Favorite. "We recently added access to Uber, Lyft and local cab searches in the app's Safe Ride Home re-

source, and a calorie counter that not only estimates what's in your cocktail or beer, but how many push-ups it may take to burn off those calories."

The app's latest release includes other Sailor-requested enhancements, like renaming the Tools option on the home screen to "Resources" so that key features can be easily located. In addition to the Safe Ride Home access, the Calorie Counter and Alcohol Estimator, the Resources section includes a quick and anonymous self-check to help gauge drinking habits and engage the right resources if a person has concerns about their drinking. The app can also push periodic smart drinking tips to users on the go to help them keep what they've earned.

Pier Pressure is not the only tool that the Keep What You've Earned campaign offers to promote a culture of responsible drinking. Other new or updated products include the Costs of a DUI poster, illustrating poten-

tial short-term and long-term impacts of driving under the influence. This poster and the campaign's full suite of materials that can be found on the campaign's website or ordered from the Naval Logistics Library.

Keep What You've Earned has resonated with Sailors and contributed to a consistent decline in alcohol-related incidents because it's designed from their point-of-view. Starting this month, Sailors have the opportunity to share their responsible drinking story, what motivates them to keep what they've earned, or highlight the ways that their command is encouraging healthy behaviors for a chance to be featured in future campaign products.

"Sailors want to hear from each other, and those testimonials are powerful persuaders when it comes to promoting ways to drink responsibly," said Favorite.

For a chance to have their story shared, Sailors can submit

a short description including name, rate/rank, command and location to MILL_NADAP@Navy.mil, subject: A Day in the Life. NADAP will review all submissions and contact those that may be considered for future campaign products.

This April, NADAP wants Sailors of all rates and ranks to practice and share ways to drink responsibly. All members of the Navy community can stay engaged by holding local Keep What You've Earned events, sharing the campaign's social media content, showing their realistic Public Service Announcements during training events, or even serving as a designated driver.

"Any one of these things can make a difference and help a Sailor keep what they've earned," said Favorite.

For additional messaging, videos and graphics to share, follow NADAP on Facebook, YouTube, and Flickr.

Air Force Times

Air Force chief of staff orders review of increasing aviation mishaps

by Stephen Losey

In the wake of a spike in Air Force aviation accidents, Air Force Chief of Staff Gen. Dave Goldfein has ordered a review of the low-level, non-fatal Class C mishaps driving that increase.

Air Force data obtained and published by *Military Times* showed Class C mishaps increased 16 percent between fiscal 2012 - the year before sequestration hit, when Class Cs hit a recent low - and fiscal 2017.

Most of those mishaps involved the A-10 Thunderbolt II, several kinds of cargo aircraft and the F-16C Fighting Falcon.

Air Force spokesman Maj. Ken Scholz said Monday that Goldfein last week ordered the Air Force Safety Center to conduct the review. The rates of Class A and B mishaps in the Air Force have varied over the last several years but overall are showing decreases.

The 25 Class A mishaps - incidents that result in a fatality or permanent disability or at least \$2 million in damage - recorded in 2017 were the second-lowest since fiscal 2011, behind the 23 recorded in fiscal 2014.

And 2017's 41 Class B mishaps - incidents that cause permanent partial disability, the hospitalization of three or more personnel, or between \$500,000 and \$2 million in damage - were the lowest since 2016.

But while Class C mishaps - which cause \$50,000 to \$500,000 in damage or injuries leading to lost days from work - are comparatively less severe, they can sometimes be a "canary in a coal mine" that show worse problems could develop down the line. Even more concerning, mishaps are increasing at a time when overall flight hours are decreasing.

Military Times' analysis of overall Class A through Class C mishaps across all services show a 40 percent increase in accidents since sequestration hit in 2013.

Between 2013 and 2017, at least 133 service members were killed. The Navy and Marine Corps have recorded more severe mishap increases than the Air Force.

For the Air Force, the majority of the Class C mishap increases came from cargo aircraft such as the Hercules and Globemaster, particularly from physical injuries when airmen were conducting maintenance or loading or unloading the aircraft.



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National Guard troops deploy to southern U.S. border

WASHINGTON - Defense Secretary James N. Mattis authorized up to 4,000 National Guard troops to deploy to the U.S. border with Mexico to support the Department of Homeland Security border security mission there.

National Guard troops began deploying April 6 after the announcement of the authorization.

In a joint statement, Mattis and DHS Secretary Kirstjen M. Nielsen said DHS worked closely with border-state governors and identified security vulnerabilities the National Guard could address.

"We appreciate the governors' support and are dedicated to working with them to secure the national borders," Mattis and Nielsen said.

DoD and DHS are committed to "using every lever of power to support the men and women of law enforcement defending our nation's sovereignty and protecting the American people," they said, adding that they will continue to work with the governors to deploy the necessary resources until the nation's borders are secure.

President Donald Trump authorized the National Guard, with the affected governors' approval, to enhance its support to U.S. Customs and Border Protection along the southern U.S. border. In a presidential memorandum April 4, he said a "drastic surge of illegal activity on the southern border" is threatening national security.

Mattis authorized the use of Title 32 duty status and DoD funds for up to 4,000 National Guard personnel to support DHS's southern border security mission while under the command and control of their respective governors through Sept. 30. Title 32 status is full-time duty other than inactive duty performed by a member of the National Guard. It allows the governor, with the approval of the president or the secretary of defense, to order a member to duty for operational homeland defense activities.

The troops will not perform law enforcement activities or interact with migrants or other individuals detained by DHS without approval from Mattis, according to the DoD memo. Arming will be limited to circumstances that might require self-defense, the memo says.

Gen. Joseph Lengyel, the chief of the National Guard Bureau, said in a Twitter post April 6 that up to 500 troops were deploying immediately in support of the mission. "Always Ready. Always There! Moving up to 500 National Guard troops immediately on the SW border security mission. Vehicles, equipment & helicopters on the way tonight," the general tweeted.

The National Guard's efforts will include aviation, engineering, surveillance, communications, vehicle maintenance and logistical support, chief Pentagon spokesperson Dana W. White said in a news briefing April 5.

CNO charts course to develop 'world-class' leaders

NEWPORT, R.I. - Chief of Naval Operations Adm. John Richardson announced the formation of the College of Leadership and Ethics at the U.S. Naval War College and released an updated version of the Navy Leader Development Framework (NLDF 2.0) April 6.

The announcement was streamed live on CNO's Facebook page.

"World-class leadership is our Navy's decisive advantage over our adversaries," Richardson said. "Our operational and warfighting success depends on developing leaders who learn and adapt to achieve maximum possible performance. Opening a College of Leadership and Ethics and providing a Fleet-centered development framework will create opportunities for us to become better leaders, build winning teams, and maintain America's maritime superiority."

Richardson released the initial NLDF in January 2017, providing a roadmap to develop leaders of "competence and character" through a network of formal schools, on-the-job training, and self-guided learning.

Released April 6, NLDF 2.0 (http://www.navy.mil/cno/docs/NLDF_2.pdf) includes:

- Updating to the Navy's "Charge of Command", citing the expected standards of excellence for all Commanding Officers.
- Adding the concept of men-

keep us the best Navy in the world."

The mission of the new College of Leadership and Ethics is to imbue Naval War College students with a desire for continuous learning and development as leaders of character.

leader development beyond major command. The school expects to offer courses to about 1600 graduates per year from the in-residence and distance education programs, including U.S. and international officers, and civilians from various U.S. government agencies and departments.

"In order to prevail in an environment of rapid change and complexity, we need to increase our investment in leader development to improve our advantage over potential adversaries," said Rear Adm. Jeffrey A. Harley, president, U.S. Naval War College. "The establishment of this college demonstrates our Navy's commitment to develop leaders who pursue excellence in accordance with our Navy's core attributes of integrity, accountability, initiative and toughness."

The concepts discussed in NLDF 2.0 apply to the entire Navy team - everybody should read and use it. By executing this framework, our Navy will produce leaders and teams who are ready for decisive, winning operations and combat. This is what will keep us the best Navy in the world.

tor advocacy as a way to more actively develop and promote winning leaders.

- Re-issuing Richardson's September 2016 memo "One Navy Team" on inclusiveness.

"The concepts discussed in NLDF 2.0 apply to the entire Navy team - everybody should read and use it," Richardson said. "By executing this framework, our Navy will produce leaders and teams who are ready for decisive, winning operations and combat. This is what will

In addition, the college will supplement and support each Navy community in their community leader development, and maintain a strategy for

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Troxell: NCOs must keep growing, learning, setting example

by Jim Garamone

WASHINGTON - Noncommissioned officers have to keep growing, have to keep learning and have to keep setting the example for the American military to remain the best in the world, the senior enlisted advisor to the chairman of the Joint Chiefs of Staff told a group of Air Force senior enlisted leaders here April 4.

Army Command Sgt. Maj. John W. Troxell told the airmen that the United States "has the most empowered noncommissioned officer/petty officer corps in the world."

The Air Force Element Senior Enlisted Leader Summit, which looks to strengthen the joint forces team, had NCOs from the Pentagon, the combatant commands and combat support elements. They represented airmen involved in everything from the nuclear enterprise to special operations to cyber ops.

Troxell's discussion hinged on the National Defense Strategy and its central position in what

DoD must accomplish. The strategy calls for the military "to build a more lethal force," the sergeant major said.

"The U.S. military must maintain this advantage," Troxell said. "Let there be no doubt in every warfighting domain right now [that] we have competitive advantages. But some of those advantages are eroding because of continuing resolutions, because of unstable budgets."

The strategy is based on the United States maintaining strong alliances and building on them, he said, adding that NATO and the treaties with Pacific nations are fundamental to the defense of the United States and its allies. Senior NCOs will be called upon to play a role in this effort, he said, working with counterpart NCOs and helping to train indigenous forces.

The senior NCOs discussed the threats facing the United States. The nation will be in a long-term economic, political, diplomatic and military power competition with Russia and

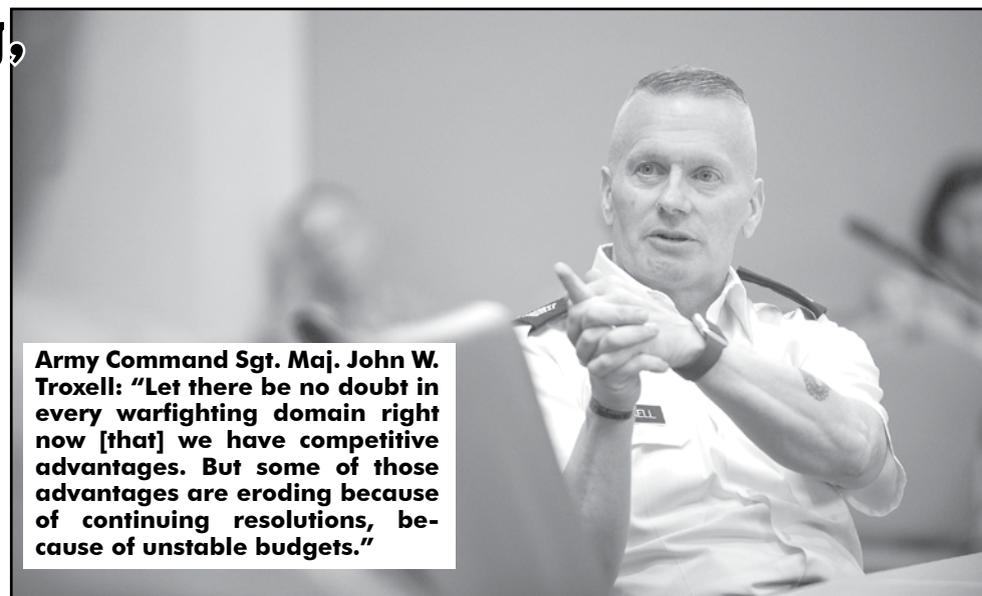
China, so all aspects of national power must be maintained, Troxell told the senior enlisted leaders.

Russia and China are both - in their own areas - trying to dismantle America's network of allies. Russia is seeking to portray the United States as an undependable ally in Europe and is doing itself to fracture NATO - the most successful alliance in history, Troxell said.

Russia's use of cyberwarfare and actions short of war continue to this day. Russia's occupation of Crimea and active participation in operations in eastern Ukraine show the Vladimir Putin-led nation continues its strategy of confronting the West, the sergeant major said.

China is using the same strategy and is trying to drive wedges between the United States and its treaty allies South Korea, Japan, the Philippines and Thailand. China is using economic power, propaganda, cyber, foreign aid and military modernization to expand its sphere of influence into the South and East China Seas and globally.

Troxell also addressed the threats from Iran, North Korea and violent extremism. He called Iran the leading state sponsor of terrorism, noting it has supported the Houthi in Yemen and Hezbollah in Lebanon. "All of these



Army Command Sgt. Maj. John W. Troxell: "Let there be no doubt in every warfighting domain right now [that] we have competitive advantages. But some of those advantages are eroding because of continuing resolutions, because of unstable budgets."

proxies that we are bumping into all around the world ... we are seeing have Iranian influence," he said.

The sergeant major said he is guardedly optimistic about developments in North Korea, but more must happen before he is convinced the North Korean leader's overtures to the United States are more than just a charm offensive. "We will see as we move forward here," he said.

He told the airmen he's worried that combat operations against the Islamic State of Iraq and Syria have stalemated in the middle Euphrates River valley. Turkish operations against the Kurds in Northern Syria have distracted Syrian Democratic Forces that were mounting the operations against ISIS, he said.

The United States also must

guard against ISIS threats in Africa and Asia, and the fight against violent extremists is a generational one, the sergeant major said.

Troxell pointed out that the discussions among the senior enlisted leaders mirror those happening at the general and flag officer level. The days of senior enlisted just being concerned with "haircuts and cigarette butts" are long over, he said. Noting that about 70 percent of senior enlisted Air Force airmen are college graduates, he said they extend the reach of their commanders in ways that other militaries only dream about.

Senior NCOs also must set the example and train their service members to be ready to face "the worst day of their life," the sergeant major said. That means they must be physically ready if they find themselves in combat. This is not a rare happening, and

it has to include all members of the military - a human relations specialist in Afghanistan or Syria may have to respond to an attack, Troxell said.

"It's not enough to just meet the minimum standard," the sergeant major said. "Every day we have to train people to face the worst day of their life and get them better each day - physically, mentally and emotionally."

And it should be tough, he said.

"[Physical training] should not be an event where everybody feels good about each other," he said. "People ought to be crawling off the PT field. They ought to be near puking, and they ought to know that this is going to make me better every day. We have to set the example by validating our credentials and being that leader who inspires the troops and intimidates the enemy."

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USS Dallas decommissions after 38 years of service

by Lt. Cmdr. Michael L. Smith

BREMERTON, Wash. - Sailors and guests bid farewell to submarine USS Dallas (SSN 700) during a decommissioning ceremony April 4, at Puget Sound Naval Shipyard Bremerton.

The decommissioning ceremony, a time-honored naval tradition, retires a ship from service through a variety of ceremonial observances, including the department heads' final reports, the lowering of the ship's commissioning pennant, and Sailors walking off the ship for the final time. The ceremony is held to honor the ship and all the Sailors who have honorably served as the crew.

Cmdr. Brian Freck, deputy commodore, Submarine Squadron 19, was the guest speaker for the decommissioning and he put into context the famous ship's place in history during her 38 years of service.

"We are here to say farewell to a work horse in the defense of our nation, USS Dallas," said Freck. "To this day, Dallas is still the most famous submarine in the U.S. Navy, because she was the star of the best-selling novel, 'The Hunt for Red October'. Although many of the real stories remain classified, there are other great stories, which she starred in, that are actually true. I can say that she superbly conducted countless missions of vital importance to the United States and our allies."

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Changes coming to the TRICARE Retiree Dental Program

Do you have TRICARE Retiree Dental Program coverage? If so, then you need to know that the TRDP will end on Dec. 31, 2018.

Not to worry, though - anyone who was in TRDP this year or would have been eligible for the plan will be able to choose a dental plan from among 10 dental carriers in the Federal Employees Dental and Vision Insurance Program (FEDVIP).

You can begin reviewing program options now at www.opm.gov/fedvip. You'll be able to enroll in FEDVIP during the 2018 Federal Benefits Open Season, which runs from Nov.



Navy dentist (Lt.) Andrew Hoppe and HM3 Rashad Thompson perform a teeth cleaning aboard USS Iwo Jima (LHD 7). photo by MCSN Jonathan Correa

12 to Dec. 10, 2018; coverage will begin on Jan. 1, 2019.

FEDVIP wasn't previously available to DoD beneficiaries,

but it will now be available to those who would have been eligible for TRDP. As an added bonus, they will also be able to enroll in FEDVIP vision coverage, along with most active-duty family members.

More than 3.3 million people are currently covered by FEDVIP. You can choose from dental plans offered by 10 different carriers.

To enroll in FEDVIP vision, you must be enrolled in a TRICARE health plan. You can decide if one of four vision plans meets your family's needs. TRICARE Young Adult enrollees are not eligible to enroll in FEDVIP vision.

You may only enroll in a FEDVIP plan outside of open season if you experience a Qualifying Life Event that allows you to do so. Any election in a FEDVIP plan remains in effect for the entire calendar year.

For more information, visit the FEDVIP website and sign up for e-mail notifications. You'll get an e-mail when new information is available and key dates approach. Future updates will include eligibility information, plans, carriers, rates, educational webinars and more.

Social Security Matters

by Russell Gloor

Ask Rusty – Social Security, military pension and disability

Dear Rusty: I am 61 years old. I have a disability rating from the VA and I draw a military pension for my years of service. How might my disability rating and my military pension affect my Social Security? Signed: Disabled Vet

Dear Disabled Vet: First of all, thank you for your service to our country. Your military pension will not affect your future Social Security benefit in any way, since military pay for service after 1957 contributed to and participated in the Social Security program. In



other words, you paid Social Security "FICA" taxes from your military earnings during your years of service, and your earnings during those years contributed toward the 35 years which will be used to determine your Social Security benefit amount. So when you finally decide

to apply for Social Security (you must be at least 62 to apply for retirement benefits) you need not worry about any reductions as a result of receiving your military service pension.

Similarly, your Veterans Administration disability rating will not affect your Social Security retirement benefit. But, for your awareness, depending upon the extent of your disability you may be eligible for Social Security Disability Insurance (SSDI) benefits in addition to your military pension and in lieu of regular Social Security benefits. You can get SSDI benefits before your normal eligibility age of 62, and they are paid instead of regular Social Security retirement benefits up to your full retirement age, which for you is 66 years and 6 months. Then, at your full retirement age, SSDI benefits will automatically convert to regular Social Security retirement benefits. Note that, if awarded, your SSDI benefit may be more than your early retirement benefit if, for example, you claimed your retirement benefit as soon as you became eligible at age 62.

Even though you have a VA disability rating, to get SSDI benefits you would still need to satisfy Social Security's own definition of "disability" and meet their other eligibility requirements. But if your disability prevents you from working and is expected to last for more than a year, it is surely worth investigating. While it is possible to apply for SSDI benefits online, we recommend you contact your local Social Security office (find it at www.ssa.gov/locator), make an appointment and apply in person. If you'd like to read up on this before contacting them go to www.ssa.gov/people/veterans/. Note too that while it doesn't guarantee approval, if your VA disability rating is "100 Percent Permanent & Total", Social Security may provide you with expedited processing of your SSDI application. And you don't have to wait until you are 62 to apply for and collect Social Security disability benefits. Once again, thank you for your military service.

Russell Gloor is a certified Social Security advisor with the Association of Mature American Citizens. The information presented in this article is intended for general information purposes only. The opinions and interpretations expressed are the viewpoints of the AMAC Foundation's Social Security Advisory staff, trained and accredited under the National Social Security Advisors program of the National Social Security Association, LLC (NSSA). NSSA, the AMAC Foundation, and the Foundation's Social Security Advisors are not affiliated with or endorsed by the United States Government, the Social Security Administration, or any other state government. Furthermore, the AMAC Foundation and its staff do not provide legal or accounting services. The Foundation welcomes questions from readers regarding Social Security issues. To submit a request, contact the Foundation at ssadvisor@amacfoundation.org, or visit the Foundation's website at www.amacfoundation.org.

VA takes step in improving correspondence with vets

WASHINGTON - As part of the U.S. Department of Veterans Affairs' (VA) ongoing improvement of managing taxpayer dollars, the Veterans Benefits Administration has deployed the Centralized Benefits Communications Management Program nationally.

The program represents a new centralized printing and mailing process system de-

signed to improve productivity and streamline correspondence with Veterans on compensation benefits and pension burial claims.

"CBCM is one of many great examples of how VA continually explores ways to update outdated processes," said Acting VA Secretary Robert Wilkie. "With this program, we took proven industry practices and

adapted them to our needs."

Prior to CBCM, which went into effect March 23, VBA's 56 regional offices were responsible individually for their manual processing of outbound mail.

Under CBCM, claims processors now submit letters electronically to one central location for printing and distribution - allowing specialized employees to focus more time and energy assessing vet claims.

The Armed Forces Dispatch wants you to be a **WINNER!**

Enter for a chance to win 2 tickets to the **Lakeside Rodeo**

April 27-29 • Lakeside Arena

Rodeo events each performance

- Bareback Bronc Riding • Saddle Bronc Riding
- Tie Down Calf Roping • Team Roping • Steer Wrestling • Bull Riding
- Barrel Racing • Jr Barrel Racing • Rodeo Clown Bull Fighter

Rules: Fill out the entry form below and send it to us at: Dispatch Newspaper/Lakeside Rodeo, PO Box 600600, San Diego, CA 92160. Entries must be in our office by noon on Wed., April 18, 2018. One entry per family. Must show ID upon pickup. Entries may also be submitted via e-mail to contest@navydispatch.com, Subj: Lakeside Rodeo. Include all information requested below in online entries. Winners notified by telephone.

Armed Forces Dispatch Newspaper/Lakeside Rodeo
April 18, 2018 at noon.
Please answer all questions to be eligible.

name _____

address _____

city, state, zip _____

phone _____

What radio station do you listen to? _____

Active duty military (which base): _____

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Career & Education

RRL Block Learning to be delivered fleet-wide

U.S. Fleet Forces Command (USFF) announced the Navy-wide commencement of the block learning stage of Ready Relevant Learning (RRL) via NAVADMIN 089/18, April 5.

Block Learning, or BL, is designed to be the first stage in training delivery under a transformed training construct of the RRL pillar of Sailor 2025. BL training is critical to individual and unit readiness, and the individual career progression of a Sailor.

BL training represents the first steps toward providing Sailors with the right training, at the

right time and in the right way.

The intended pathway for training under the RRL block learning structure involves Sailors completing initial training at Recruit Training Command along with their initial technical training, called Block 0 (BL0). Sailors then report to their first operational unit with the mission-essential skills needed to support their first two years aboard - ideally, arriving sooner than under previous training constructs.

Type Commanders' training requirements may then necessitate Sailors to receive an ad-

ditional two to five weeks of training, termed Block 1 (BL1), anywhere from 12 to 24 months from their initial report date, at the unit's discretion. Sailors will then return to their command with expanded knowledge and skills they'll use to perform tasks required for the remainder of their first operational tour.

Units will be required to designate unit training officers to act as the primary point of contact with Training Support Centers and they must establish an email address for use by their training officer by May 1, 2018.

TSC Hampton Roads will

provide support for commands east of the Mississippi River; Training Support Center San Diego will provide support for commands west of the Mississippi River. Instructions on how to format email addresses and establish a training officer account can be found in NAVADMIN 089/18.

Navy-wide delivery of block learning serves as an important milestone for the RRL program. The first batch of block learning was delivered by Naval Technical Training Center in Meridian, Mississippi, to new accession logistics specialists in April 2017.

USS Midway Museum recruiting volunteers to become part of exciting visitor destination!

Volunteering is a fun way to learn new skills and to meet people from all over the world. Opportunities abound in ship restoration, the safety team, museum tour guides, and more. We do ask that participants plan for a regular, monthly commitment, for at least six months. For groups of ten or more, consider a fun, one-day project.

This great museum shares the drama, excitement and technology of America's Naval Aviation Heritage with the public. The ship is widely recognized as being one of the top destinations in San Diego. Exhibitions interpret historical and educational aspects of Naval aviation in a fun and entertaining way. Thousands of local, national, and international visitors come to the museum every day.

For more information see www.midway.org.

Career Waypoints Sailors with Denied Final Active status now eligible for advancement exams

by Ed Barker

Sailors that were previously ineligible for advancement exams due to a Career Waypoint (CWAY) status of Denied Final Active (DFA) have been reinstated by a policy change from the Chief of Naval Personnel April 4.

Announced in Naval Administrative Message (NAVADMIN) 086/18, the policy change enables commands to order substitute Navy-Wide Advancement Exams (NWAE) for their Sailors in a CWAY-DFA status. Late exam orders for these Sailors under Exam Cycle 239 (March 2018) can only be ordered until April 20. The deadline for all other substitute exam orders is April 6.

"Educational Services Officers should contact the Navy Education and Training Professional Development Center (NETPDC) for substitute exams for those Sailors whose regular exams were not ordered due to being identified as DFA in CWAY," said Tom Updike, Enlisted Exam Execution division

head for the Navy Advancement Center. "Exams should be ordered via message or via e-mail in message format in accordance with the Advancement Manual."

Topics and bibliography refer-

ences for the substitute exams are available on the Advancement and Promotion webpage located on the My Navy Portal website. Bibliographies are also available via the Navy Credentialing Opportunities Online website and Navy COOL Application.

Additional details including references for ESOs can be found in the NAVADMIN. Questions should be addressed to the Navy Personnel Com-

mand Customer Service Center: 866-U-ASK-NPC or email: [uasknpc\(at\)navy.mil](mailto:uasknpc(at)navy.mil). The Navy Advancement Center exam ordering and discrepancies branch can be reached via: 850-473-6148.

Keep up-to-date with the latest NWAE and PMK-EE information from the Navy Advancement Center by following their Facebook page: <https://www.facebook.com/Navy-Advancement-Center-213190711299/>.



Non-active duty personnel are invited to join the Navy League. No military service required, just a desire to serve those that serve.

Call Jay Lott at 619-230-0301 or email him at jay@navyleague-sd.com for more information.

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April 19: Veteran Association of North County
April 20: Anchors Catering and Conference Center

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On Base & On Board

The Navy's Bay Bridge Run/Walk Sunday, May 20, 8 am Picture yourself on top of the Coronado Bridge! You can make it a reality by participating in the Navy's 32nd Bay Bridge Run/Walk, presented by MWR, SDC&E, Leidos and the United Port of San Diego. It's your only chance to walk across the Coronado Bridge! Register today at www.navybaybridgerun.com.

NBPL Historical Walking Tour Saturday, April 14, 9 am, FREE NBPL, Main Base, The Clubhouse, Bldg. 546 Learn the history of Naval Base Point Loma from our very own resident historian. Each building has an unexpected story. Register: 619-553-9138

Fit Family Boot Camp Saturday, April 14, 9:30 am, FREE VADM Martin Fitness Center, NASNI, Bldg. 1507, 619-545-0237 Start your family's weekend with fitness fun! Motivate your morning with low impact circuit exercises led by an MWR professional. Register online today at www.navylifsw.com.

Auto Skills Monthly Maintenance Training Class Saturday, April 14, 9 am-Noon, FREE NBSD Auto Skills Center, Bldg. 3234 This month's class covers radiator flush and fluid checks. Come 15 minutes early for a quick tour of the shop! Snacks and light refreshments provided. Info: 619-556-7009 / Register: 619-556-9597

"Time for Me" Spa Day Saturday, April 14, 2-4:30 pm, \$15 NAB Community Recreation Center, Bldg. 337 Take a "Me" day and enjoy some pampering with Community Recreation. Learn to make your own easy facial mask, shower melts, and lotion bars, plus participate in yoga meditation and stretching while waiting for your 10-minute massage. Registered guests get to take home recipes for facial masks to try at home, stretching techniques and are entered into an opportunity drawing for a 1-hour massage. Registration required: 619-437-3190

Ultimate Navy Fitness GOAT Run Friday, April 20, 7 am, FREE Admiral Prout Field House Track, NBSD, Bldg. 3279, 619-556-7444 It's a 3-mile run/walk with an intense obstacle course to test your endurance, perseverance and grit. The course is packed with more than 15 signature Sports & Fitness obstacles for you to complete. Register today at www.navylifsw.com.

Santa Barbara Weekend Friday-Sunday, April 27-29 • 8 am • \$80 active/\$100 guest Explore the beautiful coastal city of Santa Barbara! We'll sleep near the ocean, see the city's Mediterranean style buildings and experience the Spanish colonial heritage. Trip open to single enlisted and unaccompanied active duty, plus a guest, 18+. Cost includes transportation, campsite, camping gear, and food while in camp. Call Coronado Liberty to sign up: 619-545-3331 or 619-437-3190.

SAPR 5K Run/2-Mile Walk Friday, April 27, 9 am (check in 7:30 am), FREE NASNI, Quay Wall at Moffett Rd. Protecting our People, Protects our Mission! Run to help increase sexual assault awareness. Register today at www.navylifsw.com. Event proudly sponsored by MWR, Armed Forces Dispatch and USAA.

Operation Megaphone! Teen Overnight Friday-Saturday, April 27-28 FREE DoD Dependents/\$10 Sponsored Teen Guest Join the worldwide annual #OMP to connect with other military teens all over the world to discuss key issues that affect YOU – a military teen! Plus, lots of fun, food, games and special surprises! Stop by your local Navy Youth Center today for times, location and ages welcome or

visit www.navylifsw.com for full details.

Lakeside Rodeo Saturday, April 28, 1:30 pm, \$14 12584 Mapleview St, Lakeside, 92040 Enjoy a fun afternoon watching bull riding, steer wrestling, barrel racing, roping and more! Meet us outside of the box office at 1:30 pm for the 2 pm show. Register: NBSD 619-556-9597, NBC 619-437-3190, NBPL 619-553-9138

Julian Cider/Wine Tour Sunday, April 29, 9 am, \$26 Experience Julian and all its glory! We're learning about the creation of the famous Julian Hard Cider, chocolate pairing, enjoying lunch and shopping at an antique barn then finishing the day with pie! Pick up locations: 9 am NASNI Main Gate Visitors Lot; 9:30 am Admiral Baker Picnic Area. Registration required: 619-437-3190

HAPPENINGS FROM PREVIOUS ISSUES....

GOLF

Demo Day Saturdays, 10 am-2 pm Head over to Admiral Baker & Sea 'N Air Golf Courses to try the latest drivers, fairway metals, hybrids and irons. Get fitted by one of our certified fitters/PGA staff. For more information call 619-487-0090 or 619-545-9659.

Junior Golf Clinics Every Wednesday, 3-4 pm & Saturday, 9-10 am • \$20 Kid's 6-17 years, learn fundamentals, etiquette and golf rules in a fun, friendly environment. For more details contact the Sea 'N Air Golf Course at 619-545-9659 or Admiral Baker Golf Course at 619-487-0090.

BOWLING

Cosmic Bowling Sea 'N Air Lanes, NASNI – Every Friday and Saturday night, 8 pm-midnight Admiral Robinson Recreation Center, NBSD – Saturday, 9 pm-midnight Visit one of MWR's Bowling Centers for "out-of-this-world" bowling. Everything glows under black lights while the fog rolls in and wild music blasts you to another dimension. Bring the whole family and enjoy the "cosmic" scene! For more information call 619-556-7486 or 619-545-7240.

Monday Madness Bowling \$1.25 per game, shoe rental \$1.25, hot dog \$1.25, soda \$1.25 Get great these great deals at Admiral Robinson Recreation Center, NBSD, and Sea 'N Air Lanes, NASNI. For more information call 619-556-7486 or 619-545-7240.

Tuesday Night BOGO 5 pm-Close Join the fun! Buy one game and get one FREE at Admiral Robinson Recreation Center. For more information call 619-556-7486.

Thursday Prize Night Bowling 6 pm-Close Enjoy playing

various non-skill based games where you can WIN great prizes! Available at Admiral Robinson Recreation Center, NBSD, and Sea 'N Air Lanes, NASNI. For more information call 619-556-7486 or 619-545-7240.

LIBERTY

Oak Canyon Trail Hike Trip open to single enlisted and unaccompanied active duty, plus a guest, 18+. Balboa Liberty Center, NMCSO: 619-532-8909 Saturday, April 14 • 9 am • \$10 active/\$15 guest Oak Canyon to Grasslands Trail is a 6.8 mile moderately trafficked loop trail that features a river and is good for all skill levels. Don't forget to ask about our new Hiker's Club Program! Cost includes transportation and a snack.

Dinner + Disc Golf Event open to single enlisted and unaccompanied active duty, plus a guest, 18+. Liberty Hall, NBPL, Harbor Drive Annex: 619-524-0961 Sunday, April 15 • 3-6 pm • \$5 Liberty/\$10 guest End your weekend with a friendly game of disc golf and a delicious BBQ dinner! Register by April 12 to reserve your spot.

Nerf Shooting Gallery Event open to single enlisted and unaccompanied active duty, plus a guest, 18+. The Clubhouse Liberty, NBPL, Main Base: 619-553-9138 Monday, April 16 • 11 am-2 pm • FREE Our Nerf guns are out and ready to knock down some targets. Knock them all down with limited ammo and you win a prize!

Chula Vista Elite Athlete Training Center Tour Trip open to single enlisted and unaccompanied active duty, plus a guest, 18+. Balboa Liberty Center, NMCSO: 619-532-8909 Wednesday, April 18 • 3:30 pm • \$5 active/\$10 guest Did you know U.S. Olympic athletes come to San Diego to train? We have an inside connection lined up to take us on a tour of the training facility.

Giant Paintball Trip open to single enlisted and unaccompanied active duty, plus a guest, 18+. The RECYARD, NBSD: 619-556-5078 Saturday, April 21 • 9 am • \$5 Join The RECYARD as we head to one of San Diego's finest and largest paintball fields! Cost includes transportation. Gear and day pass can be rented at the facility.

Comic Fest Trip open to single enlisted and unaccompanied active duty, plus a guest, 18+. VADM Martin Liberty Center, NASNI: 619-545-3331 Saturday, April 21 9 am \$12.50 Indulge your love of comics, science fiction, and films! Cost includes transportation and admission.

Escape Room

Steal and Escape,
2602 Transportation Ave B,
National City, 91950



Thursday, April 19, 6 pm, \$25

Register: 619-556-9597

Work as a team to uncover clues to solve puzzles in this fun, unique and challenging activity!

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Yellow Ribbon Program helps families yellow-bellied over tuition



by Lisa Smith Molinari

Reality has set in. There's no turning back. The kids are going off to college.

And someone has to pay for it.

It all seemed like a distant dream last fall when we signed up for campus tours.

"Sure, we can visit that private university that costs \$68,000 per year," we said, believing that something would intervene — financial aid, scholarships, public outcry, a Martian invasion, the Tooth Fairy — to make college affordable.

Back then, high school graduation was so far off, we didn't need to think it all through. Somehow, it would all work out.

In the meantime, college counselors encouraged our kids to explore their educational dreams regardless of the price, as if military families had unlimited budgets. And as if taking out

massive student loans wouldn't translate into our kids living in our basements until they reach their thirties.

Now, here we are in April. The month when high school seniors sort through their acceptance letters, revisit colleges, and make "their choice."

And we, the parents, are hyperventilating into paper bags because we know the bills are coming.

But put down those smelling salts, because the GI Bill and

which added an opt-in program for new recruits, and the 2008 Post 9/11 GI Bill which offered veterans serving on or after September 11, 2001 the ability to transfer unused educational benefits to family members. This expansion also added the Yellow Ribbon Program which allows schools to voluntarily "fund tuition expenses that exceed either the annual maximum cap for private institutions or the resident tuition and fees for a public institution. The institution can contribute up to 50% of those expenses and VA will match the same amount as the institu-

When our first child, Hayden was searching for colleges back in 2014, we limited his search to in-state schools and schools that participated in the Yellow Ribbon Program. By searching the state-by-state list of Yellow Ribbon participating schools on the VA website (https://www.benefits.va.gov/GIBILL/yellow_ribbon/yrp_list_2017.asp), Hayden compiled a long list of schools that we could afford using most of my husband's transferred GI Bill benefits.

Thanks to these programs, Hayden will graduate from a top-notch research institution in May with a well-paid job as a software engineer, no significant student loans, and no plans to live in our basement until his thirties. We considered telling our second child, Anna, that that she was limited to what was in the change jar on the kitchen counter, but luckily, she was offered a competitive financial aid package from her university. And as for Lilly, our high school senior who has her heart set on another leafy upstate private college, we still have enough GI Bill benefits left to cover one year of tuition, housing and books.

After that, we may need those smelling salts.

the meat and potatoes of life

the Yellow Ribbon Program can make college affordable for military families.

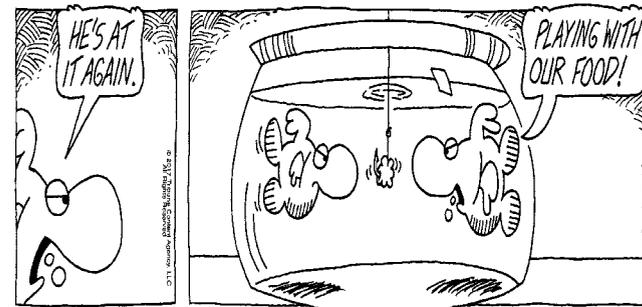
Legend has it that one night at the Mayflower Hotel in Washington, D.C., American Legion commander Harry Colmery scribbled an idea on a napkin for military veterans returning from WWII to receive federal unemployment pay, educational benefits, and loans to buy property to help them adjust after service. That idea eventually became the Servicemen's Readjustment Act, better known as the GI Bill of Rights, which was signed into law by President Franklin Delano Roosevelt on June 22, 1944.

The Bill saw many revisions over the decades, most notably the 1984 Montgomery GI Bill

tion." (See https://www.benefits.va.gov/gibill/yellow_ribbon/yellow_ribbon_info_schools.asp.)

And finally, the Harry W. Colmery (the napkin scribbler) Veterans Educational Assistance Act of 2017, known as the "Forever GI Bill," which eliminates the 15-year limit on using benefits for recent enlistees, offers extra money for those pursuing STEM degrees, and includes reservists, surviving dependents, and Purple Heart recipients.

Today, the GI Bill covers about \$22,800 annual tuition plus housing and books for four years. This amount is based on average in-state tuition, but it doesn't cover all costs at many pricey universities today, which is why the Yellow Ribbon Program is used as a supplement.



Science Matters

17-20 in. (43-50 cm) long

Mammalian hair

Webbed claws like a bird

Duck-like beak is a sensory organ; mouth is underneath

Spurs with venom like a reptile

Eggs like a bird or reptile's

Milk glands like a mammal

Hillary Martin and Stephen Kolomyjec photos

Family portrait of the platypus

The first population-scale, whole-genome study of Australia's platypus has revealed the kinships and diversity in its widespread population.

Platypus genealogy

Earliest common ancestor of today's population: Likely lived nearly 1 million years ago

Three ancestral populations (on map above):

- 1 Northeast Australia
- 2 East and southeast
- 3 Tasmania (separated from mainland about 12,000 years ago)

All three started interbreeding 800,000 years ago

Ancient, giant relative: Fossil exists of a giant platypus (3 ft./1 m), lived 5 to 15 million years ago

Its bizarre DNA

- Its genome, first decoded in 2008, carries pieces of bird, reptile, mammal DNA
- Split from other mammals about 160 million years ago, in the Age of Dinosaurs

Source: University of Oxford Wellcome Centre; University of Sydney; Australian Platypus Conservancy; Molecular Biology and Evolution

Graphic: Helen Lee McComas, Tribune News Service

Places of Worship

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www.bayviewbc.org

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Coast Guard Pacific Southwest recognizes enlisted persons of the year

ALAMEDA, Calif. — Two San Diego-based Coast Guard petty officers were honored as the 2017 active-duty and reserve enlisted person of the year for the service's Pacific Southwest region during a ceremony April 5 in Alameda.

Petty Officer 2nd Class David Holland, an active-duty maritime enforcement specialist assigned to the Coast Guard Pacific Tactical Law Enforcement Team in San Diego, and Petty Officer 1st Class Glenn Hyzak, a reserve maritime enforcement specialist assigned to Coast Guard Sector San Diego are this year's honorees.

Holland deployed for more than 157 days aboard U.S. and Canadian navy vessels engaged in counter-narcotic patrols in the Eastern Pacific. As a boarding officer during these patrols, he directly contributed to the

seizure of \$45.8 million of narcotics.

During the wildfires that swept through Southern California, he coordinated deliveries of much-needed water and supplies to civilians and responders. Holland also represented the Coast Guard as a law-enforcement and security expert during international training exercises.

As a qualified boarding officer, Hyzak conducted 20 boardings, two shore side ferry terminal boardings, and seven interagency law-enforcement operations with local and federal law agencies in the San Diego area.

Hyzak was also part of the Coast Guard's response when he deployed to St. Croix, U.S. Virgin Islands, in the wake of Hurricane Maria, where he conducted security missions in the

affected area.

During his off-duty time, Hyzak traveled with Team Rubicon, a non-profit organization, to Houston in response to Hurricane Harvey where he led a strike team of volunteers for 14 days helping civilians in the storm's aftermath.

The enlisted person of the year program for active duty and reserve members recognizes exceptional, top-performing men and women in the Coast Guard's workforce.

The recipients are selected by a panel of senior enlisted members who evaluate each nominee against established criteria including performance, work ethic, military bearing, standards of conduct and a strong community-service commitment.



Master Chief Petty Officer Ryan Fahlenkamp (right), Coast Guard 11th District command master chief, and Rear Adm. Todd Sokalzuk (left), Coast Guard 11th District commander, award Petty Officer 2nd Class David Holland (center) an Enlisted Person of the Year plaque. Coast Guard photo by Petty Officer 3rd Class Sarah Wilson

San Diego visits Puerto Vallarta

by MC1 Lewis Hunsaker
PUERTO VALLARTA, Mexico - For the first time, amphibious transport dock ship *San Diego* arrived in Puerto Vallarta, Mexico for a regularly scheduled port visit, April 6.

While in port, the crew of *San Diego* engaged in friendship building activities, through professional exchanges with Sailors from the Mexican Navy. The crew also volunteered their time and participate in a community relations project to help re-paint a local library.

"You always want to build professional engagements with other militaries," said Commanding Officer, Capt. Pete Collins. "And with Mexico being our next door neighbor, working together will continue to build our relationship while fostering a professional atmosphere between our two Navies."

The crew visited many local attractions such as Old Town Vallarta, colorful markets, and beautiful beaches as well as experience a diverse range of foods and cultures while taking some well-deserved rest and relaxation.

"This visit provides the crew a great opportunity to see and experience new things while enjoying the nature of being in the U.S. Navy in a foreign port," said Collins.

San Diego recently returned home after completing a successful seven-month deployment conducting operations and exercises in the Indo-Pacific, Mediterranean, Horn of Africa, and Middle East.

Mercy

continued from page 1

total of 25 cooperative health engagements and 24 different subject matter expert exchange discussions.

They also provided two veterinary information exchanges with local veterinarians and animal control.

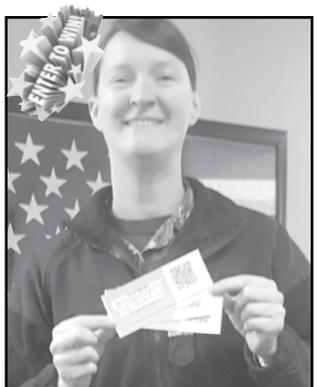
Additionally, service members and local government officials exchanged experiences, ideas, and advice during a Women's Peace and Security international engagement conference. The three-day conference was held in Bengkulu and aboard *Mercy*. The conference sparked productive discussions about ways to enhance disaster preparedness and response. It also highlighted the importance of women and children being active participants when it comes to conflict prevention, building peace, and post-conflict resolution.

During PP18, *Mercy* and Military Sealift Command expeditionary fast transport USNS *Brunswick* (T-EPF 6), U.S. ships participating in PP18, are

conducting visits to different Indo-Pacific nations, increasing the reach and scope of PP18 participants and host nation counterparts to conduct technical expertise exchanges in medical, engineering, and humanitarian assistance and disaster relief. Additionally, key leader and community engagement events will allow for direct engagement with local citizens and enhanced relationships with partner nation military and government leadership.

Pacific Partnership, now in its 13th iteration, is the largest annual multilateral humanitarian assistance and disaster relief preparedness mission conducted in the Indo-Asia-Pacific. PP18's objective is to enhance regional coordination in areas such as medical readiness and preparedness for man-made and natural disasters.

Pacific Partnership 2018 consists of more than 800 U.S. military personnel stationed worldwide, working side-by-side with host nation counterparts to be better prepared for potential humanitarian aid and disaster response situations.



this week's contest entry form is on page 6.



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Making it rain: Improving medical readiness at the frontline

CAMP PENDLETON - When people are in need of medical care, time is always a factor. Many times service members find themselves operating in austere environments such as disaster relief areas and forward operating bases where the transportation of medical supplies can be a complex undertaking.

Depending on the environment, transporting supplies on the ground may not be an option. The Marines and Sailors of 1st MLG are employing their capabilities in conjunction with Marine Aerial Refueling Transport Squadron 152 (VMGR-152) to drop units of blood by air to those operating in such inflexible areas.

"Currently, if you want to deliver blood you have to put in a request at the Joint Blood Program who will fly it to a location outside the intended area and it will then have to be transported via ground to the surgical unit that needs it," said Navy Lt. Joshua Knapp, the deputy health service support officer for the 1st MLG's Health Service Support Element.

"What we are hoping to do is to develop the procedures so that we can actually fly the blood to the surgical unit and drop it by air to the intended area."

The units of blood were dropped from 500 feet by the KC-130J Super Hercules, but the personnel involved did not know if the reinforced packaging would protect the units. At 500 feet the altitude did not have an effect on the blood, however, the units had to maintain a temperature of 32 to 50 degrees Fahrenheit. With current packaging materials, units of blood are able to maintain temperatures for 48 hours.

There are many different moving parts that need to fall into place in order for this concept to become a reality. First was getting the blood from Naval Medical Center San Diego to Marine Corps Air Station Yuma. This was completed in an expedient manner to ensure the integrity and viability of blood units were not compromised, and were subject to testing shortly after being air dropped.

At MCAS Yuma, Marines with 1st, 2nd and 3rd MLG packed and prepped the blood to be dropped out of a KC-130J Super Hercules with VMGR-152. Marines from the MLG's were involved to ensure training was shared across the units.

There were five different packaging variations used for the air delivery. Each utilized materials from the Authorized Medical and Dental Allowance List and a special insulated box called a 'Collins' box to include

various parachute configurations.

Once the blood landed in the intended area, Navy Corpsmen with 1st MLG Health Service Support Element inspected the cases and blood bags to make sure they were still a viable product.

At the time of the training, the corpsman found no evidence of damage to the blood bags and the performance of each packaging variation was recorded in order to document and share the details of how to successfully accomplish this air delivery technique.

However, the blood was still

required to be transported back to Naval Medical Center San Diego to test if hemolysis occurred, which is the rupturing or destruction of red blood cells. This can occur on impact and must be tested.

Naval Medical Center San Diego did find hemolysis occurred in the units of blood being used in the exercise. However, it is thought to have been due to the age of the blood, which was 20 days past expiration.

Expired blood is used in the training to ensure viable blood is available for those in need. At this time, further testing is being conducted by the medical center to determine if the hemolysis oc-

curred due to the blood samples being expired.

The air-drop delivery was a successful training event for all units involved who are now tasked to refine the training and make it a viable option for the Marine Corps' logistical requirements.

"The biggest thing that came from training is education to the Marine Corps as a whole," said GySgt. Jacob Reichert, the air delivery operations planner for the 1st MLG. "I want Marines to hear about this and say, 'Wow, they air dropped blood; I wonder what else we can drop?' We want to get this training to start a huge progression in the realm of air delivery."



Cpl. Lauren Song, an air crewman with Marine Aerial Refueler Transport Squadron 152, Marine Aircraft Group 12, 1st Marine Aircraft Wing, releases units of blood during an air delivery drop at MCAS Yuma, Ariz., March 28. There were five different packaging variations used for the air delivery. Each used materials from the Authorized Medical and Dental Allowance List and a special insulated box called a 'Collins' box; these variations also included numerous parachute configurations. The purpose of the exercise was to test the viability of blood samples being transported by air delivery. Marine Corps photo

Theodore Roosevelt conducts PASSEX with Singapore Navy

by **MC1 John Hetherington**
SOUTH CHINA SEA - Aircraft carrier *USS Theodore Roosevelt* (CVN 71), along with the guided-missile destroyer *USS Sampson* (DDG 102), sailed in formation with the Republic of Singapore Navy frigate *RSS Supreme* (FFG 73) and corvette *RSS Valiant* (PGG 91), April 6.

The event was a traditional naval greeting and training opportunity between partner navies after the *Theodore Roosevelt* Carrier Strike Group (TRCSG) made a brief port stop in Singapore.

"This passing exercise offered a unique opportunity to further our capabilities to operate with and learn from one another," said Cmdr. Timothy D. LaBenz, commanding officer of *Sampson*.

"It's an excellent test for our watchstanders to exercise their flexibility as warfighters and to interact with partner navies in a tactical environment. *Sampson* is dedicated to ensuring its ability to work together with our allies and deal with common concerns such as disaster relief and safety of sea lanes."

During the passing exercise, ships from both navies practiced ship handling procedures, communications drills and navigat-

ing in several close formations.

"This was a unique opportunity to further our capabilities to operate with and learn from one another,"



said Capt. Carlos Sardiello, *Theodore Roosevelt*'s commanding officer. "We are dedicated to ensuring our ability to work with our allies and deal with common concerns such as disaster relief and safety of sea lanes."

TRCSG will continue maritime security patrols, presence operations, and training with partners and allies throughout

the Indo-Pacific region. The TRCSG returned to the 7th Fleet area of operations after successfully completing more than four months in the Arabian Gulf and U.S. 5th Fleet area of operations supporting maritime security, theater security cooperation, and operations Inherent Resolve and Freedom's Sentinel.

PHOTO CAPTION: Aircraft carrier *USS Theodore Roosevelt* (CVN 71) leads the Republic of Singapore Navy Victory-class corvette *RSS Valiant* (PGG 91), the Formidable-class frigate *RSS Supreme* (FFG 73) and destroyer *USS Sampson*. *Theodore Roosevelt* is underway for a regularly scheduled deployment in the U.S. 7th Fleet area of operations in support of maritime security operations and theater security cooperation efforts. Navy photo by MC3 Anthony J. Rivera

"The strike group is extremely proficient and performing at an

exceptional level," said Koehler. "We are prepared to conduct operations in 7th Fleet with the same persistence and flawless execution the strike group exhibited in 5th Fleet."

Roosevelt left its homeport of San Diego Oct. 6, for a regularly-scheduled deployment to the U.S. 7th and 5th Fleet areas of operation.

TRCSG consists of the staff

of Destroyer Squadron 23 and the squadrons of Carrier Air Wing (CVW) 17, which includes Strike Fighter Squadron (VFA) 113, VFA-94, VFA-22, Marine Fighter Attack Squadron (VMFA) 312, Electronic Attack Squadron (VAQ) 139, Airborne Early Warning Squadron (VAW) 116, Helicopter Sea Combat Squadron (HSC) 6, Helicopter Maritime Strike Squadron (HSM) 73 and Fleet Logistics Support Squadron (VRC) 30.

Armed Forces DISPATCH

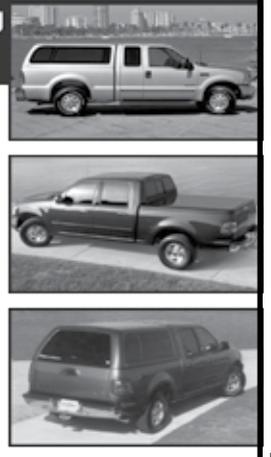
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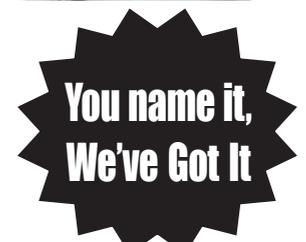


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Carrier Vinson deployment photo gallery



(1) Sailors dance during a steel beach picnic. *photo by MCSN Michele Fink* (2) A Mark 38 25 mm machine gun system fires during a live-fire exercise on the fantail. *photo by MC3 Dylan M. Kinee* (3) Culinary Specialist 3rd Class Javonte Jackson sings during a talent show on the flight deck. *photo by MCSN Michele Fink* (4) A Super Hornet makes an arrested landing. *photo by MC3 Matthew Granito* (5) An Osprey assigned to Marine Medium Tiltrotor Squadron 262 flies near Vinson, as an SH-60K helicopter from Japan Maritime Self-Defense Force prepares to take off. *photo by MC3 Matthew Granito* (6) QM3 Alexis Brown uses a sextant for celestial navigation. *photo by MCSN Michele Fink*

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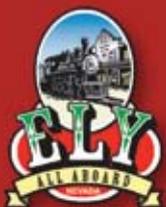
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Cmdr. Amy Larson, fleet judge advocate, gives remarks during a legal working group as part of the Rim of the Pacific (RIMPAC) 2018 Final Planning Conference, April 3. Navy photo by MC3 Natalie M. Byers

3rd Fleet hosts RIMPAC planning conference

By MC2 Curtis D. Spencer
SAN DIEGO - Commander, 3rd Fleet hosted the final planning conference for Rim of the Pacific Exercise (RIMPAC) 2018 at Naval Base Point Loma April 3-6.

The world's largest international maritime exercise, RIMPAC provides a unique training opportunity that helps participants foster and sustain the cooperative relationships critical to ensuring the safety of sea lanes and security on the world's oceans.

More than 1,000 personnel from 27 countries participating in RIMPAC 2018 attended the FPC to streamline preparations for the exercise.

Vice Adm. John D. Alexander, commander, U.S. 3rd Fleet, concluded the conference with closing remarks. Alexander emphasized three lines of effort: planning, relentless execution of operations, and aggressive risk management.

"Capable, adaptive partners is the theme of RIMPAC 2018; I think everyone lived up to that," Alexander said. "It was good planning by all. I think we are in a good spot. We took care of everything we needed to take care of at this time."

The event afforded attendees the opportunity to disseminate information and finalize planning for RIMPAC 2018.

Royal Australian Navy Lt. Cmdr. Dean Uren, a RIMPAC coordinator attached to U.S. 3rd Fleet, explained how proper preparation increases knowledge and will help lead to a successful exercise.

"The FPC provides an opportunity for planners and participants to review and confirm the plan that we'll execute this summer," Uren said. "As the world's largest maritime exercise there are a number of moving parts to make it work. The FPC ensures that the whole RIMPAC planning community is focused on the problem set at the same time. Having everyone focused together is an effective way to get the job done. It's a powerful planning tool."

NPS 'Sharpens the Spear' with research working group

MONTEREY, Calif. - The Naval Postgraduate School (NPS) hosted the Naval Research Working Group (NRWG) 18 April 10-12.

The NPS Naval Research Program (NRP) serves as an OPNAV funded launch-point for new initiatives which posture naval forces to meet current and future operational warfighter challenges. Through research, NPS's world-class faculty and students are able to deliver innovative solutions in real time to matters faced by operational Naval forces across the globe.

Organized by the NRP, the NRWG continues to serve as a forum for Navy and Marine Corps organizations to communicate, review, validate, and recommend topics for NPS research since FY14.

Now in its 5th year, the annual NRWG is the primary synchronization and collaboration event bringing together fleet and research topic sponsors, NPS faculty members, and students to discuss potential research initiatives.

Funding for FY19 is proposed to be approximately \$12M. To date, over 2,000 topics have been submitted through the NRP Topic Portal, and over 600 research projects have been completed or are in progress.

This year's NRWG features a research trade show where sponsors will be on site and available to discuss research opportunities, potential benefits to the naval services, and expected deliverables from selected NRP research projects with individual NPS faculty and students.

The kick-off for NRWG 18 culminates in a faculty poster session planned for April 10th. NPS faculty will be available to showcase their previous research initiatives and findings.

NPS lab tours remain an integral part of the NRWG and are scheduled for April 10 and 12. Lab tours are the perfect opportunity for topic sponsors to gain a more in-depth understanding of the specific research lab capabilities at NPS. To date, 18 labs will participate.

Topics for the various briefs included: accommodations, security, logistics and communications, and an evaluation of materiel requirements for the exercise.

"Many hands make light work," Uren said. "RIMPAC doesn't happen without conferences like FPC and the people who attend them. The RIMPAC community is prepared and ready to execute another successful exercise."

The conference was the second to last event in the RIM-

PAC 18 planning conference series. This year's exercise will include first-time participants from Brazil, Israel, Sri Lanka and Vietnam.

"Everything has gone very well," Vietnam People's Navy Lt. Cmdr. Le Binh, commanding officer, Vietnam Assimilation Center said. "We have achieved all of our goals and objectives for the conference. I have received a wonderful welcome to the RIMPAC planning community. I have gotten a lot of support from all my counterparts

during the FPC. Every day I get more and more excited thinking about the exercise."

A staff exercise slated for April 9-12 will give personnel a final chance to evaluate the planning phase.

RIMPAC began in 1971 and was held annually until 1974, when it became a biennial exercise due to its large scale. The founding nations are the United States, Australia and Canada. This will be the 26th RIMPAC since inception.



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SOUTH CHINA SEA (April 7, 2018) - Aviation Electrician's Mate 2nd Class Brad Allaire takes multi-meter readings for a strobe light power supply aboard *USS Theodore Roosevelt (CVN 71)*.

Navy photo by MC3 Joseph S. Yu



BENGKULU, INDONESIA (April 4, 2018) - Lt. Kelly Cartwright, Pacific Fleet Band Master, assigned to hospital ship *USNS Mercy (T-AH 19)* greets students at SMP Negeri 1 Elementary School during a community relations cultural exchange and band performance. *Mercy* is currently deployed in support of Pacific Partnership 2018 (PP18). Navy video grab by MCSN Harley K. Sarmiento

CAMP PENDLETON (April 3, 2018) - Marine Corps Sgt. Maj. Daniel Velis, right, Marine Combat Training Battalion (MCT) sergeant major, School of Infantry West, speaks to the graduates before their ceremony here. Golf Co. is the first integrated male/female MCT company on the West Coast. Marine Corps photo by Lance Cpl. Betzabeth Y. Galvan



SOUTH CHINA SEA (April 8, 2018) - Sailors move aircraft from an elevator into the hangar bay *USS Theodore Roosevelt*. Navy photo by MCSN Michael Hogan



MCAS MIRAMAR (April 4, 2018) - Maj. Gen. Mark Wise, commanding general of 3rd Marine Aircraft Wing, and Col. Jason Woodworth, commanding officer of MCAS Miramar, trace their boot on a Sexual Assault Awareness and Prevention Month poster as a symbol to 'stomp out sexual assault.' 3rd Marine Aircraft Wing and MCAS Miramar support efforts to create military communities free from sexual violence and assault. photo by Lance Cpl. Nadia J. Stark

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Not just a man's world

by MC3 Alex Corona

A Sailor hurried to her safety observer position on the catapult, smashing the reflection. Teams of Sailors prepared to man their stations for flight quarters, both outside and inside the skin of the ship.

Something was different about the waist flight operations today, however. No one was actually "manning" up these stations. An all-female team of USS *Theodore Roosevelt* Sailors controlled movement of aircraft and the waist catapults.

Steam bellowed from the catapults as Aviation Boatswain's Mate - Equipment 2nd Class Mariani Rivera observed safety on the flight deck from her post. Her tinted goggles, pink face cover, gold hearts, and writing on her cranial that read "Waist Safety," made her stand out. Flight operations were about to begin.

It takes more than 50 Sailors to launch aircraft on the waist, including pilots, directors, catapult teams, and the shooter. That day, according to Lt. Elizabeth Grider, a shooter aboard TR, more than 35 of those Sailors were women, who joined together for a special, long-planned day of service.

"The flight deck is a big place and takes a lot of bodies to make everything run smoothly," said Grider.

The process to make this all come together took about four months to plan. Shortly after reporting aboard in September 2017, Grider was approached by a group of female Sailors assigned to the catapults of Air Department's V2 division.

"They were all so excited to have a female shooter and when they brought the idea to my attention, I knew would do anything I could to help them make it happen," said Grider.

According to Grider, Sailors like Rivera played a much bigger role in this event than they give themselves credit for.

"It was up to the Sailors at that point to go out and get their qualifications so that we could make this thing happen," said Rivera. "They went out there, did exactly what they needed to do and got the qualifications they were supposed to get."

Rivera said leaders like Aviation Boatswain's Mate - Equipment 2nd Class Esperanza Romero, who helped her Sailors along the way, made this possible.

"I wanted to help get the other female Sailors qualified to make this happen," said Romero. "I would help in training them, sit in on their boards and just make sure no one got left out."

Romero said that although the flight deck is dominated by men, women should take pride in becoming qualified Sailors and mastering their jobs on the flight deck. While administration work has primarily been the job of women in aviation ratings in the past, times are changing.

"Yeah, we get dirty," said Romero. "Yeah, we work long hours, but you have got to believe you can do it."

Rivera knew events like this had occurred on other aircraft carriers, and she also knew the positive impact it could have on her shipmates.

"We know this isn't the first time that an all-woman flight deck team has come together to make flight operations happen," said Rivera. "This is something to motivate female Sailors out there and for women who participated that day to remember."

Events like an all-female flight deck crew inspired younger

Sailors like Aviation Boatswain's Mate - Equipment Airman Apprentice Kyra Jones-Jackson, who sees this as an opportunity to help change the perception of women on the flight deck.

"It's exciting to see a majority of females be a part of running the show on the flight deck. It was motivation for me to become a chief one day," said Jones-Jackson. "As women, we can do everything that the men do. We can succeed not only at the administration level, but below decks and top-side."

Jones-Jackson credited her involvement in this event to her mentor, Rivera. Rivera had her own inspiration for wanting to make this happen.

"It's an exciting feeling when I see a bun sticking out of the back of a pilot's helmet," said Rivera. "I always challenge the Sailors that work for me to go out there and do twice as much as the men. Every individual, male or female, works hard out there on the flight deck, but to get recognized as a woman who is working hard, you really have to push yourself."

Rivera, Romero and Jones-Jackson all played critical roles in the event, but they all credit Grider as the catalyst who made it happen.

"I just want to take a moment to thank Lt. Grider," said Rivera. "Without her, none of this would

have happened. I would also like to thank all of the women who participated. This will be a memory that we all share forever."

As for Grider, she said she was amazed by the amount of support they received from the chains of command involved, both male and female.

The first launch went off without a hitch and the women continued as they normally would, working together as a team. Launch after launch happened throughout the day, totaling over 35 aircraft. The women worked tirelessly, both above and below decks.

As sunset approached, everyone from the various air departments and air wing squadrons gathered on the flight deck for foreign object debris walk down. When completed, the women all gathered in front of the hull number on the island for a group photo.

Some were smiling, some not, others posed with props, others posed with friends, many were tired and dirty. One thing they all had in common was another successful day of flight operations.



A flight deck Sailor assists with takeoff. Navy photo

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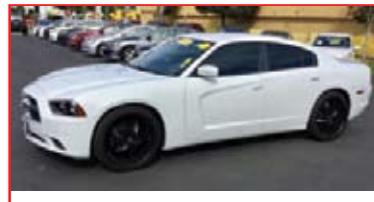
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Wolfgang Puck's kitchen

Go bananas! It's always the right time of year for this frozen treat

by Wolfgang Puck

I know fans of frozen desserts that will go out in a snowstorm for a scoop of their favorite flavor. If you love ice cream, you'll eat it no matter what the weather is like. So, even though summer is still months away, it's ice cream season now (and always).

The same doesn't always go for ice cream flavors based on fruit. Sure, you can go into the supermarket or a big-chain ice cream shop and get strawberry or cherry ice cream any time of year, even though those flavors depend on late-spring or early-summer fruit. But, for the best homemade fruit-flavored ice cream, I prefer to use fresh, in-season produce.

One particular fruit, though, is reliable virtually any time of year: the banana. Grown in the humid tropics, bananas are always in season and almost never disappoint you; unless, that is, all you can find are green bananas, which will still ripen to brown-speckled yellow skins within three to four days.

I love to use bananas to make ice cream, because the fruit itself has a smooth, creamy consistency already very much like that of the frozen dessert itself. And they become so sweet when fully ripened that you need to add very little sugar to sweeten the ice cream mixture itself. In fact, the bananas even benefit from a hint of sour tanginess from a generous dollop of sour cream to balance out the fruit's sugars

To get the fullest, sweetest banana flavor in the recipe for my banana sour cream ice cream, you must make absolutely certain that you use very ripe bananas; so ripe, in fact, that their skins are uniformly brown, with barely a hint of yellow. Start by buying the ripest-looking bananas you can find in the market. To speed up ripening, detach those you plan to use from whatever bunch you've purchased, and put them in a loosely closed brown paper bag at room temperature. The bag will contain the ethylene gas bananas naturally emit as they ripen, speeding up the process. You can even boost the process by adding to the bag an apple or a tomato, both of which also give off ethylene.

In addition to the sour cream in my recipe, I also enhance the banana flavor by including touches of two other compatible flavors: mellow honey and earthy, slightly astringent walnut extract. The result is a surprisingly complex-tasting yet still mild, even soothing treat.

What could be better? Add to each serving a generous drizzle of my simple bittersweet chocolate sauce. The result is like having a fantastic chocolate-covered frozen banana in a bowl!

BANANA SOUR CREAM ICE CREAM

Makes about 1 1/2 quarts (1/2 L)

8 large egg yolks
1/2 cup (125 mL) sugar
2 cups (500 mL) milk
2 cups (500 mL) heavy cream
1 vanilla bean, carefully split lengthwise with a sharp knife
4 overripe bananas, skins very covered in brown spots
1/4 cup (65 mL) sour cream
2 tablespoons mild honey
1 teaspoon walnut extract
Simple bittersweet chocolate sauce (recipe follows)

In a large mixing bowl, whisk together the egg yolks and sugar.

In a medium saucepan, combine the milk, cream and vanilla bean. Bring to a boil over medium-high heat, then remove from the heat. While whisking the egg yolk-sugar mixture continuously, slowly pour about a third of the hot milk-cream mixture into the yolk mixture. Then, stir in the remaining milk-cream mixture.

Return the mixture to the saucepan and place over low heat. Cook, stirring constantly, until the mixture thickens enough to coat the back of a spoon.

Rest a fine-meshed wire sieve over a large, cold bowl. Pour the hot cream-yolk mixture through the sieve.

In a food processor fitted with the stainless-steel blade, combine peeled bananas, sour cream, honey, and walnut extract. Process until smoothly pureed, stopping as needed to scrape down the bowl. Pulse in a little of the cream-yolk mixture to liquefy the banana mixture; then, stir the banana mixture into the cream-yolk mixture until smooth. Cover the bowl and refrigerate until cold, 1 to 2 hours.

Transfer the mixture to an ice-cream machine and free following the manufacturer's instructions. Serve with simple bittersweet chocolate sauce.

SIMPLE BITTERSWEET CHOCOLATE SAUCE

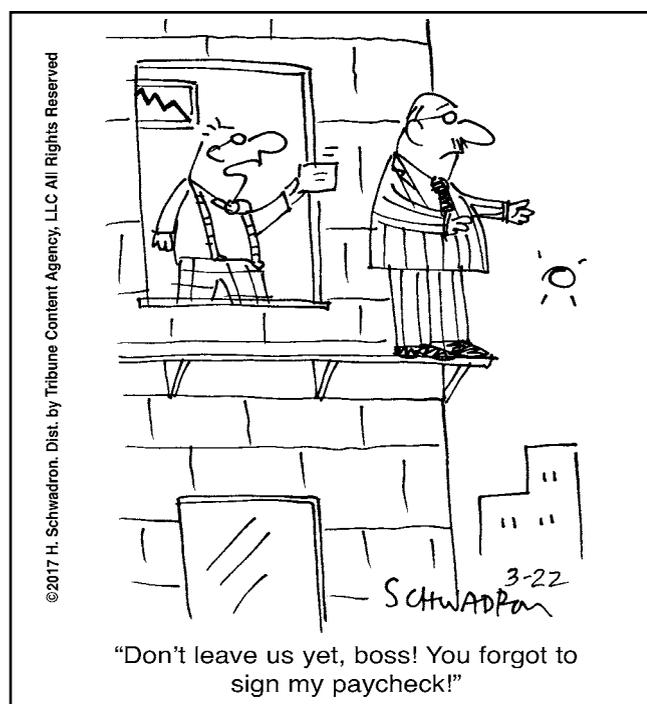
Makes about 3 cups (750 mL)

2 cups (500 mL) heavy cream
10 ounces (300 g) good-quality bittersweet chocolate, 65 percent to 70 percent cacao, chopped

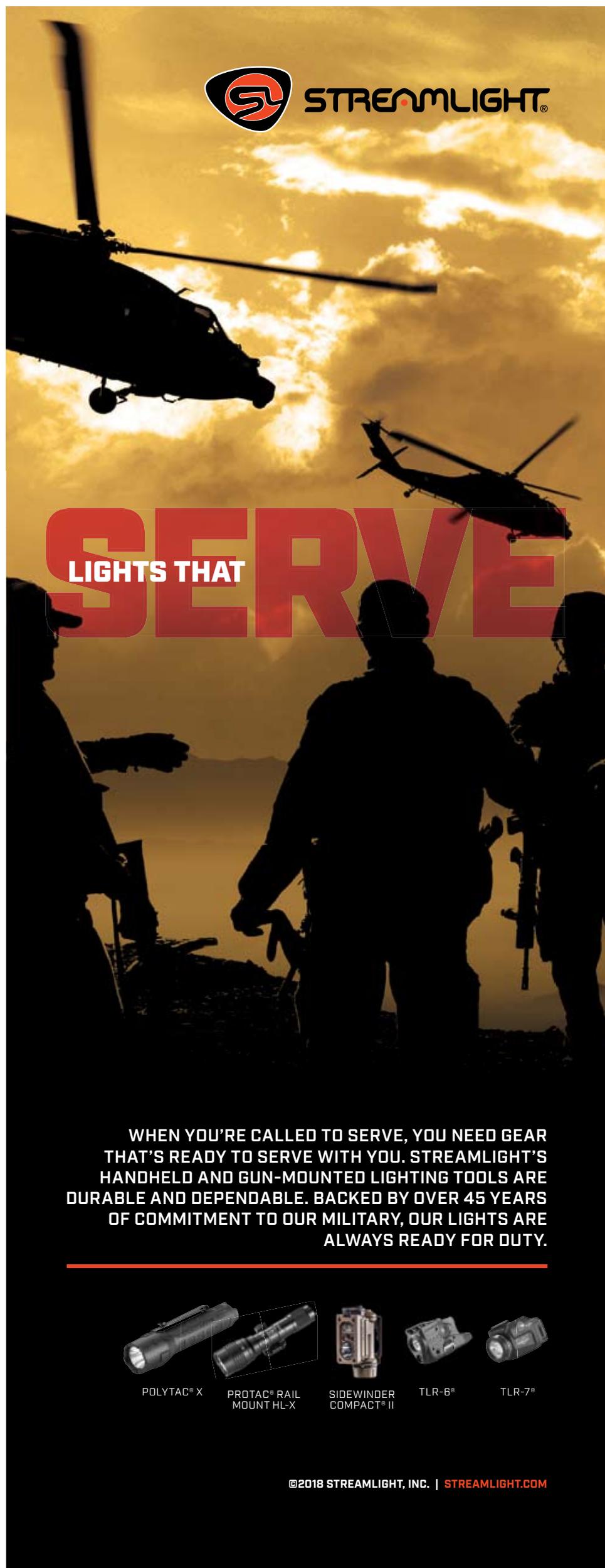
Pour the cream into a large saucepan and bring just to a boil over medium-high heat, stirring frequently and taking care not to let the cream boil over.

Put the chocolate in a heatproof mixing bowl. Pour the boiling cream over the chocolate. Let stand so the hot cream softens the chocolate, about 1 minute. Carefully stir with a whisk to blend the sauce, carefully scraping down the bowl sides occasionally.

Use the sauce immediately. Transfer any leftover sauce or all of it, if you like, to a covered container and refrigerate for up to several days. Rewarm gently in a double boiler or in a heavy-bottomed saucepan over very low heat.



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"I'm having a memory lapse, Kevin. Can you hack into my laptop and tell me my password?"

Omarr's weekly Astrological forecast



ARIES (March 21-April 19): Spending time with co-workers, friends and loved ones might be a prime motivating force in the week ahead. You may be tempted to fritter money away on lunches and others non-essentials.

TAURUS (April 20-May 20): Roses are red, violets are blue. A lot of flirting is going on around you. Although there may be plenty of social activities on your plate this week, avoid beginning serious new relationships.

GEMINI (May 21-June 20): Practice speaking the most diplomatic words to deal with people who are heavy-handed or domineering in the week to come. Display a talent for nurturing in your friendships and other relationships.

CANCER (June 21-July 22): Keep a smile on your face in the week ahead even when people try to puncture your privacy. Avoid power struggles and the feeling of being manipulated by thinking for yourself.

LEO (July 23-Aug. 22): Don't start remodeling or new business projects in the week to come as your big ideas could outstrip your practical experience. You will need courage to fight off propaganda and negative influences.

VIRGO (Aug. 23-Sept. 22): Guard your tongue. Don't discuss confidential matters in the week to come. Your good taste may exceed the depth of your wallet, but you will find a congenial someone to share the expenses.

LIBRA (Sept. 23-Oct. 22): A congenial atmosphere fosters tolerant attitudes and friction may fall by the wayside. Flirtatiousness may lead to compelling attractions but wait until late-week to act on them.

SCORPIO (Oct. 23-Nov. 21): In the week to come it might be brought to your attention that even your well-known

stamina has some limits. Rely upon trusted companions and your own sterling reputation to see you through.

SAGITTARIUS (Nov. 22-Dec. 21): Keep your pennies in your pocket. In the upcoming week you may be tempted to make investments or spend a great deal of money. Hold off as a passing passion will evaporate quickly.

CAPRICORN (Dec. 22-Jan. 19): Put your big business and financial plans on hold. You might be obsessed about something or something, but it just won't work out if you start it in the first half of the week.

AQUARIUS (Jan. 20-Feb. 18): Give those in charge the benefit of the doubt. Forgive past transgressions but don't enter into any new agreements or binding contracts this week. Be willing to lend a sympathetic ear.

PISCES (Feb. 19-March 20): One good turn deserves another. Don't be shy about granting favors for friends or partners as this week unfolds and you will find that your good deeds are reciprocated in kind.

Active duty U.S. military personnel and families admitted free to San Diego Botanic Garden

May 1, 2018 through Labor Day, September 3, 2018

The San Diego Botanic Garden is proud to participate in the Blue Star Museum program, offering free admission to all active duty, National Guard and Reserve members of the U.S. military and their families (card carrier plus 5 immediate family members). As our way of saying 'thank you' to the brave men and women of the U.S. Military, the Garden will begin our Blue Star program on May 1st — more than 3 weeks ahead of other Blue Star Museum participants!

Military families are invited to come and enjoy our restful 37-acre botanic wonderland, featuring 29 uniquely themed gardens and 4,000 different plant species. Children of all ages will enjoy exploring our two children's gardens, Seeds of Wonder and our nationally-acclaimed Hamilton Children's Garden, featuring Toni's Tree House, as well as a Mountain Stream, Garden Music, Garden ABC Plant exploration areas and more. Blue Star participants are also extended free admission to attend special events held at the Garden during the summer months including Thursday Family Fun Nights each Thursday from May 31 — August 30; Fairy Festival on June 23; and Insect Fest on July 21 & 22.

Thanks to the generous support of a Garden member, the San Diego Botanic Garden is able to participate in the Blue Star Museum program, a partnership among the National Endowment for the Arts, Blue Star Families, the Department of Defense, and museums across the country.

Simply show one of the following active military I.D. cards at Admissions: • Army • Navy • Air Force • Marines • Coast Guard • National Guard and Reserve.

Visit our website for more information: <http://www.sdbgarden.org/events.htm>

Named as one of the "Top 10 North American Gardens Worth Traveling For" by the American Gardens Association, San Diego Botanic Garden is a beautiful urban retreat nestled on 37-acres in the midst of Encinitas. Visitors enjoy restful vistas, flowering trees, majestic palms, and the nation's largest bamboo collection. Thanks to our mild Southern California climate, plants from all over the world thrive here. Our diverse topography provides a wide variety of microclimates giving visitors the sensation of strolling through a tropical rainforest to hiking in the desert. Four miles of trails wind through 29 uniquely themed gardens including the acclaimed Hamilton Children's Garden.

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AutoMatters & More: Do-It-Yourself Self-Driving Cars?



by Jan Wagner

Auto manufacturers and many other companies have been working for years to bring self-driving automobiles and their various related technologies to market. Many manufacturers already offer such features as intelligent cruise control and automated parallel parking, but more are becoming available with even more on the horizon. These features have limitations on what they will and will not do. There are still problems to be solved, in particular many, many variables in driving situations. Nevertheless, the day surely is coming when your car – or one that you share or ride in – will reliably drive itself.

Some people are impatient. They want self-driving cars sooner and see making that happen as a challenge for them to meet. Perhaps you are such a person.

Using a combination of hardware and software, people have been able to modify certain makes and models of automobiles to add limited self-driving capabilities – some more so than others. One of these vehicles is Toyota's Prius Prime, when it is equipped with "Toyota Safety Sense P" (TSS-P) and Electronic Power Steering (EPS).

TSS-P with EPS incorporates a suite of safety features that would likely be required of a

self-driving car, if Toyota offered such a Prius Prime (it does not). These features include "Lane Departure Alert with Steering Assist," "Full-Speed Range Dynamic Radar Cruise Control" and "Pre-Collision System with Pedestrian Detection" (see Toyota.com). These features are designed to function under certain limited, specified situations that are dependent upon such factors as vehicle speed, the visibility of lane markings and so forth. For example, regarding "Lane Departure Alert with Steering Assist," Toyota says on its website "the system may automatically make small corrective steering inputs to help keep your vehicle in its lane." This is a far cry from full self-driving steering functionality.

At <https://github.com/commaai/openpilot>, we are told that Toyota's "Full Speed Range Dynamic Radar Cruise Control" is required to enable stop-and-go driving.

At <https://comma.ai>, you will find a video of a self-driving Honda on a freeway. Its steering wheel makes slight adjustments as it negotiates curves in the road. The car seems to slow as it approaches traffic in its lane. There are no hands visible in the shot. There is, however, what appears to be a cellphone mounted slightly below the interior rearview mirror. Its screen displays what appears to be a track of the vehicle as it drives along.

Scroll down on the comma.ai home page and you will see products named panda and giraffe. In this case, a panda is not an adorable animal but rather a piece of hardware: specifically a panda OBD-II Dongle. Designed for cars 2008 and newer,



Toyota Prius Prime dash with instrumentation

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Toyota Prius Prime

© 2018 Jan Wagner, AutoMatters & More

this is described as a universal car interface that is intended to provide full access to the many communication buses of a car from a computer or a phone (recall that phone mounted next to the interior rearview mirror in the video).

Giraffe for Toyota is an adaptor board designed to get the panda deeper into certain Toyotas with TSS-P than does the main OBD-II connector, "passing through the signals to the existing driver assistance system."

Performing Google searches

for "AI OpenPilot," hacker George Hotz and "building a self-driving car," plus visiting <https://priuschat.com/threads/self-driving-prius-prime.191512/> will reveal much more about the hardware, software and how-to-do-it steps that people are using

in their efforts to achieve self-driving functionality.

Making unauthorized modifications to automobiles in an effort to enable them to drive themselves, and then operating those vehicles on public roads, exposes the public to potentially grave danger. There are also significant legal implications, including issues concerning U.S. Federal Motor Vehicle Safety Standards and individual states' motor vehicle departments. At best, do-it-yourself modifications should only be considered as driver aids. Drivers should pay attention, keep their hands on the wheel and be prepared to immediately take over control of their vehicle.

Achieving full self-driving capability in a vehicle is many years away. There are many variables that may be encountered while driving. What is more likely in the near future is utilizing self-driving vehicles in specific places and situations where extraneous variables can be eliminated or substantially minimized.

For a better understanding of the complexity of the challenge, I encourage you to watch Massachusetts Institute of Technology's online lecture entitled Deep Learning for Self-Driving Cars (lecture two of course 6.S094, 2018 version) at https://youtu.be/_OCjqlgxwHw.

Until next time, send your comments and suggestions to AutoMatters@gmail.com. To see many more photos go to www.drivetribe.com, search for "AutoMatters & More" and click on TRIBES.

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The Sixth Annual VinDiego Wine and Food Festival is a Wine and Food Lovers dream come true! Over 50 Top Tier Wineries and 25 of San Diego's very best Chefs come together to create San Diego's Premier Wine and Food Experience! Come sip, sniff, swirl and taste over 300 amazing wines. Award winning Wineries will be pouring their world-class wines from Napa, Sonoma, Paso Robles, Santa Barbara, Lodi, Oregon, Santa Lucia Highlands, Temecula and San Diego. Top chefs will be serving delicious food samples for you to enjoy. The ever-popular VinDiego Silent Auction takes place during the event. All proceeds of the silent auction will benefit our partner non profit "The San Diego Italian Film Festival".



Gates open at 4pm for General Admission. Only 2,000 tickets are available to this high demand event, We Will Sell Out! Ticket includes wine tasting, food samples, entertainment and your own souvenir crystal wine glass.

April 14, 4-7pm
Liberty Station NTC,
2640 Historic Decatur, San Diego, CA.
Attire: Upscale Casual

Due to ABC regulations, no one under the age of 21 will be allowed into the event. The VinDiego Wine and Food Festival is a rain or shine event, all sales are final, no ticket refunds will be given. Only government certified service animals will be allowed into the event.



Saturday, April 14,
from 12pm-4pm.

Over 35 fantastic Hillcrest restaurants are participating, giving foodies a chance to sample some of their best and signature dishes. From quaint cafes and French and Italian style bistros to five-star dining delights, this is the most anticipated self-guided culinary walking tour in San Diego! Sample bites such as Pad Thai, Sashimi, Italian Antipasto, or Classic American Comfort Food! Your taste buds are going to go wild on this culinary journey throughout Hillcrest! Enjoy your friends, the gorgeous weather, and one unforgettable tasting adventure! Participants must be over the age of 21 to sample beers. Tickets are \$30 and will be \$35 on the day of the event. The event has sold out in advance the last couple of years, so we suggest early purchasing. A free shuttle is provided for all participants. The shuttle makes frequent stops around the neighborhood. And as an added bonus- Rich's Nightclub will serve as a refresher station for attendees to stop by and enjoy delicious cocktails and drinks.

Musical lineup for Temecula Valley Balloon & Wine Festival

The Wallflowers, Lifehouse, Fuel, and Hoobastank will headline Saturday, June 2nd at the Temecula Valley Balloon & Wine Festival.

The Wallflowers are best known for the 1996 album "Bringing Down the Horse." Hit songs include "One Headlight," "6th Avenue Heartache," "The Difference," and "Three Marlenas." Lead singer Jakob Dylan, is the son of folk-rock legend Bob Dylan. The Wallflowers have numerous songs and cover songs used in soundtracks for movies and television. Covers include the BeeGees "I Started a Joke" in "Zoolander," David Bowie's "Heroes" in the movie "Godzilla," and Beatles' tune "I'm Looking Through

You" from "I Am Sam."

Dylan is a supporter of Crohn's and Colitis Awareness as well as diabetes awareness. He was given Father of the Year by the American Diabetes Association in 2014 and has provided musical entertainment for "Connecting to Cure" regularly.

Lifehouse was founded in 1999 by singer/songwriter/guitarist Jason Wade while he was still in his teens. Their 2000 debut album "No Name No Face" placed them on the Billboard Top Ten and sold over 15 million records worldwide. Hit singles include "You and Me," "First Time," "Whatever It Takes," Broken," "Halfway Gone," and "Hurricane." Lifehouse was touring last summer

with Switchfoot when Hurricane Harvey hit Houston. Wade teamed up with Switchfoot's Jon Foreman to raise funds for the victims with a track called "Shine Like Gold."

Fuel celebrates the 20th anniversary of their first studio album "Sunburn" this year. "Sunburn" catapulted the band to the top of both Rock and Alternative Charts and spawned the hit single "Shimmer." Fuel is known for the mega-hit "Hemorrhage" from their second studio album "Something Like Human." This double-platinum album produced hit songs "Bad Day," "Innocent," and "Last Time." "Natural Selection" followed with the hit single "Falls on Me." Ignited by the single

"Soul To Preach To," the 2014 album "Puppet Strings," entered the Billboard rock charts at #1. "Cold Summer" became the second single from the album.

Hoobastank hits the Temecula Valley Balloon & Wine Festival's Saturday lineup having one of the top 100 YouTube Rock videos with "The Reason." To date, the video has had over 405 million views. The album by the same name went double platinum and produced the hits "Disappear," "Same Direction," and "Out of Control." The band's debut album in 2001 launched their first hit "Crawling In the Dark," which made #3 on the Modern Rock list, and #1 MP3 download. Hoobastank recently announced that their

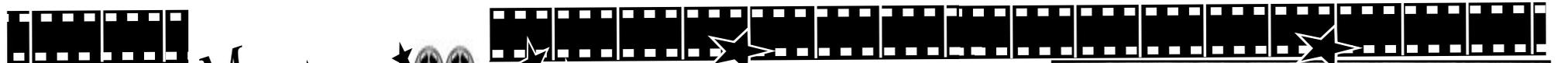
new album "Push Pull" will release May 25, with a single "More Beautiful" coming out this week (April 4).

The Temecula Valley Balloon and Wine Festival celebrates their 35th anniversary, June 1-3, 2018 just as the Temecula Valley Wine Country celebrates its 50th. With more than 40 wineries in the region, Temecula's Wine Country is showcased at the Festival. Up to 20 wineries will be featured at the event. There were only six wineries in the Temecula Valley when the Festival began.

Fans can win tickets and campsites, Saturday, April 14 at Promenade Temecula when they kick off the Festival season with

the popular wine barrel races. Race cars made from barrels will race for reserved seats, weekend passes, and campsites. The races start at 1 p.m.

Held at Lake Skinner Recreation Area, at the edge of Temecula's Wine Country, the Festival features dawn hot air balloon launches and flights, evening balloon glows, food pairings, and headline concerts on the main stage. Additional bands are featured on the wine garden stage. Concerts are in general admission ticket price. Reserved seats are available for an additional fee. Admission is \$25 to \$45 for adults and \$5 for juniors age 6-12. For information visit www.tvbwf.com or call (951) 676-6713.



Movies at the Bases

Lowry Theater - NASNI,
619-545-8479, Bldg. 650

Thursday, April 12
5:50 PM A Wrinkle In Time
8:20 PM Black Panther

Friday, April 13
5:50 PM I Can Only Imagine
8:10 PM Tomb Raider

Saturday, April 14
1:00 PM Tomb Raider
3:30 PM I Can Only Imagine
5:50 PM A Wrinkle In Time
8:00 PM Tomb Raider

Sunday, April 15
1:00 PM A Wrinkle In Time
3:20 PM Love, Simon
5:50 PM Tomb Raider
8:20 PM Gringo

Monday, April 16
5:50 PM Love, Simon
8:10 PM Tomb Raider

Tuesday, April 17
5:50 PM Tomb Raider
8:10 PM Game Night

Wednesday, April 18
5:50 PM Tomb Raider
8:20 PM I Can Only Imagine

Thursday, April 19
5:50 PM Annihilation
8:10 PM Red Sparrow

Naval Base Theater - NBSD,
619-556-5568, Bldg. 71

Thursday, April 12
5:40 PM Annihilation
8:00 PM Gringo

Friday, April 13
5:50 PM I Can Only Imagine
8:10 PM Tomb Raider

Saturday, April 14
1:30 PM Tomb Raider
6:00 PM **ADVANCED SCREENING**
I Feel Pretty
8:10 PM Tomb Raider

Sunday, April 15
12:50 PM A Wrinkle In Time
3:00 PM I Can Only Imagine
5:50 PM Tomb Raider
8:10 PM Gringo

Tuesday, April 17
5:50 PM I Can Only Imagine
8:00 PM Tomb Raider

Wednesday, April 18
5:40 PM Gringo
7:50 PM Red Sparrow

Thursday, April 19
5:40 PM Love, Simon
7:50 PM Tomb Raider

Q-Zone Theater - NAB, 619-437-5487, Bldg. 337

Thursday, April 12
11:00 AM Monsters University
5:00 PM Jumanji: Welcome To The Jungle

Friday, April 13
5:00 PM Den of Thieves

Saturday, April 14
2:00 PM Maze Runner: The Death Cure
5:00 PM All The Money In The World

Sunday, April 15
5:00 PM Pirates of The Caribbean:
The Curse of the Black Pearl

Monday, April 16
5:00 PM Pirates of The Caribbean: Dead Man's Chest

Tuesday, April 17
11:00 AM Paddington 2
5:00 PM Insidious: The Last Key

Wednesday, April 18
5:00 PM The Greatest Showman

Thursday, April 19
11:00 AM Antz
5:00 PM The Shape of Water

Annihilation

R | 1h 55min | Adventure, Drama, Fantasy |

A biologist signs up for a dangerous, secret expedition into a mysterious zone where the laws of nature don't apply.



The Clubhouse - NBPL, Main Base,
619-553-9138, Bldg. 546

Thursday, April 12
5:00 PM Coco

Friday, April 13
5:00 PM The Shape of Water

Saturday, April 14
5:00 PM Dunkirk

Sunday, April 15
5:00 PM 12 Strong

Thursday, April 19
5:00 PM Monsters, Inc.



Bob hope Theater
Miramar Bldg. 2242
(858) 577-4143

THU. 12
6:30 PM Early Man (PG) LAST SHOWING

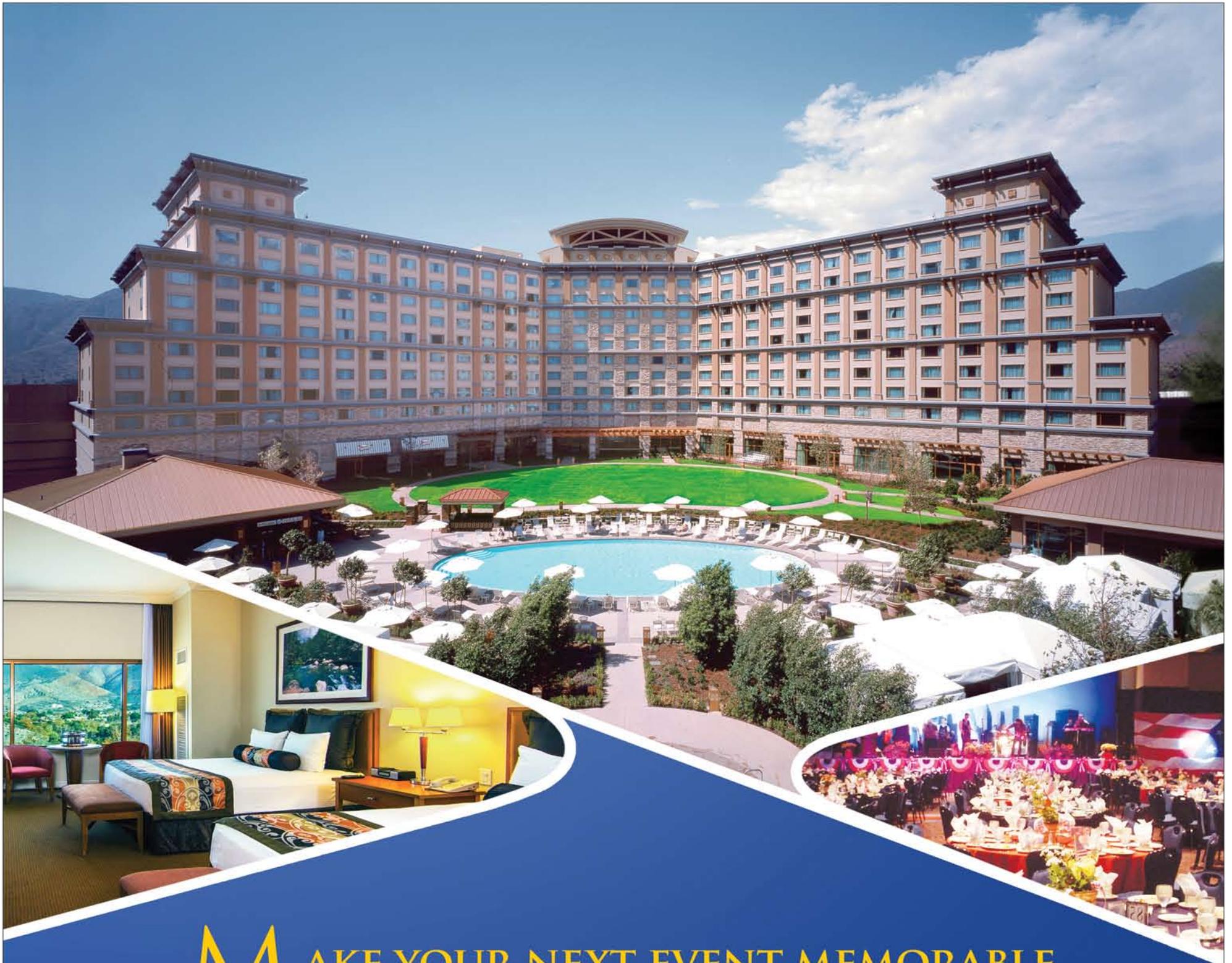
FRI. 13
6:30 PM Tomb Raider (PG-13) (2D)
9:00 PM Red Sparrow (R)

SAT. 14
3:00 PM A Wrinkle in Time (PG) (2D)
6:30 PM I Can Only Imagine (PG)
9:00 PM Love, Simon (PG-13)

SUN. 15
1:00 PM Tomb Raider (PG-13) (3D)
6:30 PM Gringo (R)

WED. 18
6:30 PM Annihilation (R) LAST SHOWING

THU. 19
6:30 PM Game Night (R) LAST SHOWING



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* Must present a valid military ID. Only available to first-time Privilege Card sign-ups.



TV Listings

WEEKDAY MORNING/AFTERNOON

	▼7:30	▼8 am	▼8:30	▼9 am	▼9:30	▼10 am	▼10:30	▼11 am	▼11:30	▼12 pm	▼12:30	▼1 pm	▼1:30	▼2 pm	▼2:30	▼3 pm	▼3:30	▼4 pm	▼4:30	
KFMB (8)	CBS This Morning			Let's Make a Deal		The Price Is Right		CBS News 8 at 11AM		Inside Edition	Bold/Beautiful	The Young and the Restless		The Talk		Dr. Phil		Judge Judy	Judge Judy	
KFMB2 (8.2)	News 8 Morning Extra			The 700 Club		Maury		Dr. Phil		Judge Faith	Judge Faith	Judge Mathis		The Robert Irvine Show		Paternity Court	Paternity Court	Couples Court	Couples Court	
KGTV (10)	Good Morning America			Live with Kelly and Ryan		The View		10News Midday		The Chew		General Hospital		Pickler & Ben		Dateline		10News: The Now San Diego		
KPBS (15)	Cat in the Hat	Nature Cat	Curious George	Pinkalicious	Daniel Tiger	Daniel Tiger	Splash and Bubbles	Sesame Street	Super Why!	Dinosaur Train	Peg & Cat	Sesame Street	Splash and Bubbles	Curious George	Arthur	Nature Cat	Wild Kratts	Wild Kratts	Odd Squad	
KNSD (39)	Today			Megyn Kelly Today		Today With Kathie Lee & Hoda		NBC 7 News Midday		Days of our Lives		Access Live		Steve		The Ellen DeGeneres Show		NBC 7 News at 4		
DISN	Bunk'd	Mickey Mouse	Mickey Mouse	Roadster-Racers	PJ Masks	Muppet Babies	Puppy Dog Pals	Vampirina	PJ Masks	Roadster-Racers	Puppy Dog Pals	Vampirina	Elena of Avalor	Bunk'd	Bunk'd	Jessie	Jessie	Stuck in the Middle	Stuck in the Middle	
ESPN	First Take			SportsCenter		Outside the Lines		NFL Live		NBA: The Jump		SportsNation	Questionable	Around the Horn	Pardon the Interruption	SportsCenter		Varied Programs		
ESPN2	Get Up			First Take		Jalen & Jacoby		Outside the Lines		Intentional Talk		NFL Live		Around the Horn	Pardon the Interruption	Varied Programs		Varied Programs		
TLC	Say Yes to the Dress	Varied Programs			Hoarding: Buried Alive		Hoarding: Buried Alive		Trading Spaces		Trading Spaces		My 600-Lb. Life		Long Island Medium		Varied Programs		Varied Programs	
USA	NCIS: Los Angeles		Chicago P.D.		Varied Programs															

MOVIE TIME Playing at theatres near you! Mark your calendars!

4/20 GHOST STORIES

4/20 KODACHROME

Ghost Stories



A debunker of all things paranormal, Professor Phillip Goodman (Andy Nyman) has devoted his life to exposing phony psychics and fraudulent supernatural shenanigans on his own television show. His skepticism is put to the test, however, when he receives a file of three chilling, inexplicable cases.

Genre: Drama, Mystery & Suspense
Cast: Martin Freeman, Andy Nyman, Paul Whitehouse

Kodachrome

Matt Ryder (Jason Sudeikis) is convinced to drive his estranged and dying father Benjamin Ryder (Ed Harris) cross country to deliver four old rolls of Kodachrome film to the last lab in the world that can develop them before it shuts down for good.

Genre: Drama
Cast: Jason Sudeikis, Ed Harris, Elizabeth Olsen

THURSDAY EVENING

APRIL 12, 2018

	▼5 pm	▼5:30	▼6 pm	▼6:30	▼7 pm	▼7:30	▼8 pm	▼8:30	▼9 pm	▼9:30	▼10 pm	▼10:30	▼11 pm	▼11:30				
KFMB (8)	CBS News 8 at 5pm (N) (CC)	Evening News	News	Ent. Tonight	Inside Edition (N)	Big Bang Theory	Young Sheldon	Mom (N) (CC)	Life in Pieces (N)	S.W.A.T. "Armory" (N) (CC)	News	Late-Colbert						
KFMB2 (8.2)	The Dr. Oz Show (N) (CC)	Judge Judy (N)	Judge Judy (N)	News 8 at 7 (N)	Seinfeld (N)	Supernatural "Bring 'em Back Alive" (N)	Arrow Oliver wonders if he has failed. (N) (CC)	News 8 at 10 (N)	Seinfeld (N) (CC)	2 Broke Girls (N)								
KGTV (10)	10News at 5pm (N) (CC)	10News at 6pm (N)	World News	10News at 7pm (N)	The List (N) (CC)	Grey's Anatomy "Beautiful Dreamer"	Station 19 "Shock to the System" (N) (CC)	Scandal "Standing in the Sun" (N) (CC)	10News at 11pm	Jimmy Kimmel								
KPBS (15)	KPBS Evening	Nightly Business	World News	KPBS Evening	PBS NewsHour (N)	Ken Kramer's	A Growing Passion	Historic Places	Crossing South (N)	Midsomer Murders (Part 1 of 2) (CC)	Midsomer Murders	Start Up (N) (CC)						
KNSD (39)	NBC 7 News at 5	Nightly News	NBC 7 News at 6 (N)	Wheel of Fortune	Jeopardy! (N) (CC)	Superstore (N) (CC)	A.P. Bio (N) (CC)	Will & Grace (N) (CC)	Champions (N) (CC)	Chicago Fire "When They See Us Coming"	NBC 7 News	Tonight Show						
DISN	Bizaardvark (N)	Bizaardvark (N)	Jessie (N) (CC)	Jessie (N) (CC)	Bunk'd (N) (CC)	Bunk'd (N) (CC)	Gravity Falls	Gravity Falls	Raven's Home (N)	Stuck/Middle	Andi Mack	Bizaardvark (N)	Stuck/Middle	Bunk'd (N) (CC)				
ESPN	We the Fans: Dallas (N)		We the Fans: Dallas (N)		We the Fans: Dallas (N)		SportsCenter (N) (Live) (CC)		SportsCenter (N) (Live) (CC)		SportsCenter (N) (Live) (CC)		SportsCenter (N) (Live) (CC)					
ESPN2	Boxing (Taped)				Boxing Rod Salka vs. Francisco Vargas. (N) (Live)				Nación ESPN (N)				SportsCenter Special		Inside/Ultimate		Inside/Ultimate	
TLC	Long Island Medium "Block Party!" (CC)		Trading Spaces (N)		My 600-Lb. Life "Penny's Story" (N) (CC)		My 600-Lb. Life A mother and daughter's journey. (N) (CC)		Skin Tight Mikki's skin holds her back.		My 600-Lb. Life (N)							
USA	NHL Hockey Columbus Blue Jackets at Washington Capitals. (N) (Live) (CC)				NHL Hockey San Jose Sharks at Anaheim Ducks. (N) (Live) (CC)				To Be Announced									

FRIDAY EVENING

APRIL 13, 2018

	▼5 pm	▼5:30	▼6 pm	▼6:30	▼7 pm	▼7:30	▼8 pm	▼8:30	▼9 pm	▼9:30	▼10 pm	▼10:30	▼11 pm	▼11:30
KFMB (8)	CBS News 8 at 5pm (N) (CC)	Evening News	News	Ent. Tonight	Inside Edition (N)	MacGyver "Skyscraper - Power" (N)	Hawaii Five-0 (N) (CC)	Blue Bloods "Risk Management" (N) (CC)	News	Late-Colbert				
KFMB2 (8.2)	The Dr. Oz Show (N) (CC)	Judge Judy (N)	Judge Judy (N)	News 8 at 7 (N)	Seinfeld (N) (CC)	Penn & Teller: April Fool Us Day (CC)	Jane The Virgin "Chapter Eighty" (N)	News 8 at 10 (N)	Seinfeld (N) (CC)	2 Broke Girls (N)				
KGTV (10)	10News at 5pm (N) (CC)	10News at 6pm (N)	World News	10News at 7pm (N)	The List (N) (CC)	Once Upon a Time "Chosen" (N) (CC)	Marvel's Agents of S.H.I.E.L.D. (N) (CC)	20/20 (N) (CC)	10News at 11pm	Jimmy Kimmel				
KPBS (15)	KPBS Evening	Nightly Business	World News	KPBS Evening	PBS NewsHour (N)	Washington Roundtable Week	Doc Martin "The Doctor Is Out" (N) (CC)	Live at the Belly Up	Produced by George Martin (2011) (N)					
KNSD (39)	NBC 7 News at 5	Nightly News	NBC 7 News at 6 (N)	Wheel of Fortune	Jeopardy! (N) (CC)	Taken A bomb goes off in Washington D.C.	Dateline NBC (N) (CC)		NBC 7 News		Tonight Show			
DISN	Bizaardvark (N)	Bizaardvark (N)	Jessie (N) (CC)	Jessie (N) (CC)	Bunk'd (N) (CC)	Bunk'd (N) (CC)	Stuck/Middle	Bizaardvark (N)	Gravity Falls (N)	Gravity Falls (N)	Bunk'd (N) (CC)	Bizaardvark (N)	Stuck/Middle	Bunk'd (N) (CC)
ESPN	MLS Soccer Orlando City SC at Philadelphia Union. (N) (Live)				First Take (N) (Live) (CC)		SportsCenter (N) (Live) (CC)		SportsCenter (N) (Live) (CC)		SportsCenter (N) (Live) (CC)		SportsCenter (N) (Live) (CC)	
ESPN2	NBA G League Basketball Raptors 905 at Austin Spurs. Finals, Game 3. (N) (Live)				High School Basketball Nike Hoop Summit. (N) (Live)		First Take (N) (CC)		Jalen & Jacoby		Outside the Lines		Formula 1 Racing	
TLC	Long Island Medium "Surprise in Disguise"		Trading Spaces Geometric designs. (CC)		Trading Spaces "Indiana: Fieldhurst Lane"		Trading Spaces (N) (CC)		Trading Spaces Beverley Mitchell. (CC)		Trading Spaces "Not Our First Rodeo" (N)		Trading Spaces (N) (CC)	
USA	NHL Hockey Minnesota Wild at Winnipeg Jets. (N) (Live) (CC)				Chicago P.D. "The Docks" (N)				To Be Announced				Chicago P.D. "A Beautiful Friendship"	

SATURDAY MORNING/AFTERNOON

APRIL 14, 2018

	▼7:30	▼8 am	▼8:30	▼9 am	▼9:30	▼10 am	▼10:30	▼11 am	▼11:30	▼12 pm	▼12:30	▼1 pm	▼1:30	▼2 pm	▼2:30	▼3 pm	▼3:30	▼4 pm	▼4:30
KFMB (8)	Dr. Chris: Pet Vet (N)	Innovation Nation	The Inspectors	Lucky Dog "Glory"	Pet Vet-Team	Innovation Nation	The Inspectors	Flip Fortunes	James Brown	PGA Tour Golf RBC Heritage, Third Round. From Harbour Town Golf Links, in Hilton Head, S.C. (N) (Live) (CC)	Paid Program		Inside Edition	Judge Judy (N) (CC)	Judge Judy (N) (CC)				
KFMB2 (8.2)	Dog Whisperer	Dog Whisperer	Dog Whisperer	This Old H.	Hidden Heroes	Paid Program	Paid Program	Paid Program	Paid Program	Fortunes in Flipping	Fortunes in Flipping	Impractical Jokers	Impractical Jokers	James Brown	RaceWeek (N)	Sports Stars	Hiring America (N)	Military Make-over	
KGTV (10)	Good Morning	10News This Morning at 8am Saturday (N) (CC)	Jack Hanna	Ocean Treks	Sea Rescue (N)	World of X Games (N)	NBA Countdown (N)	NBA Basketball First Round: Teams TBA. (N) (Live)	The Wildlife Docs	Rock the Park (N)	Vacation Creation (N)	Castle The team searches for a sniper. (N)							
KPBS (15)	Daniel Tiger	Pinkalicious	Splash and Bubbles	Curious George	Nature Cat (CC)	The Energy Weight Loss Solution With Neal Barnard, MD (N) (CC)	R. Steves' Europe	This Old House (N)	Ask This Old House	Kimball's Milk Street	My Greek Table	Test Kitchen	Martha Bakes (N)	Pati's Mexican Table	Family Ingredients	R. Steves' Europe	Crossing South (N)		
KNSD (39)	NBC 7 News To	The Voyager	Wilderness Vet (N)	Journey-Dreyer	Premier League Soccer Liverpool FC vs AFC Bournemouth. (N) (Live)	Prem Goal Zone	NHL Hockey Conference Quarterfinal: Teams TBA. (N) (Live)	Flip Fortunes	Open House (N)	Naturally, Danny Seo	Nightly News								
DISN	Vampirina (N) (CC)	Jessie (N) (CC)	Jessie (N) (CC)	Gravity Falls (N) (CC)	Gravity Falls (N) (CC)	Bunk'd (N) (CC)	Bunk'd (N) (CC)	Bunk'd (N) (CC)	Bunk'd (N) (CC)	Stuck in the Middle	Stuck in the Middle	Stuck in the Middle	Stuck in the Middle	Bizaardvark (N) (CC)	Bizaardvark (N) (CC)	Bizaardvark (N) (CC)	Bizaardvark (N) (CC)	Jessie (N) (CC)	Jessie (N) (CC)
ESPN	SportsCenter (N) (Live) (CC)		SportsCenter (N) (Live) (CC)		SportsCenter (N) (Live) (CC)		SportsCenter (N) (Live) (CC)		College Football Clemson Spring Game. (N) (Live)		SportsCenter (N) (Live) (CC)		NBA Basketball First Round: Teams TBA. (N) (Live)						
ESPN2	Fans: Dallas		SportsCenter Special		Cheerleading From Orlando, Fla.		College Softball LSU at Tennessee. From Sherri Parker Lee Stadium in Knoxville, Tenn. (N) (Live)		College Softball Kentucky at Texas A&M. From Aggie Softball Complex in College Station, Texas. (N)		SC Featured		SportsCenter (N) (Live) (CC)		SportsCenter Special				
TLC	Four Weddings (N)	Four Weddings "... and a Candelabra Hat" (N)	Four Weddings A backdrop of paper flowers.		Four Weddings A beach-theme wedding. (CC)		Nate & Jeremiah by Design (N) (CC)		Nate & Jeremiah by Design "California Modern"		Trading Spaces "Providence: Phillips Street" (N)		Trading Spaces Toddler bedroom redesign. (N)		Trading Spaces Shake-speare-themed home. (N)		Trading Spaces "London: Garden Flat" (CC)		
USA	MyPillow Topper	PiYo Workout! (CC)	Power Air Fryer Oven	NCIS The NCIS team joins forces with the FBI.	NCIS The Navy's top-secret weapons system.	NCIS Ducky is stabbed at a crime scene. (N)	NCIS A terrorist targeting the Navy. (CC) (DVS)	NCIS The NCIS faces devastating surprises.	NCIS The NCIS faces devastating surprises.	Trading Spaces "New Roles" The show's most memorable moments. (N) (CC)	Trading Spaces "New Roles" The show's most memorable moments. (N) (CC)	Trading Spaces "New Roles" The show's most memorable moments. (N) (CC)	Nate & Jeremiah by Design (N) (CC)	Chrisley Knows	Chrisley Knows	Unsolved: Murders of Tupac and BIG			

SATURDAY EVENING

APRIL 14, 2018

	▼5 pm	▼5:30	▼6 pm	▼6:30	▼7 pm	▼7:30	▼8 pm	▼8:30	▼9 pm	▼9:30	▼10 pm	▼10:30	▼11 pm	▼11:30
KFMB (8)	CBS News 8 at 5pm (N) (CC)	Weekend News	News	Entertainment Tonight (N) (CC)	Ransom "Alters" (N) (CC)	48 Hours (N) (CC)	48 Hours (N) (CC)	News	Blue Bloods					
KFMB2 (8.2)	Don't Blink	Engagement	The King of Queens	Mike & Molly (N)	2 Broke Girls (N)	2 Broke Girls (N)	American Ninja Warrior (N) (CC)	American Ninja Warrior (N) (CC)	Seinfeld "The Fire"	Impractical Jokers	Impractical Jokers	Impractical Jokers	Just for Laughs	
KGTV (10)	10News at 5pm	World News	10News at 6pm	The List (N) (CC)	Rookie Blue "Everlasting" (N) (CC)	The Crossing "Pilot" (N) (CC)	Station 19 "Shock to the System" (CC)	20/20 (N) (CC)	10News at 11pm	Sports XTRA				
KPBS (15)	NewsHour Wk	KPBS Spectrum	The Lawrence Walk Show (N) (CC)	Antiques Roadshow	Antiques Roadshow	The Doctor Blake Mysteries (N) (CC)	Brit Floyd: The World's Greatest Pink Floyd Show	R. Steves' Europe	Globe Trekker "Food Hour: Ireland" (N)					
KNSD (39)	NHL Hockey Toronto Maple Leafs at Boston Bruins. (N) (Live)				Down to Earth	Saturday Night Live Host John Mulaney; Jack White performs.	Wheel of Fortune	Jeopardy! (N) (CC)	NBC 7 News	Saturday Night Live				
DISN	Jessie (N) (CC)	Jessie (N) (CC)	** Teen Beach Movie (2013) Ross Lynch, Maia Mitchell. (N)		** Teen Beach 2 (2015, Musical Comedy) Ross Lynch, Maia Mitchell, Grace Phipps. (N)		Stuck/Middle	Bizaardvark (N) (CC)	Bunk'd (N) (CC)	Bunk'd (N) (CC)				
ESPN	NBA Basketball First Round: Teams TBA. (N) (Live)				NBA Basketball First Round: Teams TBA. (N) (Live)				SportsCenter (N) (Live) (CC)		SportsCenter (N) (Live) (CC)		SportsCenter (N) (Live) (CC)	
ESPN2	The Draft: Featured	The Draft: Featured	Welcome/ NFL	SportsCenter Special	SportsCenter (N) (Live) (CC)		SportsCenter (N) (Live) (CC)		E:60		Formula 1 Racing			
TLC	Trading Spaces Cooking island. (CC)		Trading Spaces "New Jersey: Perth Road"		Trading Spaces (N) (CC)		Trading Spaces "New Roles" The show's most memorable moments. (N) (CC)		Nate & Jeremiah by Design (N) (CC)		Trading Spaces "New Roles" (N) (CC)			
USA	NCIS Ducky and Bishop go to London. (DVS)				To Be Announced				Chrisley Knows		Chrisley Knows		Unsolved: Murders of Tupac and BIG	

				8		5
6	7		9		2	8
		5				
				4		
		9	7	4	6	
		8	6			2
				3	9	
7	1		8			6
	5	2				

TV Listings

SUNDAY MORNING/AFTERNOON

APRIL 15, 2018

	7:30	8 am	8:30	9 am	9:30	10 am	10:30	11 am	11:30	12 pm	12:30	1 pm	1:30	2 pm	2:30	3 pm	3:30	4 pm	4:30	
KFMB	CBS News Sunday Morning (N) (CC)	Face the Nation (N) (CC)	Paid Program	Paid Program	Fortunes in Flipping	Bull Riding	PGA Tour Golf RBC Heritage, Final Round. From Harbour Town Golf Links in Hilton Head, S.C. (N) (Live) (CC)	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program
KFMB2	Fortunes in Flipping	Mark T. Barclay	Catholic Mass	Paid Program	Fortunes in Flipping	San Diego Luxury	Paid Program	Paid Program	Paid Program	The Neighborhood SD	Fortunes in Flipping	Make: Television (N)	HouseCalls	Designing Spaces	P. Allen Smith	Small Town Big Deal (CC)	Great Escapes	Raw Travel (CC)	Raw Travel (CC)	
KGTV	Good Morning 10News This Morning at 8am Sunday (N) (CC)	Morning at 8am Sunday (N) (CC)	This Week With George Stephanopoulos (N)	Joel Osteen (CC)	Paid Program	Fortunes in Flipping	NBA Countdown (N)	NBA Basketball First Round: Teams TBA. (N) (Live)	Fortunes in Flipping	Fortunes in Flipping	Fortunes in Flipping	Fortunes in Flipping	Fortunes in Flipping	Fortunes in Flipping	Fortunes in Flipping	Fortunes in Flipping	Fortunes in Flipping	Fortunes in Flipping	Fortunes in Flipping	
KPBS	Daniel Tiger	Pinkalicious	Splash and Bubbles	Curious George	Nature Cat (CC)	Washington Week (N)	KPBS Roundtable	Inside CA Education	Growing Bolder (N)	Samantha Br	GI Jews: Jewish Americans in World War II (2017) Premiere. (N)	NOVA Discovery of a tunnel in Lithuania. (N)	Nature The abilities of butterflies. (N)	Ken Kramer's S.D.'s Historic Places	S.D.'s Historic Places	George to the Rescue				
KNSD	NBC 7 News To	Meet the Press (N) (CC)	Politically Speaking	LifeLock Protection	2017 XTERRA Pan American Championship	Laureus World Sports Awards (N) (CC)	NHL Hockey Pittsburgh Penguins at Philadelphia Flyers. (N) (Live)	NHL Hockey Pittsburgh Penguins at Philadelphia Flyers. (N) (Live)	NHL Hockey Pittsburgh Penguins at Philadelphia Flyers. (N) (Live)	NHL Hockey Pittsburgh Penguins at Philadelphia Flyers. (N) (Live)	NHL Hockey Pittsburgh Penguins at Philadelphia Flyers. (N) (Live)	NHL Hockey Pittsburgh Penguins at Philadelphia Flyers. (N) (Live)	NHL Hockey Pittsburgh Penguins at Philadelphia Flyers. (N) (Live)	NHL Hockey Pittsburgh Penguins at Philadelphia Flyers. (N) (Live)	NHL Hockey Pittsburgh Penguins at Philadelphia Flyers. (N) (Live)	NHL Hockey Pittsburgh Penguins at Philadelphia Flyers. (N) (Live)	NHL Hockey Pittsburgh Penguins at Philadelphia Flyers. (N) (Live)	NHL Hockey Pittsburgh Penguins at Philadelphia Flyers. (N) (Live)	NHL Hockey Pittsburgh Penguins at Philadelphia Flyers. (N) (Live)	
DISN	Vampirina (N)	Stuck in the Middle	Bizaardvark (N) (CC)	Stuck in the Middle	Stuck in the Middle	Andi Mack (N) (CC)	Andi Mack (N) (CC)	Bizaardvark (N) (CC)	Bizaardvark (N) (CC)	Raven's Home (N) (CC)	Raven's Home (N) (CC)	Gravity Falls (N) (CC)	Gravity Falls (N) (CC)	Bunk'd (N) (CC)	Bunk'd (N) (CC)	Jessie (N) (CC)	Jessie (N) (CC)	Stuck in the Middle	Stuck in the Middle	
ESPN	SportsCenter (N)	SportsCenter (N) (Live) (CC)	SportsCenter (N) (Live) (CC)	SportsCenter (N) (Live) (CC)	PBA Bowling USBC Masters. From Syracuse, N.Y. (N) (Live)	USBC Masters. From Syracuse, N.Y. (N) (Live)	E:60	E:60	E:60	MLS Soccer Seattle Sounders FC at Sporting Kansas City. (N) (Live)	MLS Soccer Seattle Sounders FC at Sporting Kansas City. (N) (Live)	MLS Soccer Seattle Sounders FC at Sporting Kansas City. (N) (Live)	MLS Soccer Seattle Sounders FC at Sporting Kansas City. (N) (Live)	SportsCenter (N) (Live) (CC)	SportsCenter (N) (Live) (CC)	Baseball Tonight: Sunday Night Countdown				
ESPN2	E:60	E:60	The Draft: Featured	Welcome/ NFL	Cheerleading (N)	College Baseball Texas at Oklahoma. From L. Dale Mitchell Baseball Park in Norman, Okla. (N) (Live)	College Baseball Texas at Oklahoma. From L. Dale Mitchell Baseball Park in Norman, Okla. (N) (Live)	College Baseball Texas at Oklahoma. From L. Dale Mitchell Baseball Park in Norman, Okla. (N) (Live)	College Baseball Texas at Oklahoma. From L. Dale Mitchell Baseball Park in Norman, Okla. (N) (Live)	College Bowling 2018 NCAA St. Louis. (Taped)	Bowling Championship. From	Bowling Championship. From	College Softball: Bulldogs at Rebels							
TLC	Say Yes to the Dress	Say Yes to the Dress	Say Yes to the Dress	Say Yes to the Dress	Say Yes to the Dress	Say Yes to the Dress	Say Yes to the Dress	Say Yes to the Dress	Say Yes to the Dress	Trading Spaces "New Roles" moments. (N) (CC)	Long Lost Family (N) (CC)	Long Lost Family (N) (CC)	Long Lost Family "Do I Call Him My Son?" (N) (CC)	Long Lost Family "Do I Call Him My Son?" (N) (CC)	Long Lost Family "Do I Call Him My Son?" (N) (CC)	Long Lost Family "Do I Call Him My Son?" (N) (CC)				
USA	David Jeremiah (N)	In Touch	Joel Osteen (CC)	Unsolved: The Murders of Tupac and B.I.G.	Law & Order: Special Victims Unit "Rooftop"	Law & Order: Special Victims Unit "Sick" (N)	Law & Order: Special Victims Unit "Storm" (N)	Law & Order: Special Victims Unit "Venom"	Law & Order: Special Victims Unit "Influence"	Law & Order: Special Victims Unit "Screwed"	NHL Hockey Winnipeg Jets at Minnesota Wild. (N) (Live) (CC)	NHL Hockey Winnipeg Jets at Minnesota Wild. (N) (Live) (CC)	NHL Hockey Winnipeg Jets at Minnesota Wild. (N) (Live) (CC)	NHL Hockey Winnipeg Jets at Minnesota Wild. (N) (Live) (CC)	NHL Hockey Winnipeg Jets at Minnesota Wild. (N) (Live) (CC)	NHL Hockey Winnipeg Jets at Minnesota Wild. (N) (Live) (CC)				

CROSSWORD PUZZLE



The identity of the featured celebrity is found within the answers in the puzzle. In order to take the TV Challenge, unscramble the letters noted with asterisks within the puzzle.

ACROSS

- James Brolin's role on "Life in Pieces"
- "That '70s ___"
- Zellweger or Taylor
- Edgar ___ Poe
- ___ Big Girl Now
- Colorado resort town
- Wallach or Marienthal
- Initials for actor MacLeod
- Ward and June's younger son
- Justin Timberlake's state of birth: abbr.
- ___ of Thrones
- As busy as ___
- "Sanford and ___"
- VP Rockefeller's monogram
- Treasury Dept. agcy.
- Metro, Prizm or Spectrum
- K's followers
- Actress Kathryn
- ___ with Her" (2003-04)
- "I Am ___ Four"; 2011 Alex Pettyfer movie
- Mitchum's initials
- 2015-17 James Wolk series
- Doesn't ___ like; appears not to be
- Objective
- Actress Potts
- Wild brawl
- "___ Me No Flowers"; 1964 Rock Hudson/Doris Day film
- Sitcom about a deacon

- Actress Campbell
- ___ of the Century" (1983-89)
- Initials for actress Lamarr
- "Grand ___ Opry"
- Role on "Scorpion" (2)
- Actress Diana
- Number of seasons for "The Waltons"
- Battery size
- "Star Trek ___: The Voyage Home"; 1986 sequel
- Robert Guillaume sitcom
- "Walker, Texas ___"
- Sunup, for short
- Actor on "The Beverly Hillsbillies"
- Judy Garland's oldest
- Hala Finley's role on "Man with a Plan"
- ___ People"; 1992 film for Kathy Bates
- ___ Myself & I"
- "Who Wants to ___ a Millionaire"
- Actress Thompson
- ___ Tree Hill"
- Drink served in a stein
- ___ the House" (1995-99)
- Role in "The Wizard of Oz"



DOWN

- Role on "Agents of S.H.I.E.L.D." (2)
- "Love ___ Rooftop" (1966-67)
- ___ Got Game"; Denzel Washington movie

SUNDAY EVENING

APRIL 15, 2018

	5 pm	5:30	6 pm	6:30	7 pm	7:30	8 pm	8:30	9 pm	9:30	10 pm	10:30	11 pm	11:30
KFMB	CBS News 8 at 5pm (N) (CC)	Weekend News	News	60 Minutes (N) (CC)	53rd Academy of Country Music Awards Honoring achievement in country music. (N) (Live) (CC)	News	Blue Bloods							
KFMB2	Don't Blink	Engagement	The King of Queens	Mike & Molly (N)	2 Broke Girls (N)	2 Broke Girls (N)	Forensic Files (N)	Forensic Files (N)	Forensic Files (N)	Forensic Files (N)	Seinfeld "The Fire"	Impractical Jokers	Just for Laughs	Just for Laughs
KGTV	10News at 5pm	World News	10News at 6pm	RightThisMinute (N)	American Idol "111 (Top 24 Solos)" Top 24 perform solos. (N) (CC)	American Idol "111 (Top 24 Solos)" Top 24 perform solos. (N) (CC)	American Idol "111 (Top 24 Solos)" Top 24 perform solos. (N) (CC)	American Idol "111 (Top 24 Solos)" Top 24 perform solos. (N) (CC)	American Idol "111 (Top 24 Solos)" Top 24 perform solos. (N) (CC)	American Idol "111 (Top 24 Solos)" Top 24 perform solos. (N) (CC)	A Higher Loyalty-Comey Interview	10News at 11pm	Sports XTRA	Sports XTRA
KPBS	NewsHour Wk	In Principle (CC)	Father Brown Father Brown is trapped. (N)	A Place to Call Home (N) (CC)	Call the Midwife (N) (CC)	Unforgotten on Masterpiece (N) (Part 2 of 3) (CC)	Unforgotten on Masterpiece (N) (Part 2 of 3) (CC)	Unforgotten on Masterpiece (N) (Part 2 of 3) (CC)	Unforgotten on Masterpiece (N) (Part 2 of 3) (CC)	Unforgotten on Masterpiece (N) (Part 2 of 3) (CC)	Unforgotten on Masterpiece (N) (Part 2 of 3) (CC)	Unforgotten on Masterpiece (N) (Part 2 of 3) (CC)	Unforgotten on Masterpiece (N) (Part 2 of 3) (CC)	Unforgotten on Masterpiece (N) (Part 2 of 3) (CC)
KNSD	San Diego	Nightly News	NBC 7 News at 6	Fortunes in Flipping	Dateline NBC (N) (CC)	Little Big Shots (N) (CC)	Genius Junior "Big Brains, Big Surprises"	Timeless "The Kennedy Curse" (N) (CC)	NBC 7 News	Sportswrap	Sportswrap			
DISN	Andi Mack	Andi Mack	The Swap (2016, Comedy) Peyton List, Jacob Bertrand. (N)	Zombies (2018) Milo Manheim. Suburban high schoolers learn to coexist with zombies.	Zombies (2018) Milo Manheim. Suburban high schoolers learn to coexist with zombies.	Zombies (2018) Milo Manheim. Suburban high schoolers learn to coexist with zombies.	Zombies (2018) Milo Manheim. Suburban high schoolers learn to coexist with zombies.	Zombies (2018) Milo Manheim. Suburban high schoolers learn to coexist with zombies.	Zombies (2018) Milo Manheim. Suburban high schoolers learn to coexist with zombies.	Zombies (2018) Milo Manheim. Suburban high schoolers learn to coexist with zombies.	Zombies (2018) Milo Manheim. Suburban high schoolers learn to coexist with zombies.	Zombies (2018) Milo Manheim. Suburban high schoolers learn to coexist with zombies.	Zombies (2018) Milo Manheim. Suburban high schoolers learn to coexist with zombies.	Zombies (2018) Milo Manheim. Suburban high schoolers learn to coexist with zombies.
ESPN	MLB Baseball Texas Rangers at Houston Astros. From Minute Maid Park in Houston. (N) (Live)	MLB Baseball Texas Rangers at Houston Astros. From Minute Maid Park in Houston. (N) (Live)	MLB Baseball Texas Rangers at Houston Astros. From Minute Maid Park in Houston. (N) (Live)	MLB Baseball Texas Rangers at Houston Astros. From Minute Maid Park in Houston. (N) (Live)	MLB Baseball Texas Rangers at Houston Astros. From Minute Maid Park in Houston. (N) (Live)	MLB Baseball Texas Rangers at Houston Astros. From Minute Maid Park in Houston. (N) (Live)	MLB Baseball Texas Rangers at Houston Astros. From Minute Maid Park in Houston. (N) (Live)	MLB Baseball Texas Rangers at Houston Astros. From Minute Maid Park in Houston. (N) (Live)	MLB Baseball Texas Rangers at Houston Astros. From Minute Maid Park in Houston. (N) (Live)	MLB Baseball Texas Rangers at Houston Astros. From Minute Maid Park in Houston. (N) (Live)	MLB Baseball Texas Rangers at Houston Astros. From Minute Maid Park in Houston. (N) (Live)	MLB Baseball Texas Rangers at Houston Astros. From Minute Maid Park in Houston. (N) (Live)	MLB Baseball Texas Rangers at Houston Astros. From Minute Maid Park in Houston. (N) (Live)	MLB Baseball Texas Rangers at Houston Astros. From Minute Maid Park in Houston. (N) (Live)
ESPN2	College Softball: Bulldogs at Rebels	Formula One Racing Heineken Chinese Grand Prix. From Shanghai International Circuit in Shanghai.	Formula One Racing Heineken Chinese Grand Prix. From Shanghai International Circuit in Shanghai.	Formula One Racing Heineken Chinese Grand Prix. From Shanghai International Circuit in Shanghai.	Formula One Racing Heineken Chinese Grand Prix. From Shanghai International Circuit in Shanghai.	Formula One Racing Heineken Chinese Grand Prix. From Shanghai International Circuit in Shanghai.	Formula One Racing Heineken Chinese Grand Prix. From Shanghai International Circuit in Shanghai.	Formula One Racing Heineken Chinese Grand Prix. From Shanghai International Circuit in Shanghai.	Formula One Racing Heineken Chinese Grand Prix. From Shanghai International Circuit in Shanghai.	Formula One Racing Heineken Chinese Grand Prix. From Shanghai International Circuit in Shanghai.	Formula One Racing Heineken Chinese Grand Prix. From Shanghai International Circuit in Shanghai.	Formula One Racing Heineken Chinese Grand Prix. From Shanghai International Circuit in Shanghai.	Formula One Racing Heineken Chinese Grand Prix. From Shanghai International Circuit in Shanghai.	Formula One Racing Heineken Chinese Grand Prix. From Shanghai International Circuit in Shanghai.
TLC	Long Lost Family (N) (CC)	Long Island Medium (N) (Part 1 of 2)	Long Island Medium (N) (Part 2 of 2)	Long Island Medium "A Big Decision" Theresa brings healing to a couple. (N) (CC)	Long Island Medium "A Big Decision" Theresa brings healing to a couple. (N) (CC)	Long Island Medium "A Big Decision" Theresa brings healing to a couple. (N) (CC)	Long Island Medium "A Big Decision" Theresa brings healing to a couple. (N) (CC)	Long Island Medium "A Big Decision" Theresa brings healing to a couple. (N) (CC)	Long Island Medium "A Big Decision" Theresa brings healing to a couple. (N) (CC)	Long Island Medium "A Big Decision" Theresa brings healing to a couple. (N) (CC)	Long Island Medium "A Big Decision" Theresa brings healing to a couple. (N) (CC)	Long Island Medium "A Big Decision" Theresa brings healing to a couple. (N) (CC)	Long Island Medium "A Big Decision" Theresa brings healing to a couple. (N) (CC)	Long Island Medium "A Big Decision" Theresa brings healing to a couple. (N) (CC)
USA	NHL Hockey Winnipeg Jets at Minnesota Wild. (N) (Live) (CC)	To Be Announced												

MONDAY EVENING

APRIL 16, 2018

	5 pm	5:30	6 pm	6:30	7 pm	7:30	8 pm	8:30	9 pm	9:30	10 pm	10:30	11 pm	11:30
KFMB	CBS News 8 at 5pm (N) (CC)	Evening News	News	Ent. Tonight	Inside Edition (N)	Kevin Can Wait (N)	Man With a Plan (N)	Superior Donuts (N)	Living Biblically	Scorpion "A Lie in the Sand" (N) (CC)	News	Late-Colbert	Late-Colbert	Late-Colbert
KFMB2	The Dr. Oz Show (N) (CC)	Judge Judy (N)	Judge Judy (N)	News 8 at 7 (N)	Seinfeld (CC)	Supergirl Winn's estranged mother visits.	iZombie (N) (CC)	News 8 at 10 (N)	Seinfeld (N) (CC)	2 Broke Girls (N) (CC)	2 Broke Girls (N) (CC)	2 Broke Girls (N) (CC)	2 Broke Girls (N) (CC)	2 Broke Girls (N) (CC)
KGTV	10News at 5pm (N) (CC)	World News	10News at 6pm (N)	The List (N) (CC)	American Idol "112 (Top 24 Celebrity Duets)" Twelve of the top 24 perform duets. (N) (CC)	American Idol "112 (Top 24 Celebrity Duets)" Twelve of the top 24 perform duets. (N) (CC)	American Idol "112 (Top 24 Celebrity Duets)" Twelve of the top 24 perform duets. (N) (CC)	American Idol "112 (Top 24 Celebrity Duets)" Twelve of the top 24 perform duets. (N) (CC)	American Idol "112 (Top 24 Celebrity Duets)" Twelve of the top 24 perform duets. (N) (CC)	American Idol "112 (Top 24 Celebrity Duets)" Twelve of the top 24 perform duets. (N) (CC)	The Crossing "Pax Americana" (N) (CC)	10News at 11pm	Jimmy Kimmel	Jimmy Kimmel
KPBS	Evening	Nightly Business	World News	KPBS Evening	PBS NewsHour (N) (CC)	Antiques Roadshow "Portland" (N) (CC)	Antiques Roadshow "Little Rock" (CC)	Secrets of Great British Castles (N) (CC)	Independent Lens (N) (CC) (DVS)	Independent Lens (N) (CC) (DVS)	Independent Lens (N) (CC) (DVS)	Independent Lens (N) (CC) (DVS)	Independent Lens (N) (CC) (DVS)	Independent Lens (N) (CC) (DVS)
KNSD	NBC 7 News at 5	Nightly News	NBC 7 News at 6 (N)	Wheel of Fortune	Jeopardy! (N) (CC)	The Voice "The Live Playoffs, Night 1" The top 24 artists perform. (N) (CC)	The Voice "The Live Playoffs, Night 1" The top 24 artists perform. (N) (CC)	The Voice "The Live Playoffs, Night 1" The top 24 artists perform. (N) (CC)	The Voice "The Live Playoffs, Night 1" The top 24 artists perform. (N) (CC)	The Voice "The Live Playoffs, Night 1" The top 24 artists perform. (N) (CC)	Good Girls "Shutdown" (N) (CC)	NBC 7 News	Tonight Show	Tonight Show
DISN	Bizaardvark (N) (CC)	Bizaardvark (N) (CC)	Jessie (CC)	Jessie (CC)	Bunk'd (N) (CC)	Bunk'd (N) (CC)	Gravity Falls (N) (CC)	Gravity Falls (N) (CC)	Raven's Home (N) (CC)	Stuck/Middle	Andi Mack	Bizaardvark (N) (CC)	Stuck/Middle	Bunk'd (N) (CC)
ESPN	MLB Baseball St. Louis Cardinals at Chicago Cubs. From Wrigley Field in Chicago. (N)	MLB Baseball St. Louis Cardinals at Chicago Cubs. From Wrigley Field in Chicago. (N)	MLB Baseball St. Louis Cardinals at Chicago Cubs. From Wrigley Field in Chicago. (N)	MLB Baseball St. Louis Cardinals at Chicago Cubs. From Wrigley Field in Chicago. (N)	SportsCenter (N) (Live) (CC)	SportsCenter (N) (Live) (CC)	SportsCenter (N) (Live) (CC)	SportsCenter (N) (Live) (CC)	SportsCenter (N) (Live) (CC)					
ESPN2	We the Fans: Dallas	College Football (CC)	Jalen & Jacoby	NFL Live (CC)	NFL Live (CC)	NFL Live (CC)								
TLC	Long Island Medium "There's a Lump" (N) (CC)	Long Island Medium (N) (CC)	Long Island Medium "The Breaking Point" Theresa heads to Fire Island. (N) (CC)	Long Island Medium "The Breaking Point" Theresa heads to Fire Island. (N) (CC)	Long Island Medium "The Breaking Point" Theresa heads to Fire Island. (N) (CC)	Long Island Medium "The Breaking Point" Theresa heads to Fire Island. (N) (CC)	Long Island Medium "The Breaking Point" Theresa heads to Fire Island. (N) (CC)	Long Island Medium "The Breaking Point" Theresa heads to Fire Island. (N) (CC)	Long Island Medium "The Breaking Point" Theresa heads to Fire Island. (N) (CC)	Long Island Medium "The Breaking Point" Theresa heads to Fire Island. (N) (CC)	Long Island Medium "The Breaking Point" Theresa heads to Fire Island. (N) (CC)	Long Island Medium "The Breaking Point" Theresa heads to Fire Island. (N) (CC)	Long Island Medium "The Breaking Point" Theresa heads to Fire Island. (N) (CC)	Long Island Medium "The Breaking Point" Theresa heads to Fire Island. (N) (CC)
USA	NCIS "Beastmaster" (N) (CC) (DVS)	Modern Family (N) (CC)	Modern Family (N) (CC)	Modern Family (N) (CC)	Modern Family (N) (CC)	Modern Family (N) (CC)	Modern Family (N) (CC)	WWE Monday Night RAW (N Same-day Tape) (N) (CC)	American Ninja Warrior: Ninja vs. Ninja	American Ninja Warrior: Ninja vs. Ninja	American Ninja Warrior: Ninja vs. Ninja			

TUESDAY EVENING

APRIL 17, 2018

	5 pm	5:30	6 pm	6:30	7 pm	7:30	8 pm	8:30	9 pm	9:30	10 pm	10:30	11 pm	11:30
KFMB	CBS News 8 at 5pm (N) (CC)	Evening News	News	Ent. Tonight	Inside Edition (N)	NCIS "Sight Unseen" (N) (CC) (DVS)	Bull A woman kills her husband in his sleep.	NCIS: New Orleans "Powder Keg" (N) (CC)	News	Late-Colbert	Late-Colbert	Late-Colbert	Late-Colbert	Late-Colbert
KFMB2	The Dr. Oz Show (N) (CC)	Judge Judy (N)	Judge Judy (N)	News 8 at 7 (N)	Seinfeld (CC)	The Flash "Lose Yourself" (N) (CC)	Black Lightning (Season Finale) (N) (CC)	News 8 at 10 (N)	Seinfeld (N) (CC)	2 Broke Girls (N) (CC)	2 Broke Girls (N) (CC)	2 Broke Girls (N) (CC)	2 Broke Girls (N) (CC)	2 Broke Girls (N) (CC)
KGTV	10News at 5pm (N) (CC)	World News	10News at 6pm (N)	The List (N) (CC)	Alex, Inc. (N) (CC)	blackish (N) (CC)	Splitting Up (N) (CC)	For the People "Everybody's a Superhero"	10News at 11pm	Jimmy Kimmel	Jimmy Kimmel	Jimmy Kimmel	Jimmy Kimmel	Jimmy Kimmel
KPBS	Evening	Nightly Business	World News	KPBS Evening	PBS NewsHour (N) (CC)	Civilizations The formative role of art.	American Experience "The Island Murder"	Frontline "McCain" (N) (CC)	True North: The Sean Swamer Story (CC)	True North: The Sean Swamer Story (CC)	True North: The Sean Swamer Story (CC)	True North: The Sean Swamer Story (CC)	True North: The Sean Swamer Story (CC)	True North: The Sean Swamer Story (CC)
KNSD	NBC 7 News at 5	Nightly News	NBC 7 News at 6 (N)	Wheel of Fortune	Jeopardy! (N) (CC)	The Voice "The Live Playoffs, Night 2" (N)	Rise Lou's vision for the show crumbles.	Chicago Med "An Inconvenient Truth" (N) (CC)	NBC 7 News	Tonight Show	Tonight Show	Tonight Show	Tonight Show	Tonight Show
DISN	Bizaardvark (N) (CC)	Bizaardvark (N) (CC)	Jessie (N) (CC)	Jessie (N) (CC)	Bunk'd "Fog'd In" (N) (CC)	Bunk'd "Fog'd In" (N) (CC)	Gravity Falls (N) (CC)	Gravity Falls (N) (CC)	Raven's Home (N) (CC)	Stuck/Middle	Andi Mack	Bizaardvark (N) (CC)	Stuck/Middle	Bunk'd (N) (CC)
ESPN	SC Special: QB	SC Special: QB	Welcome/ NFL	Welcome/ NFL	SportsCenter Special (N) (CC)	SportsCenter (N) (Live) (CC)	SportsCenter (N) (Live) (CC)	SportsCenter (N) (Live) (CC)	SportsCenter (N) (Live) (CC)	SportsCenter (N) (Live) (CC)	SportsCenter (N) (Live) (CC)	SportsCenter (N) (Live) (CC)	SportsCenter (N) (Live) (CC)	SportsCenter (N) (Live) (CC)
ESPN2	NFL Live (CC)	SEC Storied (CC)	Inside/Ultimate	SC Special: QB	SC Special: QB	SC Special: QB	SC Special: QB	SC Special: QB	SC Special: QB	SC Special: QB	SC Special: QB	SC Special: QB	SC Special: QB	SC Special: QB
TLC	Long Island Medium "An MRI for Larry" (N) (CC)	Trading Spaces (N) (CC)	My Little Life "Little by Little" (N) (CC)	My Little Life "Little by Little" (N) (CC)	My Little Life "Little by Little" (N) (CC)	My Little Life "Little by Little" (N) (CC)	My Little Life "Little by Little" (N) (CC)	My Little Life "Little by Little" (N) (CC)	My Little Life "Little by Little" (N) (CC)	My Little Life "Little by Little" (N) (CC)	My Little Life "Too Little, Too Late" (N) (CC)	My Little Life "Too Little, Too Late" (N) (CC)	My Little Life "Too Little, Too Late" (N) (CC)	My Little Life "Too Little, Too Late" (N) (CC)
USA	NCIS Gibbs hunts for the killer of a marine.	Modern Family (N) (CC)	Modern Family (N) (CC)	Modern Family (N) (CC)	Modern Family (N) (CC)	Modern Family (N) (CC)	Modern Family (N) (CC)	Modern Family (N) (CC)	Modern Family (N) (CC)	Modern Family (N) (CC)	WWE SmackDown! (N Same-day Tape) (N) (CC)	Unsolved: Murders of Tupac and BIG	Law & Order: Special Victims Unit "Locum"	Law & Order: Special Victims Unit "Locum"

WEDNESDAY EVENING</

Reno is a four year old spayed Chihuahua mix who weighs 8.4 lbs. Her previous owner could no longer care for her so she is in the market for a new forever home. Like most pups her size, Reno is full of spunk and personality. She has plenty of energy for walks and outdoor activities, but also fits nicely in small apartments or condos. Win the jackpot by meeting Reno by asking for ID#A1831942 Tag#C237. She can be adopted for \$69.



Reno \$69



Miley \$35

Miley is an eight year old spayed Torbie who weighs 14.4 lbs. She is a friendly gal who will come right up to you open her kennel door. Miley enjoys being petted and scratched and is inquisitive about her surroundings. You will be swooning over her gorgeous green eyes in no time. Meet Miley by

asking for ID#A15915445 Tag#C625. She can be adopted for the Senior Fee of just \$35.

Bring some love into your life by adopting a forever friend to share your home! Dogs and puppies can be adopted for just \$69. Adult dogs and cats over 5 years old can become a member of your family for just \$35. If you're a senior yourself, or disabled, you can make any pet your forever companion for just \$35. Rabbits can be adopted for just \$25, so be sure to visit our bunny room too! All adoption fees should be confirmed once you get to the shelter, and include spaying or neutering, basic vaccinations, and a 1 year license for dogs. **You can visit these animals and their many other friends at our Central County Shelter, 5480 Gaines Street, San Diego** between the hours of **9:30AM to 5:30PM, Tuesday through Saturday**. Visit <http://www.sddac.com> for more information and contact the shelter with questions and for holiday hours.

Tired dogs are good dogs

Whether it's throwing a tennis ball, running 'zoomies' in the backyard or going for a long walk, there are many ways to help energetic dogs burn off some of that energy. A tired dog is a good dog.

CLASSES FOR PUPPIES

Puppy Play Groups
SDHS San Diego Campus
Sunday, April 15 at 10:15 a.m.
Sunday, April 22 at 10:15 a.m.

Puppy Play Group is a great opportunity for your puppy to learn social skills with other puppies in a safe and supervised environment. Trainers narrate play and match puppies with compatible playmates, ensuring each puppy is having positive experiences. Periods of play alternate with breaks where you will have time to ask our professional trainer any questions you have about puppy training. Cost: \$20 per session.

CLASSES FOR DOGS

SDHS Oceanside Campus
Saturday, April 21 at 11:30 a.m.

SDHS San Diego Campus
Saturday, April 14 at 11:30 a.m.
Sunday, April 15 at 1 p.m.

Sunday, April 15 at 4:30 p.m.
Thursday, April 19 at 6 p.m.

This six-week introductory-level training class will teach you the basics of positive reinforcement training techniques while your dog learns good doggie behaviors. For dogs 18 weeks and older. Cost: \$110.

Level 2: Superb Skills
SDHS San Diego Campus
Saturday, April 14 at 1 p.m.
Thursday, April 19 at 7:30 p.m.

This six-week class builds on the skills learned in Level 1: Marvelous Manners Class. We focus on differentiating verbal cues from hand signals and add distance and duration to behaviors. For dogs 18 weeks and older. Cost: \$100.

Nose Work Workshops
SDHS San Diego Campus
Saturday, April 28

Introduction to K9 Nose Work from 8-9:30 a.m.

Introduction to K9 Nose Work (continued) from 9:45-11:15 a.m.

Scent Work Skills Workshop from 12-3 p.m.

Nose work is a great way for any dog to have fun, build confidence and burn lots of mental and physical energy.

Call our Behavior Helpline for any behavior-related questions regarding your pet(s).

Behavior Training Helpline: 619-299-7012, ext. 2244

MY PET WORLD:

Tips for getting dogs to pee outside and cats to pee inside

by Cathy M. Rosenthal

Dear Cathy,

During wintery weather, our 14-year-old, 10-pound female Chihuahua mix dog doesn't want to go outside. Normally, we go for walks two to three times daily to take care of her toileting needs. Because of the snow and cold weather, however, she refuses to have bowel movements (BMs) outside and will wait almost the entire day to urinate. Occasionally, when she waits too long, she has accidents in the house. Just today she was outside and did not urinate but did so on the carpet as soon as she ran back into the house.

She wears a pet coat or sweater when she goes outside. We have cleared snow from areas of the lawn to give her a place to go. This has worked some for urination, but not for BMs. Is there anything you can suggest to help her go outdoors? - Rosalie, Naperville, IL

Dear Rosalie,

Peeing and pooping in frigid temperatures stresses out some dogs. As soon they return to their warm homes, their bodies relax, and they have "accidents" in the home.

It's great that you created a potty space for her by removing a patch of snow in your yard. Make sure the space is at least 6-by-6 feet wide, and in an area protected from the wind to improve the chances she will use the space to pee and poop.

You also could begin training

her to "go potty" on command, so she is ready for next winter. Because of her age and because she is a tiny dog, I think it might be easier to put down some pee pads in your house or garage to see if she will use them. The pads are lined, so the urine soaks into the pad and not onto your floor. To clean up, just throw the used pads away and replace with new ones.

Top dogs

The American Kennel Club released its annual rankings of the most popular dog breeds of 2017. The Labrador retriever for 27 consecutive years has been the most popular breed in the U.S. Here is a list of the top breeds:

- 1 Labrador retriever
- 2 German shepherd
- 3 Golden retriever
- 4 French Bulldog
- 5 Bulldog
- 6 Beagle
- 7 Poodle
- 8 Rottweiler
- 9 Yorkshire terrier
- 10 Pointers (German Shorthaired)

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-Florence Scovel Shimm

VIDEOVIEW

by Jay Bobbin

STARTING THIS WEEK: "THE POST": It's no "All the President's Men," but this Steven Spielberg-directed, Oscar-nominated drama about The Washington Post in the Pentagon Papers era does fill its entertainment quotient. As the newspaper faces multiple challenges over its possibility of publishing leaked classified documents pertaining to U.S. involvement in the Vietnam War, editor-in-chief Ben Bradlee and publisher Katharine Graham - played by Tom Hanks and Meryl Streep, in their first screen teaming - try to determine how to proceed, knowing that printing the resulting story could embroil them and the paper in legal trouble. The excellent cast also includes Sarah Paulson, Bob Odenkirk ("Better Call Saul"), actor-playwright Tracy Letts, Bradley Whitford ("The West Wing"), Bruce Greenwood, Matthew Rhys ("The Americans"), Alison Brie, Carrie Coon ("The Leftovers") and Michael Stuhlbarg. The score is by frequent Spielberg collaborator John Williams. DVD extras: five "making-of" documentaries. *** (PG-13: P, V) (Also on Blu-ray and On Demand)

"THE COMMUTER": Liam Neeson maintains his post-"Taken" reputation as an action star with this thriller, which reunites him with director Jaume Collet-Serra of "Non-Stop" - basically the airplane version of this story, which still has its moments despite that familiar feel. The actor plays an ex-cop and just-fired insurance salesman propositioned to place a tracking device on another passenger aboard the train he's taken daily - for a sizable payment. Danger mounts as he learns the reason for the situation, with everyone else aboard the locomotive eventually imperiled. Vera Farmiga, Patrick Wilson, Jonathan Banks, Elizabeth McGovern and young Florence Pugh also are in the strong cast, though the picture's main purpose obviously is to let Neeson play tough again. DVD extras: two "making-of" documentaries. *** (PG-13: P, V) (Also on Blu-ray and On Demand)

"GENIUS": Based on Walter Isaacson's book "Einstein: His Life and Universe," this drama - with executive producers including Oscar winners Ron Howard, who made his scripted-television directorial debut with the first episode, and Brian Grazer - was National Geographic's first-ever scripted show. Fellow Academy Award recipient Geoffrey Rush ("Shine") and Johnny Flynn ("Song One") share the role of Einstein at different ages, with the teleplay first focusing on the physics student's teen years. The start of World War I and Einstein's theory of relativity are destined to have major impacts on his life ... as are his complex personal ties. Emily Watson, Vincent Kartheiser ("Mad Men") and "Grey's Anatomy" alum T.R. Knight (as FBI chief J. Edgar Hoover) also star. A second season of the series, with artist Pablo Picasso as its subject, is upcoming. DVD extras: nine "making-of" documentaries. *** (Not rated: AS)

"DEEP BLUE SEA 2": It's been almost 20 years since the original thriller about shark experimentation gone haywire, and this made-for-video sequel continues the theme. Danielle Savre - also of ABC's new "Grey's Anatomy" spinoff "Station 19" - and Michael Beach head the cast as members of a group of scientists and conservationists whose work with drug-enhanced bull sharks eventually puts them at the mercy of the creatures with very lethal jaws. Expectedly, those in charge of computer-generated effects also have their day here. *** (R: P, V) (Also on Blu-ray)

FAMILY-VIEWING GUIDE KEY: AS, adult situations; N, nudity; P, profanity; V, violence; GV, particularly graphic violence.

Around Town

How the Other Half Loves at North Coast Repertory Theatre. Thru May 6. www.northcoastrep.org

San Diego Italian Film Festival presents *Veloce Come Il Vento* at La Paloma Theatre, Thurs, April 12, 7pm. www.sandiegoitalianfilmfestival.com

San Diego Padres vs. San Francisco Giants at Petco Park, Thurs, April 12, 7:10pm. www.mlb.com/padres

Native Voices: Explore Kumeyaay Culture Friday, April 13, 2018, 3-4:30 p.m. Join the Children's Discovery Museum for a mobile workshop on Kumeyaay culture. Children can explore the culture and life of the California Native Americans of the region, view real Kumeyaay artifacts, and make a replica artifact of their own. This event takes place in conjunction with the Native Voices: Native Peoples' Concepts of Health and Illness exhibit at the Alpine Library throughout April. Alpine Library, 1752 Alpine Blvd.

After-hours Sunset Wine Tasting & Music Pairing at The Flower Fields. Fri, April 13. www.theflowerfields.com

San Diego Padres vs. San Francisco Giants at Petco Park, Fri, April 13, 7:10pm. www.mlb.com/padres

Betamaxx at Moonlight Amphitheatre, Fri, April 13, 7:30pm. www.moonlightstage.com

Spring-in to camping at Lake Poway. Fri-Sat, April 13-14. www.poway.org/lakepoway

Canyon Belgian Waffle Ride Lifestyle & Fitness Expo Festival at Canyon Bicycles in Carlsbad. Fri-Sat, April 13-14. www.belgianwaffle-ride.bike

Oceanside Jazz Festival at Mira Costa College, Fri-Sat, April 13-14, 9am-4:30pm. www.miracosta.edu/events

Jeffrey Kahane Plays Mozart at Copley Symphony Hall, Fri-Sat, April 13-14, 8pm. www.sandiegosymphony.org

Coachella Valley Music & Arts Festival in Indio, Fri-Sun, April 13-15. www.coachella.com

Starpower National Talent Competition at San Diego Convention Center. Fri-Sun, April 13-15. www.starpowertalent.com

Foxy Half Marathon & 5K at Lake Hodges. Sat, April 14. www.dirtdevilracing.com

San Diego Tour de Cure at Del Mar Fairgrounds, Sat, April 14, 8am. www.diabetes.org/tourdecure

Camp Pendleton Heartbreak Ridge Half-Marathon Saturday, April 14, 8 a.m. An off-road running race held in the northwestern foothills of your Marine Corps Base Camp Pendleton. It offers multiple distance choices with a challenging hill climb and scenic views of surrounding mountains and meadows. www.mccscp.com/heartbreak

Wildlife Walk at San Elijo Lagoon, Sat, April 14, 9-11am. www.sanelijo.org

Poway Valley Garden Club Annual Flower Show & Plant Sale

at Old Poway Park, Sat, April 14, 9am-3pm. www.poway.org

Earth Festival in downtown Oceanside, Sat, April 14, 10am-3pm. www.ci.oceanside.ca.us

Pay What You Can Day at California Center for the Arts, Escondido Museum. Sat, April 14. www.artcenter.org

Oceanside Yacht Club Jessup Series at Oceanside Harbor, Sat, April 14, 12-3:30pm. www.oceansideyc.net

Taste of Hillcrest, Sat, April 14, 12-4pm. www.fabuloushillcrest.com

San Diego March for Science Free. Saturday, April 14, 10 a.m. to 2 p.m. Free, educational event celebrates and rallies for science in society, aimed at all people who like science. Family-friendly science expo featuring exhibits from the Fleet Science Center, San Diego Natural History Museum, local research institutions, more. Short march (about 1 mile) in a loop beginning and ending at Waterfront Park. Live music will be provided by the Resizters. Waterfront Park, 1600 Pacific Highway, San Diego.

Feeding San Diego presents Pairings with a Purpose at Bobby Riggs Tennis Club & Museum, Sat, April 14, 12-4pm. www.feeding-sandiego.org

VinDiego Wine & Food Festival at NTC Liberty Station, Sat, April 14, 3-7pm. www.vindiego.com

Pirate Plunge at Alga Norte Aquatic Center, Sat, April 14, 5-9pm. www.carlsbadconnect.org

San Diego Padres vs. San Francisco Giants at Petco Park, Sat, April 14, 5:40pm. www.mlb.com/padres

Family Movie Night: The Princess Bride at Moonlight Amphitheatre, Sat, April 14, 7:30pm. www.moonlightstage.com

San Diego Soul Music Festival at Valley View Casino Center, Sat, April 14, 8pm. www.valleyviewcasinocenter.com

Battle of San Diego Bay Anniversary Celebration Free. Saturday, April 14, 11:30 a.m. to 3 p.m. The Battle of San Diego Bay 215th Anniversary Celebration, presented by the House of Spain in San Diego and the U.S. Navy at Ballast Point in Naval Base Point Loma, now a California historical landmark. There will be historic displays and reenactments of the naval battle, as well as Spanish dance, paella, and drinks. RSVP required. Naval Base Point Loma 140 Sylvester Rd, San Diego.

Oceanside Days of Art: The Shakespeare Connection in downtown Oceanside, Sat-Sun, April 14-15, 10am-5pm. www.ocaf.info

Encore San Diego Cheerleading Competition at San Diego Convention Center. Sat-Sun, April 14-15. www.varsityallstar.com

Triton 5K & Festival at UC San Diego. Sun, April 15. www.5k.ucsd.edu

Fallbrook Avocado Festival in downtown Fallbrook, Sun, April 15, 9am-5pm. www.fallbrookchamberofcommerce.org

Earth Day at Woodland Park Pond, San Marcos, Sun, April 15, 12-2pm. www.san-marcos.net

San Diego Padres vs. San Francisco Giants at Petco Park, Sun, April 15, 1:10pm. www.mlb.com/padres

San Diego Padres vs. Los Angeles Dodgers at Petco Park, Mon, April 16, 7:10pm. www.mlb.com/padres

San Diego Padres vs. Los Angeles Dodgers at Petco Park, Tues, April 17, 7:10pm. www.mlb.com/padres

Del Mar National Horse Show Western Week at Del Mar Fairgrounds. Tuesday April 17-Sat April 21. www.delmarnational.com

San Diego Padres vs. Los Angeles Dodgers at Petco Park, Wedm April 18, 7:10pm. www.mlb.com/padres

San Diego Italian Film Festival presents *Tutto Quello Che Vuoi* at Museum of Photographic Arts, Thurs, April 19, 7:30pm. www.sandiegoitalianfilmfestival.com

Fri, April 20. **Happy 420 Day!** First legalized recreational use 420 Day in California

Coachella Valley Music & Arts Festival in Indio. Fri-Sun, April 20-22. www.coachella.com

San Diego Guitar Festival Opening Night featuring Shin-Ichi Fukuda at Japanese Friendship Garden, Balboa Park. Fri, April 20. www.niwa.org

Spring Home Remodeling & Decorating Show at Del Mar Fairgrounds. Fri-Sun, April 20-22. www.homeshowusa.net

San Diego Junior Theatre presents *Newsies, Jr.* at Casa del Prado Theatre. Fri, April 20-Sun, May 13. www.juniortheatre.com

Earth Day Restoration & Cleanup event at California State Parks. Sat, April 21. www.calparks.org

Walk MS at NTC Park at Liberty Station, Sat, April 21, 8am. www.nationalmssociety.org

Earth Day restoration event at San Dieguito Lagoon's River Path Del Mar Parking Lot, Sat, April 21, 9am-12pm. www.sdrvcearthday2018.eventbrite.com

Earth Day at Alta Vista Botanical Gardens. Sat, April 21. www.altavistabotanicalgardens.org

SEA Days: Earth Day at Birch Aquarium, Sat, April 21, 11am-3pm. www.aquarium.ucsd.edu

Spring Food Truck Festival at Bates Nut Farm, Sat, April 21, 11am-4pm. www.batesnutfarm.biz

Oceanside Yacht Club Lusching Regatta at Oceanside Harbor, Sat, April 21, 12-3:30pm. www.oceansideyc.net

STREAM Festival at Mira Costa College, Sat, April 21, 1-4pm. www.miracosta.edu/events

Night of the Horse at Del Mar Fairgrounds, Sat, April 21, 7pm. www.delmarnational.com

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Concerts

Please confirm concerts before attending. NOTE: Some venues are age 21+ only.

April

Scott Bradlee's Postmodern Jukebox. Fri, April 13, 7:30pm. Humphrey's by the Bay, box office 2241 Shelter Island Dr., (619) 220-8497 or Ticketmaster (619) 220-TIXS.

Gloria Trevi and Alejandra Guzman. Fri, April 13, 8pm. Latin/pop. Valley View Casino Center (San Diego Sports Arena), 3500 Sports Arena Blvd., San Diego. (619) 224-4171.

Berkley Hart: Wreck 'N' Sow. Sat, April 14, 8pm. Poway Center for the Performing Arts, 15498 Espola Rd., Poway. (858) 748-0505.

Nightwish. Sat, April 14, 8pm. The Grove of Anaheim, 2200 E.

Tao: Drum Hart. Fri, April 27, 8pm. Acoustic/World. Poway Center for the Performing Arts, 15498 Espola Rd., Poway. (858) 748-0505.

Justin Timberlake - The Man of the Woods Tour. Sat-Sun, April 28-29, 8pm. The Forum, 3900 West Manchester Blvd, Inglewood. (212) 465-6741.

Joey Alexander Trio. Sat, April 28, 7:30pm. Jazz. 13-year-old Grammy nominated pianist. Balboa Theatre, 868 Fourth Ave. (619) 570-1100.

Enrique Bunbury. Sat, April 28, 8pm. Greek Theatre, 2700 North Vermont Ave, Los Angeles. 1-844-LAGREEK www.lagreektheatre.com

May

Lisa Sanders & Karen "Brown

etmaster (619) 220-TIXS.

Priti Gandhi. Sun, May 13, 3pm. Classical/Opera/Soprano sensation. \$13-\$40. California Center for the Arts, Escondido, 340 N. Escondido Blvd., Escondido. (760) 839-4438.

U2 eXPERIENCE + INNO-CENCE TOUR. Tues-Wed, May 15-16, 8pm. The Forum, 3900 West Manchester Blvd, Inglewood. (212) 465-6741.

Juanes: Amarte Tour with Mon Laferte. Wed, May 16, 7:30pm. Latin. Viejas Arena at SDSU, 5500 Canyon Crest Dr., San Diego, CA. (619) 594-6947.

Earth, Wind & Fire. Fri, May 18, 9pm. Age 21+. Harrah's Resort SoCal, 777 Harrah's Rincón Way, Valley Center. (760) 751-3100.

Celtic Woman: Homecoming

Tour. Fri, May 18, 7:30pm. Folk/World. Civic Theatre, 1100 Third Ave, downtown San Diego. (619) 570-1100.

Jon Prine. Sat, May 19, 7:30pm. Folk. Balboa Theatre, 868 Fourth Ave. (619) 570-1100.

Billy Idol. Thurs, May 24, 8pm. Age 21+. Harrah's Resort SoCal, 777 Harrah's Rincón Way, Valley Center. (760) 751-3100.

Phantogram and Tycho. Thurs, May 24, 6pm. Electronic/pop. SDSU Open Air Theatre, 5500 Campanile Dr., San Diego. (619) 594-6947.

Tom Jones with Into The Ark. Thurs, May 24, 8pm. Greek Theatre, 2700 North

Vermont Ave, Los Angeles. 1-844-LAGREEK www.lagreektheatre.com

PINK. Fri, May 25, 8pm. Honda Center, 2695 E. Katella Ave., Anaheim. (714) 704-2400. http://www.hondacenter.com/

Natalia Lafourcade. Fri, May 25, 7:30pm. Latin/Pop. \$20-\$80. California Center for the Arts, Escondido, 340 N. Escondido Blvd., Escondido. (760) 839-4438.

Huey Lewis and the News. Sat, May 26, 7:30pm. Starlight Theater, Pala Casino, 11154 Hwy 76, Pala, Ca 92059. (877) 946-7252

Pink. Mon, May 28, 7:30pm. Pop. Valley View Casino Center (San Diego Sports Arena), 3500 Sports Arena Blvd., San Diego. (619) 224-4171.

Steely Dan & The Doobie Brothers. Wed, May 30, 7:30pm. The Forum, 3900 West Manchester Blvd, Inglewood. (212) 465-6741.

James Taylor with Bonnie Raitt. Thurs, May 31, 7:30pm. Hollywood Bowl, 2301 N. Highland Ave, Los Angeles, 90068. hollywoodbowl.com

June

PINK: Beautiful Trauma World Tour. Fri, June 1, 8pm. The Forum, 3900 West Manchester Blvd, Inglewood. (212) 465-6741.

Sugarland. Fri, June 1, 7pm. Honda Center, 2695 E. Katella Ave., Anaheim. (714) 704-2400. http://www.hondacenter.com/

Maroon 5: Red Pill Blues Tour. Mon-Tues, June 4-5, 7:30pm. The Forum, 3900 West Manchester Blvd, Inglewood. (212) 465-6741.



Katella Ave., Anaheim, Orange County. (714) 712-2750. www.grove-of-anaheim.com

Gloria Trevi with Alejandra Guzman. Sat, April 14, 8pm. Hollywood Bowl, 2301 N. Highland Ave, Los Angeles, 90068. hollywoodbowl.com

Krush Groove (Ice Cube, Method Man & Redman, Bone Thugs-N-Harmony, Warren G, DJ Quik, Kurupt). Sat, April 21, 7:30pm. The Forum, 3900 W. Manchester Blvd, Inglewood. (212) 465-6741

Marshall Tucker Band. Mon, April 16, 8pm. Age 21+. Country/rock. Sycuan Live & Up Close Theatre, 5469 Casino Way, El Cajon. (619) 445-6002.

Fiaco Jimenez & Friends. Sat, April 21, 8pm. Age 21+. Latin. Sycuan Live & Up Close Theatre, 5469 Casino Way, El Cajon. (619) 445-6002.

Jean-Michel Jarre. Sat, April 21, 7:30pm. Electronic/rock/world. Spreckels Theatre, 121 Broadway, San Diego. (619) 235-9500.

Bad Bunny. Sun, April 22, 6pm. The Forum, 3900 West Manchester Blvd, Inglewood. (212) 465-6741.

Sarah Geronimo. Sun, April 22, 7:30pm. Filipino. Pala Events Center, 11154 Hwy 76 Pala CA 92059 • 877-WIN-PALA (877-946-7252)

Art Garfunkel. Fri, April 27, 8pm. Pop. Balboa Theatre, 868 Fourth Ave. (619) 570-1100.

Sugar Hayes. Wed, May 2, 4 & 7pm. FREE. Blues/Country. California Center for the Arts, Escondido, 340 N. Escondido Blvd., Escondido. (760) 839-4438.

Kamelot. Sat, May 5, 8pm. Hard Rock. The Grove of Anaheim, 2200 E. Katella Ave., Anaheim, Orange County. (714) 712-2750. www.grove-of-anaheim.com

Lise Lindstrom & Greer Grimsley. Sat, May 5, 7:30pm. Classical/Opera/Standards. Balboa Theatre, 868 Fourth Ave. (619) 570-1100.

Hall & Oates and Train. Sun, May 6, 7pm. Honda Center, 2695 E. Katella Ave., Anaheim. (714) 704-2400. http://www.hondacenter.com/

Khalid. Wed-Thur, May 9-10, 7:30pm. Greek Theatre, 2700 North Vermont Ave, Los Angeles. 1-844-LAGREEK www.lagreektheatre.com

Top Dawg Entertainment: The Championship Tour (Kendrick Lamar, SZA, Schoolboy Q, Jay Rock, Ab-Soul, Sir Lance Skiiwalker). Thurs-Fri, May 10-11, 7:30pm. The Forum, 3900 West Manchester Blvd, Inglewood. (212) 465-6741.

Juanes: Amarte Tour with Mon Laferte. Sat, May 12, 7:30pm. The Forum, 3900 West Manchester Blvd, Inglewood. (212) 465-6741.

Weird Al Yankovic. Sat, May 12, 7:30pm. Humphrey's by the Bay, box office 2241 Shelter Island Dr., (619) 220-8497 or Tick-

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LEASE FOR 4 CYL., AUTOMATIC

\$211

PLUS TAX PER MONTH
FOR 36 MONTHS



*1 at this payment, Stk. #52718 Vin #JY305135, Model #4262. Net capitalized cost \$16,991.55. \$211 plus tax monthly for 36 months with \$3,000 due at lease signing. Security deposit not required. On approved above average credit through Toyota Financial Services. \$0.15 per mile over 12K miles annually and \$80 dealer document preparation charges. Any electronic filing fee. Includes license fee. College Grad and Military Rebates are not included on price/payment offers unless otherwise specified. Offer expires 4/30/18.

NEW 2018 TOYOTA COROLLA SE

LEASE FOR 4 CYL., AUTOMATIC

\$209

PLUS TAX PER MONTH
FOR 36 MONTHS



*1 at this payment, Stk. #53769 Vin #JF802068, Model #1864. Net capitalized cost \$19,259.34. \$209 plus tax monthly for 36 months with \$2,525 due at lease signing. Includes \$1500 Toyota Factory Lease Subventions Cash. On approved above average credit through Toyota Financial Services. \$0.15 per mile over 12K miles annually and \$80 dealer document preparation charges. Any electronic filing fee. Includes license fee. College Grad and Military Rebates are not included on price/payment offers unless otherwise specified. Offer expires 4/30/18.

NEW 2018 TOYOTA C-HR

LEASE FOR 4 CYL., AUTOMATIC

\$199 PLUS TAX PER MONTH FOR 36 MONTHS



*1 at this payment, Stk. #718031 VIN#JRO21078, Model #2404. Net capitalized cost \$20,555.37. \$199 plus tax monthly for 36 months with \$3,200 due at lease signing. Includes \$1750 Toyota Factory Lease Subventions Cash. On approved above average credit through Toyota Financial Services. \$0.15 per mile over 12K miles annually and \$80 dealer document preparation charges. Any electronic filing fee. Includes license fee. College Grad and Military Rebates are not included on price/payment offers unless otherwise specified. Offer expires 4/30/18.

2018 HYUNDAI ACCENT

-\$12,777 FRANKS PRICE
-\$2,500 RETAIL BONUS CASH
-\$500 MILITARY INCENTIVE

NET PRICE
\$10,777



All advertised prices exclude government fees and taxes, any finance charges, any dealer document processing charge, any electronic filing charge, and any emission testing charge. \$500 Military Incentive, must be active duty or veteran to qualify. Offer Expires 4/16/18. 1 at this price #020984

2018 HYUNDAI ELANTRA SE

-\$15,777 FRANKS PRICE
-\$2,500 RETAIL BONUS CASH
-\$500 MILITARY INCENTIVE

NET PRICE
\$12,777



All advertised prices exclude government fees and taxes, any finance charges, any dealer document processing charge, any electronic filing charge, and any emission testing charge. \$500 Military Incentive, must be active duty or veteran to qualify. Offer Expires 4/16/18. 2 at this price #319415, #320549

2018 HYUNDAI KONA

-\$18,277 FRANKS PRICE
-\$500 MILITARY INCENTIVE

NET PRICE
\$17,777



All advertised prices exclude government fees and taxes, any finance charges, any dealer document processing charge, any electronic filing charge, and any emission testing charge. \$500 Military Incentive, must be active duty or veteran to qualify. Offer Expires 4/16/18. 2 at this price #067674, #076268

ZERO DOWN

2018 Subaru Impreza 2.0i CVT

Lease for **\$159** PER MONTH PLUS TAX 42 MONTHS*



Shop Now

*1 at this payment, Stk #18940 VIN #J1J16134 Model #J1A 01. \$159 plus tax monthly for 42 months with \$0 due at signing. \$0.15 per mile over 10,000 miles per year. \$80 Dealer document preparation charges, any electronic filing fee. Security deposit not required. On approved above average credit through JP Morgan Chase. Offer expires 4/30/18.

ZERO DOWN

2018 Subaru Legacy 2.5i CVT

Lease for **\$229** PER MONTH PLUS TAX 36 MONTHS*



Shop Now

*1 at this payment, Stk #18158 VIN #J301412 Model #J1B 02. \$229 plus tax monthly for 36 months with \$0 due at signing. \$0.15 per mile over 10,000 miles per year. \$80 Dealer document preparation charges, any electronic filing fee. Security deposit not required. On approved above average credit through JP Morgan Chase. Offer expires 4/30/18.

ZERO DOWN

2018 Subaru Forester 2.5i Premium CVT

Lease for **\$258** PER MONTH PLUS TAX 36 MONTHS*



Shop Now

*1 at this payment, Stk #18603 VIN #JH520932 Model #JFF 13. \$258 plus tax monthly for 36 months with \$0 due at signing. \$0.15 per mile over 10,000 miles per year. \$80 Dealer document preparation charges, any electronic filing fee. Security deposit not required. On approved above average credit through JP Morgan Chase. Offer expires 4/30/18.



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COMPLIMENTARY MAINTENANCE

Purchase or lease any new (previously untitle) Subaru and receive a complimentary factory scheduled maintenance plan for 2 years or 24,000 miles (whichever comes first). See Subaru Added Security Maintenance Plan for intervals, coverages and limitation. Customer must take delivery before 12/31/18 and reside within the promotional area. At participating dealers only. For Southern California residents only. See dealer for program details and eligibility.

Military Special Only

4-WHEEL ALIGNMENT

\$89⁹⁵ + tax

~~WAS \$119⁹⁵~~



- Precision computerized wheel alignment
 - Adjust caster, camber & toe
 - Inspect suspension for wear
 - Center steering wheel • Inspect tires

Toyotas, Hyundais or Subarus only. Most models. Must present coupon. Cannot be combined with any other offer or discount and cannot be applied toward previous purchases. Offer expires 4/30/18.

OIL & FILTER CHANGE

\$29⁹⁵ + tax

~~WAS \$39⁹⁵~~

- Install Genuine Toyota, Hyundai or Subaru oil filter
- Replace engine oil (up to 5 qts conventional oil)
- Top off under the hood fluids
- FREE** Check & set tire pressure to vehicle specifications
- FREE** Multipoint inspection
- FREE** Car Wash
- FREE** Battery Test

Synthetic, V6 & V8 additional. Toyotas, Hyundais or Subarus only. Please present coupon at time of purchase. Cannot be combined with any other offer or discount and cannot be applied toward previous purchases. Please present coupon at time of write-up. Offer expires 4/30/18

FRONT BRAKE SPECIAL

FRONT BRAKE SPECIAL

\$50 OFF

- ✓ Inspect and Resurface Rotors
- ✓ Inspect Brake Hardware
- ✓ Replace Front Brake Pads

Toyota, Hyundai or Subaru only. Most models. Must present coupon. Not valid with any other offer or discount. Valid only at Frank Auto Motors locations. Cannot be combined with any other offer or discount and cannot be applied toward previous purchases. Offer expires 4/30/18

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Any recommended Services or Repairs May not be combined with any other special.

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