

AutoMatters & More

Tesla Model Y SUV & Superpower Dogs
IMAX at The Fleet.

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Base Movie Schedule

Alita: Battle Angel, Happy Death Day 2U,
The Prodigy, How To Train Your Dragon:
The Hidden World.

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What's Going On This Weekend

Lantern Festival, Hot Chocolate 15K & 5K,
Ugly Dog Contest, Free guided hikes around
San Diego County.

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Navy Marine Corps Coast Guard Army Air Force

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FIFTY EIGHTH YEAR NO. 42
THURSDAY, MARCH 21, 2019

CORONADO: Wounded warriors participate in the 2019 Navy sports trials



An aerial view of Offutt Air Force Base and the surrounding areas affected by flood waters March 17. An increase in water levels of surrounding rivers and waterways caused by record-setting snowfall over the winter in addition to a large drop in air pressure caused widespread flooding across the state of Nebraska. Photo by Tech. Sgt. Rachele Blake)

Offutt Air Force Base battling flood waters

OFFUTT AIR FORCE BASE, Neb. - Like large portions of Nebraska, Offutt Air Force Base personnel are battling flood waters which started to creep onto the installation March 15.

An increase in water levels upstream due to a record-setting snowfall this winter, in addition to a huge drop in air pressure earlier in the week, has overwhelmed the southeastern side of the base with water from the Missouri River and Papio Creek.

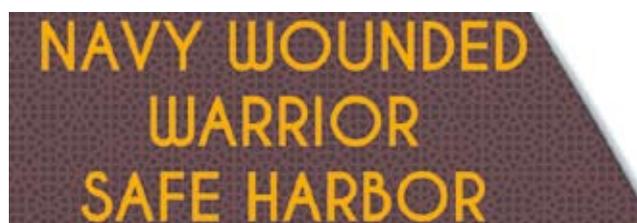
"Team Offutt has done an incredible job working together to battle this historic flood as best we can," said Col. Michael Manion, 55th Wing commander. "We can't thank our on-base mission partners enough for their support through this as well as officials from the City of Bellevue, the city of LaVista, Sarpy County, the state of Nebraska and the Omaha Public Power District."

Base officials evacuated the base lake early Friday and personnel worked around the clock to fortify facilities with more than 235,000 sandbags and 460 flood barriers to minimize damage as much as possible.

All streets south and east of the Offutt Field House are impassible with water reaching approximately 30 buildings including the headquarters facilities of the 55th Wing, 55th Security Forces Squadron, 97th Intelligence Squadron, 343rd Reconnaissance Squadron as well as the Bennie L. Davis maintenance facility among others.

"Our team worked as rapidly as possible to improve water defenses around critical infrastructure," Manion said.

In addition, portions of the flightline are covered with water and multiple aircraft have been evacuated to other locations.



(clockwise, from top) CORONADO (March 17, 2019) - Wounded warriors participate in the 2019 Navy basketball trials. Wounded warriors compete for a spot on Team Navy that will go head-to-head with other military services at the 2019 DoD Warrior Games. Team Navy is comprised of athletes from Navy Wounded Warrior-Safe Harbor, the Navy's sole organization for coordinating the non-medical care of seriously wounded, ill and injured Sailors and Coast Guardsmen, providing resources and support to more than 5,000 wounded warriors and their families. Photo by MC3 Ryan Breeden; participants in the Navy volleyball trials. Photo by MC3 Ryan M. Breeden; and active duty Sailors and veterans congratulate each other after a tennis match during the Navy tennis trials at Naval Air Station North Island March 18. Navy photo by MC1 Arthurgwain L. Marquez

INSIDE

WOMEN'S HISTORY MONTH:



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First female Lt. Gen. in U.S. Armed Forces

Pacific Fleet boss emphasizes readiness for high-end warfighting during visit with San Diego commands

“READINESS IS A TEAM SPORT. HERE IS WHAT I OWE YOU: I OWE YOU THE PEOPLE, THE PARTS, THE TIME, THE SYLLABUS AND THE TRAINERS TO GENERATE READINESS,” SAID ADM. JOHN AQUILINO

SAN DIEGO - Navy leaders up and down the chain of command need to prepare their crews to fight and win in blue-water, fleet-on-fleet combat. That was the message Adm. John C. Aquilino, commander of U.S. Pacific Fleet, delivered during a series of discussions with waterfront leaders in San Diego, March 11-13.

Aquilino, along with U.S. Pacific Fleet Force Master Chief James Honea, visited various commands at the largest fleet concentration area on the West Coast. At Naval Air Station North Island, they led a conversation with leaders from air, surface, subsurface, expeditionary and special warfare communities about the importance of building and sustaining readiness fleetwide.

Aquilino expressed urgency, telling the gathering of commanding officers, executive officers and command master chiefs that he and Honea were there to help drive a shared effort



Adm. John Aquilino, commander of Pacific Fleet, meets with leaders from San Diego-based commands at NAS North Island. Aquilino shared information about Fleetwide efforts to restore unit readiness and sought feedback from unit commanders on those efforts. Navy photo by MC2 Alex Millar

to build winning, high-end war fighting crews with high-end war fighting capability.

“We are in this together,” Aquilino said. “Readiness is a team sport. Here is what I owe you: I owe you the people, the parts,

the time, the syllabus and the trainers to generate readiness. You also have a responsibility. I need you to take those things I give you and turn them into lethal combat power.”

Aquilino acknowledged there

was more work to be done, and asked the diverse group of leaders for feedback on barriers to building and sustaining readiness.

“I won’t assign you missions you’re not ready to go do,” Aquilino said. “This is the leadership across all communities in San Diego. I need to hear from you what’s working and what isn’t.”

Honea challenged the command master chiefs in attendance to align their efforts to their commanding officer’s priorities.

“When we talk about building winning teams, it’s the chiefs’ mess that develops the technical experts that build the readiness,” Honea said. “Those winning teams have confidence in themselves and the faith of their commanding officer that

they will have the weapons they need when they go into those fights.”

At the Naval Surface Force, U.S. Pacific Fleet’s Surface Warfare Commanders Conference, Aquilino repeated the need for high-end war fighting capability. Leaders carried that message into CNSP’s Spring 2019 Commander’s Training Symposium (CTS), which is a forum for commanders and commanding officers to receive updates on fleet-wide initiatives, as well as to ask questions and provide feedback directly to CNSP.

“I’m confident that we will win any fight,” Aquilino told the San Diego-based Navy leaders.

“Let there be no doubt: Each one of our Sailors should know they are part of the best damn Navy in the world.”

10th Mountain Soldier posthumously awarded MOH

WASHINGTON - A 10th Mountain Division squad leader credited with saving the lives of three of his Soldiers by throwing himself atop a suicide bomber in Iraq was posthumously awarded the Medal of Honor, the White House announced.

Staff Sgt. Travis W. Atkins went “above and beyond the call of duty” on June 1, 2007, while his unit - Delta Company, 2nd Battalion, 14th Infantry Regiment, 2nd Brigade Combat Team - conducted route clearance southwest of Baghdad.

During the mission, Atkins, 31, of Bozeman, Montana, heard a report over the radio of suspected insurgents crossing an intersection in the Iraqi town of Abu Samak. When Atkins attempted to search one of the drivers, the man resisted. Atkins then engaged in hand-to-hand combat with the insurgent, who was reaching for an explosive vest under his clothing, according to an award citation.

Atkins then grabbed the suicide bomber from behind with a bear hug and slammed him onto the ground, away from his Soldiers. As he pinned the insurgent to the ground, the bomb detonated.

For his actions, Atkins was initially given the Army’s second-highest award, the Distinguished Service Cross.

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2020 budget focuses on high-end threats, DOD leaders say

by David Vergun

WASHINGTON - The \$718 billion defense budget request for fiscal year 2020 addresses growing threats from Russia and China, the Defense Department's top leaders told Congress March 14.

Acting Defense Secretary Patrick M. Shanahan and Marine Corps Gen. Joe Dunford, the chairman of the Joint Chiefs of Staff, testified on the budget before the Senate Armed Services Committee. They were joined by David L. Norquist, DOD's comptroller and chief financial officer.

"China's defense spending approaches that of the U.S., when we take into account purchasing power and the portion of our budget going to military pay and benefits," Shanahan told the senators. "That, coupled with China's organized approach to steal foreign technology, has allowed China to modernize its missile, space, and cyber capabilities, as well as project power far beyond its borders."

He also noted that Russia "continues to compete asymmetrically with the U.S., modernizing and developing its own missile, space, and cyber capabilities."

Dunford noted that the capabilities developed by China and Russia "limit our ability to operate freely in space, cyberspace, land, sea and air."

"The capabilities we identified in this year's budget are really designed to allow us to project power when and where necessary to advance our interest in the context of that emerging threat from China and Russia," the chairman said.

Shanahan added that besides addressing threats from China and Russia, the budget also was built to deter and defeat terrorists and other regional threats.

Shanahan provided an overview of some of the budget request's provisions that address

the great power competition with Russia and China. Development of hypersonics, missile defense system capability improvements

said. Included are construction of three Virginia-class attack submarines and two Gerald R. Ford-class aircraft carriers.

"The capabilities we identified in this year's budget are really designed to allow us to project power when and where necessary to advance our interest in the context of that emerging threat from China and Russia," the chairman said.

Gen. Joe Dunford

and modernization of the nuclear triad represent significant portions of the budget, he said, adding that the budget includes double-digit increases to investments in both space and cyber, to include establishing the Space Force.

The request would fund the department's largest research, development, testing and evaluation budget in 70 years, Shanahan said, noting that it includes research for disruptive technologies, which he called important game-changers.

This is also the largest shipbuilding request in 20 years, he

This is a "requirement-informed budget" needed to support the 2018 National Defense Strategy, Shanahan said. As such, he told the Senate panel, trade-offs were required. For example, he said, retiring the aircraft carrier USS Harry S. Truman is one of the strategic choices made in formulating this year's budget request. "It was a very difficult decision for us," he added.

The Truman decision was made in concert with the Navy's request to buy two new aircraft carriers, the acting defense secretary said. That decision will grow employment in the ship-

Ensuring our competitive advantage to compete, deter, and win in an era of great power competition.



DoD courtesy graphic

yards and the supply chain and will increase lethality, he told the senators. The purchase of the new carriers saved \$4 billion, Shanahan said, and the decision not to refuel the Truman, but to retire it early instead, saved \$3.4 billion.

The other services also made painful tradeoffs, Shanahan said, noting that the Army cut or reduced spending for about 100 programs to fund its six modernization priorities: long-range precision fires, next-generation combat vehicles, future vertical-lift aircraft, network improvements, air and missile defense, and soldier lethality.

Norquist told the panel that in

addition to having a budget that supports the National Defense Strategy, reform efforts also are important to the Defense Department. The recently completed first departmentwide audit "was not a paperwork exercise," he said.

Tangible benefits resulted, Norquist said. Some organizations learned of erroneous data on items they thought they had or didn't have in their inventory and ins the labeling of some items on a scale from usable to unusable, he said.

The audit resulted in cost savings and greater readiness, and the department looks for-

ward to future audits, along with improvements in its own internal processes, Norquist added.

Click on <https://www.defense.gov/explore/story/Article/1782973/2020-defense-budget-request-focuses-on-great-power-competition/> for full coverage of the DoD budget request.

RELATED VIDEOS: DOD Leaders Testify on Budget Posture for Fiscal Year 2020; <https://www.defense.gov/Watch/Video/videoid/665409/> and <https://www.defense.gov/Watch/Video/videoid/665412/>.

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Shanahan, French counterpart discuss Syria, Iraq during Pentagon meeting

by Jim Garamone

WASHINGTON - Acting Defense Secretary Patrick M. Shanahan welcomed French Armed Forces Minister Florence Parly to the Pentagon March 18 for talks centering on activities in the Middle East.

The minister received a 19-gun salute upon her arrival at the building's River Entrance, and the Marine Band played both nations' national anthems.

In their meeting, Shanahan said, he and Parly would discuss their common efforts in Iraq and in Syria. France has been supporting efforts "indirectly in Syria and directly in Iraq," he said.

"I do have some further comments on Syria: We're working closely with the Turks. They are a strategic partner. More importantly, we are on plan for a drawdown in Syria. We are in close coordination with our [Defeat-ISIS] coalition partners on the real details of the plan."

The secretary said he is ready to answer questions that France has about the progress in the region and what the American actions will be there moving forward.

Shanahan has met with Parly on other occasions since becoming acting secretary in January, with meetings at NATO headquarters in Brussels and at the Munich Security Conference in February. Shanahan said he has

been looking forward to the opportunity to have more in-depth discussions with the French.

France is the United States' oldest ally - without French help in the American Revolution, the 13 colonies could still be part of the United Kingdom. Shanahan said France is America's "partner of choice," and he noted that French and American service members serve together every day in many climes and places

throughout the world.

French leadership is essential in many areas of the globe, including the Middle East, the Indo-Pacific region, Africa and, of course, Europe. Shanahan praised France's efforts to deter Russian aggression. "We are staunch partners in countering violent extremism in all corners of the globe," he said at the start of the meeting between the defense leaders.

Marine Corps enhances forensics capability to make gathering data simple

by Kaitlin Kelly

MCB QUANTICO, Va. - The Marine Corps is enhancing an existing forensics exploitation capability used to differentiate between friend or foe on the battlefield.

The Corps is updating the Expeditionary Forensics Exploitation Capability, or EFEC, with newer IT technology. The EFEC is a portable forensic laboratory

used by law enforcement battalions to recognize, collect, analyze, preserve and store data.

The EFEC was fielded in 2013. Since then, the Identity Operations Team at Marine Corps Systems Command has decided to update the some of the system's IT equipment.

"We're making the IT equipment more adaptable for today," said Sarah Swift, Identity Operations Team lead. "We're moving at the speed of relevance."

Maj. David Bain, EFEC project officer, believes employing more up-to-date equipment can benefit Marines on the battlefield. "We want to improve the lethality of Marines in the battlespace by collecting and sharing data faster than we were previously able to," he said.

The EFEC is organic to the Marine Air-Ground Task Force and capable of exploiting forensic material to support forensically enabled intelligence. This includes device and digital

media analysis, latent and patent print, DNA, and the collection and identification of other elements that can be forensically tied to activities.

The Identity Operations Team is working to integrate the EFEC with other intelligence systems to give Marines the ability to gain insight and information of immediate tactical value on the battlefield. "EFEC complements and integrates with the other Identity Operations capabilities, such as Identity Dominance System-Marine Corps and the Marine Corps Intelligence Agency Identity Intelligence Analytical Cell, or MCIA I2AC," said Swift.

The MCIA I2AC reviews the IDS-MC and EFEC user's submissions and other collected data to provide direct support to the submitting Marines. The I2AC rapidly produces analysis reports and related products for persons of interest and shares this information, with the collected data, throughout the Defense Forensics and Biometrics Enterprise.

U.S.-Korean navies work together during SALVEX Korea 2019

SINGAPORE - Navy divers assigned to Mobile Diving and Salvage Unit (MDSU) 1 and Republic of Korea (ROK) Navy diving and salvage experts began Salvage Exercise (SALVEX) Korea 2019.

The bilateral exchange is focused on combined diving and salvage operations and subject matter expert exchanges. In addition, divers from both navies participated in full-mission profile salvage operations, including the use of side-scan sonar and remote operated vehicles.

"Exchanges like this one are extremely valuable to both navies in terms of our ability to operate together," said Master Chief Joshua Dumke, Master Diver for Commander, Task Force 73, and lead SALVEX planner. "Becoming more familiar with each other's equipment and capabilities makes it much easier for us to work together if a real-world operation were to happen."



Fire aboard Devastator; No injuries

NSA BAHRAIN - A fire broke out aboard mine countermeasures ship USS *Devastator* (MCM 6) while the ship was pier-side at Naval Support Activity (NSA) Bahrain March 14.

There were no personnel injuries. The extent of the damage is being assessed, and the cause of the fire is under investigation.

Sailors aboard *Devastator*, USS *Sentry* (MCM 3), USS *Gladiator* (MCM 11), USS *Dextrous* (MCM 13), and USS *Whirlwind* (PC 11), as well as the NSA Bahrain Fire Department, responded to the fire. The ship declared the fire out at approximately 9 p.m. local, and Sailors continued to cool hot spots to prevent a reflash.

Devastator is one of 21 forward-deployed ships to the 5th Fleet.

Future destroyer named in honor of Navy Medal of Honor recipient

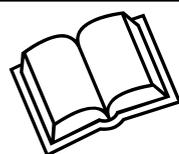
WASHINGTON - Secretary of the Navy Richard V. Spencer has named a future Arleigh Burke-class guided-missile destroyer, DDG 130, in honor of Medal of Honor recipient, Hospital Corpsman Master Chief William Charette.

Charette, a native of Ludington, Mich., joined the Navy in 1951 and served in the Korean War in the Fleet Marine Force as a hospital corpsman attached to Company F, Third Platoon, 2nd Battalion, 7th Marine Regiment, 1st Marine Division.

"The actions of Hospital Corpsman William Charette will neither be forgotten or diminished," Spencer said. "Charette put himself at extreme risk during intense combat to render aid to Marines in need. His efforts saved lives and I'm honored that his legacy will live on in the future USS William Charette (DDG 130)."

Charette was presented the Medal of Honor for his actions on March 27, 1953.

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Social Security Matters

by Russell Gloor

Ask Rusty - Using Health Savings Account funds while on Medicare

Dear Rusty: My understanding is that once I'm on Medicare the HSA can't be used. I have prescriptions that cost more with the Medicare Insurance than paying cash, so why can't I use the HSA to pay for these types of prescriptions and for DME with prescriptions? Signed: Wanting to Know

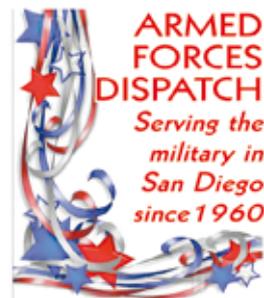


Dear Wanting: The "HSA" (Health Savings Account) is an excellent vehicle to save money tax-free to use for paying medical expenses not covered by other types of healthcare insurance, but the rules surrounding HSAs are often confusing. To be eligible for an HSA, your main

healthcare coverage must be (or have been) a high-deductible plan which exposes you to significant healthcare expenses you must pay "out of pocket." While you are working the HSA provides a savings account that you (and your employer) can contribute pre-tax dollars to, up to certain annual limits (\$3,500 if you're single and \$7,000 for a family in 2019). The money contributed reduces your taxable income and thus your tax burden, and money withdrawn from your HSA account to pay medical expenses is not considered taxable income. Certainly, a win-win situation, but there are some restrictions that you need to be aware of: First, you and your employer must stop making HSA contributions 6 months prior to your date of application for Medicare Part A (hospitalization coverage). Enrollment in Part A is automatic if you are 65 when you apply for Social Security, because you cannot receive Social Security benefits without taking Part A if you are 65. Any HSA contributions made after the cut-off may be subject to tax penalties and they will not be considered pre-tax contributions (this applies to contributions from both you and your employer). But although you can no longer contribute to your HSA 6 months before applying for Part A, you can still use the money which has accumulated in your HSA to pay medical expenses for you and your spouse after you have enrolled in Medicare. A medicine or drug is a qualified medical expense for HSA purposes only if the medicine or drug requires a prescription or is available without a prescription (an over-the-counter medicine or drug) and you get a prescription for it or is insulin.

If you have prescriptions or expenses for durable medical equipment (DME), the cost associated with the purchase or rental of DME which is prescribed by a medical practitioner to alleviate or treat a specific medical condition is a qualified HSA expense. If it costs less to pay cash, you can use the accumulated funds in your HSA account to pay those expenses, rather than using Medicare or a Medicare Advantage plan. And as an extra bonus, you can even get reimbursed for your Medicare Part B (and D) premiums using funds which accumulated in your HSA account while you were working and contributing to it.

Russell Gloor is a certified Social Security advisor with the Association of Mature American Citizens. This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity. To submit a question, visit our website at (amacfoundation.org/programs/social-security-advisory).



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First female Lt. Gen. in U.S. Armed Forces

by Keith Hayes

MARINE CORPS LOGISTICS BASE BARSTOW, Calif. - The U.S. military has always been fertile soil for firsts throughout our nation's history, and the promotion of Carol A. Mutter to become the nation's first female lieutenant general serves as a perfect case in point for Women's History Month.

Women have served in the military from the earliest years of our representative republic.

Deborah Sampson (Gannett) served covertly when she disguised herself as a man under the assumed name of Robert Shurtleff, to join the Continental Army and fight in the Revolutionary War in 1782.

Sampson went so far as to cut a musket ball out of her own thigh to prevent a battlefield surgeon from discovering her true gender. She was honorably discharged as a private in 1793.

Women gained the opportunity to serve openly in World War 1 when Congress opened the military to women in 1914. It took more than two centuries between the time Sampson first shouldered a musket to the time when women served as general (flag rank) officers in the American military. Mutter achieved one-star brigadier general rank in 1991.

Three years later Mutter became the first woman in the history of America's military to achieve two-star major general rank in 1994, and two years after that in 1996 she became the first woman to become a three-star lieutenant general in any American military branch.

Born in 1945 in Greeley, Colo., Mutter graduated in 1967 from officer candidate school

at the University of Northern Colorado as a second lieutenant in the Marine Corps.

Mutter had a number of firsts during her 32-year career in the Corps:

- First woman to qualify as Command Center Crew Commander/Space Director at U.S. Space Command.

- First woman of flag rank (general officer rank) to command a major deployable tactical command.

- First woman Marine major general, and senior woman in all the services at that time.

- First woman nominated by a U.S. president (Bill Clinton) for three-star rank.

- First female lieutenant general in the Armed Forces.

During a 2014 interview for the documentary *Unsung Heroes: The Story of America's Female Patriots*, Mutter explains why she joined the Marine Corps



Lt. Gen. Carol A. Mutter was the first woman in the U.S. military to achieve the rank of three star general. photo by Keith Hayes

during the early years of the Vietnam War.

"Because they're the best, there's no doubt about that," she said. "... when I joined, (the Corps) was only one percent female and there were no women in the deployed forces at all. So,

as long as the women were back in the rear doing the jobs that the men didn't want to do, there was not much of a problem."

The general has been recognized as a trailblazer by several different organizations. Among them is the National Women's Hall of Fame which inducted the general in 2017.

Mutter retired from the Corps in 1999 and lives with her husband at their home in Lookout Mountain, Tenn.

Information for this article is drawn from several different sources including: • <https://www.womenhistory.org/education-resources/biographies/deborah-sampson>; • <http://www.wic.org/bio/cmutter.htm>; • <http://unsungheroeseducation.com/Carol-Mutter.html>; • <https://valor.militarytimes.com/hero/44930>; and • <https://womenmarines.wordpress.com/tag/carol-mutter/>.

New exhibit at The Veterans Museum at Balboa Park

The newest exhibit at The Veterans Museum at Balboa Park, "Veterans Who Became President," is the first new exhibit to open in four years, and displays a complete chart of the U.S. Presidents who had creditable military service before becoming president.

Five Presidents whose military service was of significant or unique character: George Washington, Harry S. Truman, Dwight D. Eisenhower, John F. Kennedy, and George H. W. Bush, are profiled in some detail of how their war-time service influenced them during their term in office. Photographs and artifacts will be added, on loan, from Presidential Libraries.

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Fleet Logistics Center renovates Joint Personal Property Shipping Office

SAN DIEGO - Navy Supply Systems Command (NAVSUP) Fleet Logistics Center (FLC) San Diego employees are working hard from a new workplace this month, following a complete renovation of the command's Joint Personal Property Shipping Office (JPPSO) aboard Naval Base San Diego.

The Building 3376 renovations were completed as a result of a joint effort between NAVSUP FLC San Diego and Naval Facilities Engineering Command (NAVFAC) Southwest (SW). In addition to a full remodel and modernization of the facility, the command's active duty and civil service employees will also enjoy new equipment and technology upgrades to better and more efficiently enable them to support the fleet as it moves across the globe.

"One of the important things this command does is safeguard the property of America's warfighting team and ensure that we do all we can to make difficult transitions for them as easy as possible with regard to their household goods and personal belongings," said Lt. Cmdr. Shanna Gainer. - by Candice Villarreal

Civil service employee accepted into Naval Postgraduate School

SAN DIEGO - A NAVSUP Fleet Logistics Center (FLC) San Diego employee has been accepted into the prestigious Naval Postgraduate School (NPS), where she will pursue a master's degree beginning March 25.

Management Analyst Jennie Sargent of the command's Business Department was selected for the NPS Executive Master of Business Administration Program following her application to the institution in November of 2018.

"I'm really fortunate to have been selected for such a rare opportunity to continue my education while working for the Navy," said Sargent. "I've always wanted to go back and get my master's, so when applications for the program were advertised in a workforce email, it seemed like an awesome opportunity. I couldn't pass it up."

The two-year program will be completed fully online, with the exception of a weeklong in-person attendance requirement each year. The online flexibility, Sargent said, will allow her to meet her academic goals concurrently while working in her current capacity and raising her children.

"I know this is a very competitive process and the class size is very small, so I am very excited and very happy to have been given this opportunity," said Sargent. "Our command leadership offered its full support and endorsement as part of my application package, so I feel very lucky to work somewhere where someone's personal development is important to more than just the individual employee." - by Candice Villarreal

BHR earns Golden Anchor Award

SAN DIEGO - Amphibious assault ship USS *Bonhomme Richard* (LHD 6) earned the fiscal year 2018 Retention Excellence Award (REA) for demonstrating superior accomplishment in executing programs and policies which best enable Sailors to succeed in their careers.

The REA is a reward for outstanding retention of Sailors. The command is put through an inspection called the Command Information Program Review (CIPR). CIPR looks at all command programs that can affect retention and evaluates if certain benchmarks were met, including command career counselor programs, career development boards, reenlistment percentages and attrition percentages.

"For our first term Sailors, the *Bonhomme Richard* might be the only thing they know about the Navy other than boot camp and A-school," said Senior Chief Navy Counselor Troy Beard, *Bonhomme Richard's* career counselor. "Our enlistment percentages show that our command is doing something right. We're able to maintain 75 percent of our Zone-A Sailors."

A "Zone-A Sailor" is a Sailor that has been in the Navy for less than six years. In order to qualify for the REA, a command must achieve 35 percent reenlistment; *Bonhomme Richard* achieved 75 percent. - by MCSN Zachary Bender

America's first underway in 356 Days

Amphibious assault ship USS *America* (LHA 6) recently completed a brief underway off the coast of Southern California.

The underway served as the capstone event to the ship's most recent planned maintenance availability (PMA) ahead of schedule during her first underway training/certification visit conducted by Engineering Assessments Pacific (EAP) and Afloat Training Group San Diego (ATG SD). The MOB-E certification ensures Sailors have the necessary skills to operate the engineering plant and respond to potential shipboard casualties.

Pacific Blitz



Builder Constructionman Terrill Johnson, from Sacramento, Calif., assigned to Construction Battalion Maintenance Unit (CBMU) 303, directs Sailors assigned to Expeditionary Medical Force Alpha and CBMU-303 in the placement of the exoskeleton of the emergency medical facility being built as part of Exercise Pacific Blitz 2019 (PacBlitz19) on Camp Pendleton. CBMU-303 provides camp construction and base operating support for Navy Expeditionary Force higher headquarters and expeditionary medical facilities, and provides embarkation support to Naval Construction Force movement control centers. PacBlitz19 provides relevant training that replicates a realistic maritime threat environment designed to improve naval amphibious core competencies necessary for effective, global crisis response expected of the Navy and Marine Corps. Navy photo by MC3 Jack D. Aistrup

NECC digs into Exercise Pacific Blitz 2019

CAMP PENDLETON - Navy Expeditionary Combat Command (NECC) forces began participation in the joint Exercise Pacific Blitz 2019 (PacBlitz19), March 12.

PacBlitz19 is an opportunity for U.S. forces to increase maritime readiness to be prepared for real-world crisis situations. The exercise provides realistic, relevant training necessary for effective global crisis response expected of the Navy and Marine Corps.

The Navy expeditionary forces (NEF) of NECC support the Marine Expeditionary Forces and the fleet by establishing theater logistics through the development of advanced naval bases (ANB). These forces are uniquely capable of coming from the sea, and operating effectively in underdeveloped conditions ashore.

During PacBlitz19, the NEF are distributed throughout installations in and off the coast of Southern California, to include Port Hueneme, Naval Air Station Point Mugu, Vandenberg Air Force Base, and Camp Pendleton.

During the exercise, NECC forces are divided into two task elements; the first task element

is led by a Naval Mobile Construction Battalion (NMCB) 5 detachment and provides direct support to 1st Marine Logistics Group in a simulated ANB on Naval Air Station Point Mugu and Port Hueneme.

Task element one is composed of Underwater Construction Team 2, Construction Battalion Maintenance Unit 303 (CBMU-303), U.S. Coast Guard Port Security Unit 312, and an Explosive Ordnance Disposal Mobile Unit 11 platoon.

Task element two is led by Coastal Riverine Group 1 (CRG-1) and provides direct support to 1st Marine Logistics Group in a simulated ANB here. It is composed of Coastal Riverine Squadrons 1, 3 and 11, NMCB-5, CBMU-303 and Navy Cargo Handling Battalion 1.

"Planning over the phone with Construction Battalion Mobile Unit 303 and Coastal Riverine Group 1, and then getting out here and seeing their full capability, is definitely opening my eyes to the fact that NECC has a few more toys than what the Marine Corps has," said 1st Lt. Joshua C. Geidel, Combat Logistics Regiment 1, Combat Operations Center

watch officer. "Their mission set is definitely applicable for this type of environment and will be relied upon as we continue to go forward."

Setup for the exercise in Camp Pendleton was not without difficulty as rain showers combined with overly saturated ground proved difficult for heavy equipment and machinery to traverse.

"When we come out and do exercises like this, we don't always know what to expect when we hit the ground, so one thing I'm very impressed with about my Sailors is their level of ingenuity and flexibility when they're faced with different problems," said Chief Engineering Aide Zachary A. Cunningham, CBMU-303 officer in charge.

"They start thinking outside the box and find a way to get the job done," he said.

PacBlitz19 is comprised of Sailors, Marines and Coastguardsmen who come together as a team to complete the mission.

"We've got a lot of different rates and a lot of different ideas but we all have the same goal," said CBMU-303 Builder 2nd

Class Ian R. Masters. "We're integrating our standard operating procedures and building that cohesion for NECC."

Masters also added that training in adversity will prepare them for working in any conditions as the adverse weather has forced the different commands to overcome unexpected obstacles just as they might find in a real warfighting environment.

"I think this is a great opportunity because it'll be more of a learning exercise than it is an exercise of things we know how to do," said Geidel.

"There are definitely going to be mistakes," said Geidel, "but any steps backward will ultimately advance us forward in concept development."

The NEF will be conducting field training exercises which include military base construction and maintenance, expeditionary medical facility construction and maintenance, port security, expeditionary rapid airfield damage repair, port damage assessment and repair, support to undersea warfare, and expeditionary ordnance reload.

"We have a mission laid out in front of us and we exhaust all efforts in getting that done," said Cunningham. "Seabees have a motto and that's 'can do,' so we don't say we 'can't' do anything."

The exercise will conclude March 26.



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PACIFIC OCEAN (March 15, 2019) - Lt. Cmdr. Sabrina Cummings, assigned to amphibious assault ship **USS Boxer**, looks through binoculars on the bridge. **Boxer** is at sea conducting routine operations.

Navy photo by MC3 Justin Whitley



CAMPENDLETON (March 13, 2019) - Marines with 1st Light Armored Reconnaissance Battalion, 1st Marine Division, run toward dodge balls during **Warrior Day** here. **Warrior Day** is an opportunity for the battalion to build camaraderie between companies by competing in various events. Marine Corps photo by Lance Cpl. Ana S. Madrigal



SAN DIEGO (March 15, 2019) - Sailors assigned to amphibious assault ship **USS Makin Island** stand in formation during a change-of-command ceremony as Capt. Dave Oden (inset, left) relieves Capt. Christopher Westphal as **Makin Island's** new skipper. Navy photo by Seaman Apprentice Ethan Jaymes Morrow

Students motivated to pursue careers in STEM at FIRST Robotics competition

by Elisha Gamboa

SAN DIEGO - Throughout March, Space and Naval Warfare Systems Command leaders are engaging with students to encourage the pursuit of degrees and careers in science, technology, engineering and mathemat-

ics (STEM) at two back-to-back regional For Inspiration and Recognition of Science and Technology (FIRST) robotics tournaments at the Del Mar Fair Grounds.

Employees from SPAWAR

its Naval Information Warfare Center Pacific mentored and coached 13 high school robotics teams who competed at the Del Mar Regional FIRST Robotics Tournament, March 1-3, and the San Diego Regional FIRST Robotics Tournament recently.

Now in its 30th year, the FIRST Robotics Competition (FRC) is an international high school robotics competition where teams of high school students, coaches and mentors work together during a six-week period to build game-playing robots that are designed to complete a number of tasks against a field of competitors.

"SPAWAR works alongside organizations like FIRST to educate and motivate students from a young age to actively participate in STEM related fields," said SPAWAR Commander Rear Adm. Christian Becker.

"Interacting with the students, mentors and coaches at the San Diego Regional FIRST Robotics Competition I witnessed firsthand the impact we are making in developing the future of our economic and national security via these talented and diverse young people."

During the competition Becker and SPAWAR Chief Engineer Rear Adm. Ronald Fritzemeier personally interacted with a number of competing robotics teams to learn about their experience with FIRST, hear about their involvement in the competition, and speak to them about their future in STEM.

"I know from personal experience as a FIRST Robotics student, to now a FIRST Robotics coach and SPAWAR employee, that students who participate in FIRST Robotics gain enthusiasm for and experience in engineering that most would not receive until they enter the workforce after college," said Garrison Price, a NIWC Pacific engineer who participated in the events.

FIRST Robotics Tournament, SPAWAR mentored 3 out of 34 competing teams. While at the San Diego Regional FIRST Robotics Tournament, SPAWAR mentored 10 out of 47 competing teams.

"With such a high demand from teams to compete in the San Diego Regional FIRST Robotics Tournaments, our region recently expanded to a second tournament model to foster an increased interest in STEM," explained Brian Williams, SPAWAR/NIWC Pacific STEM Robotics Outreach Coordinator.

SPAWAR, NIWC Pacific and NIWC Atlantic employees have the opportunity to coach and mentor FIRST teams in their local areas.

With the support from the Department of Defense, SPAWAR has engaged more than 100 teams in the past 10 years.

In celebration of the 50th anniversary of landing on the moon, this year's robotics challenge was titled "Destination: Deep Space." The competition combines the excitement of sport with the rigors of science and technology.

Under strict rules, limited resources and time limits, teams of students are challenged to raise funds, design a team brand, hone teamwork skills, and build and program robots to perform prescribed tasks during competitions.

This year at the San Diego Regional, several SPAWAR mentored teams were recognized with awards including:

Spyder (FRC#1622) (who will also advance to the World Championship in Houston).

2. Regional Engineering Inspiration Award - W.A.R. Lords (FRC #2485)

3. Innovation in Control - Hot Spot Robotics (FRC #2853)

4. Quality Award - Aluminum Narwhals (FRC #3128)

5. Gracious Professionalism Award - The Hammer Heads (FRC #1572)

Additionally, Del Mar Regional award winners included:

1. Safety Award - Titanbot (FRC #2543)

2. Imagery Award - Patribot (FRC #4738)

Founded in 1989, FIRST is an international youth organization that operates the FIRST Robotics Competition, FIRST LEGO League, FIRST Lego League Jr., and FIRST Tech Challenge competitions.

SPAWAR identifies, develops, delivers and sustains information warfighting capabilities supporting naval, joint, coalition and other national missions.

SPAWAR and its Naval Information Warfare Centers (NIWC) consist of more than 10,000 active duty military and civil service professionals located around the world and close to the fleet to keep SPAWAR at the forefront of research, engineering and acquisition to provide and sustain information warfare capabilities to the fleet.

Wanda Curtis, SPAWAR/NIWC STEM Robotics Coordinator, contributed to this article.

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Tesla Model Y SUV & Superpower Dogs IMAX at The Fleet



by Jan Wagner

Tesla's Model Y Mid-Size SUV

This is the all-electric Tesla model that many of us have been waiting for so long.

At first there will be three Tesla Model Ys, with expected deliveries beginning in 2020: Long Range rear-wheel drive (300 miles range) and dual motor, plus Performance. Maximum cargo volume is 66 cu. ft. Production of the Standard Range version (230 miles range) "is expected in early 2021."

Model Y's styling is quite derivative of its Model 3 predecessor, which unfortunately dates it well before it will become available. This is likely due to the commonality of many of its parts with the Model 3. However, that should make it more profitable and thus more affordable, so I'll give Tesla



Tesla Model Y

a passing grade on its styling.

You can visit Tesla's website now to pre-order, by placing a refundable \$2,500 deposit (<https://www.tesla.com/modely/design#battery>). Prices for the long range versions start at \$47,000 (before estimated savings. Free supercharging is no longer being offered.

As with all Tesla autos, prices will be many thousands of dollars higher if popular options are added. For example, this Tesla, like others, only comes standard with a black exterior and interior. All other exterior colors are extra-cost options, from \$1,500 - \$2,500 extra. A white interior will add \$1,000 more, plus \$3,000 for 7-passenger seating (versus 5-passenger).

Autopilot "enables your car to

steer, accelerate and brake automatically for other vehicles and pedestrians within its lane. Add \$3000 for that. For Full Self-Driving Capability, add another \$5,000. Currently this will not make the vehicle autonomous. "The currently enabled features require active driver supervision."

The driving range of even the rear-wheel-drive Long Range Model Y is disappointing. As an SUV, one might reasonably expect that the Model Y has more room for batteries than the Model 3, and might therefore have an even greater driving range, but its maximum range of 300 miles is less than that of the Model 3 by 25 miles.

Tesla's long-term viability as a reliable auto manufacturer is of

concern. It has missed estimated delivery dates, suffered near-the-brink financial issues (according to Elon Musk himself), has had quality control and high-volume production problems (resulting in Tesla creating an additional Model 3 production line in a gigantic tent!) and, most recently, shuttered storefronts in a switch to online sales before quickly reversing course, and reducing and then quickly raising prices – a move that left Tesla owners perplexed.

Expect to see more electric vehicle choices, as well as plug-in hybrids, from mainstream automakers and others by the time deliveries of the Tesla Model Y SUV begin. Considering its price, will the Tesla Model Y be competitive? Only time will tell.

For more information, visit: <https://www.tesla.com/modely>.

Superpower Dogs in IMAX at The Fleet Science Center

This is an IMAX movie for everyone, but especially for those of us who love man's best friend.

As you will see, "Superpower Dogs" do indeed have incredible superpowers, but not those that are typically associated with

cape-wearing superheroes. The superpowers of these amazing dogs include bravery in the face of danger, exceptional intelligence and skills, empathy and incredible perception.

With the help of his companion and trainer, we witness Halo's progression from playful pup to candidate for membership in one of the most elite Disaster response teams in America.

Henry's specialty is avalanche rescue in the snowbound Canadian Rockies.

Reef is a large Newfoundland, working with the Italian coast-guard. His ability to swim while towing heavy weights makes him an invaluable asset to his team.

Tipper and Tony are Bloodhounds, each with an incredible sense of smell. They help their human team members track down poachers of endangered animal species in Africa. These dogs are

treated like the heroes they are by their local communities.

Ricochet is a San Diego, California dog, perhaps best known for his surfing abilities. However, as incredible as that is, it is not his most incredible superpower. Ricochet is perceptive. He can walk into a group of people and go right to a person who is especially in need of his compassion.

"Superpower Dogs" is playing now at The Fleet Science Center in Balboa Park. For showtimes, visit The Fleet at <https://www.rhfleet.org/shows/superpower-dogs>, and the film's website at <https://superpowerdogs.com>.

To see additional photos, visit www.drivetribe.com, click on the magnifying glass, select "POSTS" and enter "AutoMatters & More #582" in their search bar. Please send your comments to AutoMatters@gmail.com. Copyright © 2019 by Jan Wagner – AutoMatters & More #582

The Meat & Potatoes of Life



by Lisa Smith Molinari

Admissions scam aside, kids should feel good enough

Not to mention the staggering cost of college in the 21st Century, which has nearly quadrupled since the 1980s. And then, there's the application process, which is now like entering a College Admissions Thunderdome. Every applicant for themselves, in a cut throat, competitive rat race. Feather-weight kids are thrown into the ring, wide-eyed and naïve. Their parents act as cornermen, urging them to fight and applying adrenaline to stop the bleeding.

Rather than allow their high school students to shoot hoops with friends after school, parents sign them up for admissions test prep courses starting in 10th grade. Piles of thick test prep books adorn students' bedroom floors. The least expensive online courses cost several hundred dollars, but many parents shell out big bucks for one-on-one tutoring to the tune of hundreds of dollars per hour.

Kids are told that they won't stand a chance if their college applications don't show evidence of leadership, advanced academics and community service, so they found obscure clubs, suffer through AP courses, and stage lame fundraisers.

If their kids have the slightest glimmer of athletic ability, parents sign them up for teams, camps, lessons, tournaments and showcases, in hopes that

college coaches will take notice. They dip into their thinning wallets to pay sports video companies to create recruitment films of their kids running on soccer fields and returning groundstrokes to jazzy music.

College interviews are scheduled, and parents help prepare their kids in the car on the way, firing questions at them and zhuzhing their hair.

Students begin writing college essays a year in advance. Original drafts are funneled through teachers, tutors, parents, and counselors who offer "editing advice." The end product is unrecognizable, but everyone hopes the essay is improved enough to get the student into college, or earn him the Pulitzer Prize.

Applications are sent in, but that's only Round One. Blood, sweat, and tears are shed as parents and students brace themselves for the painful uppercuts of rejection. Having been through the College Application Thunderdome with my own children, I fully understand the agony of waiting for that final bell to ring. Hoping you did all you could. Hoping your kid will get what they want.

And as if this hellish process wasn't competitive enough, we find out that some wealthy parents have been using bribery to get their kids accepted.

While the rest of us are feeling guilty that we helped our kids change a few words in their college essays, rich lawyers, wealthy CEOs, hollywood actresses, famous fashion designers, and other elites are paying upwards of one million dollars to bribe college coaches and admissions test proctors to cheat the system.

But the real losers in this process aren't kids who got rejected from their favorite schools or necessarily the scammers facing 20 years in prison, it's any parent - criminal or not - who makes their kid feel not good enough to get into college on his own merit.

That's the real sucker punch.

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RENTALS CONDOS

CORONADO - 3BR/2.5BA, Attached garage + off st prkg. Nr school, 2 fplc's, w/d hkup, central heat, No pets. \$3,800 Nick 619-302-8974. 3/21

RENTALS HOUSES

CHULA VISTA-4BR/1.5BA. Fresh reno, w/d, huge patio, lots of closets/storage, ceil fans, priv prkg, min to base. \$2595. 858-344-5632. 4/4

NORTHSANTEE - 4BR/2BA, 1520sf, 2-car gar, A/C, fenced yard, w/d, dw, huge kitch. \$2,800. 10% off rent for Military. 619-208-2228. 3/21

RENTALS HOUSES

NEAR QUALCOMM-Huge 3000sf 5BR/3BA. Fncd yrd, 2 car gar, fplc, w/d hkup. Nr shopping/schools. Huge family & dining rooms. 858-484-5131 or 858-705-0762. 4/4

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CLAIREMONT/MIRAMAR - BR/w/priv. BA in 1900 sqft Hm. \$675 near frwy. Util. & wi-fi Incl. Very quiet, Military welcome. 858-565-0069. 3/21

IMPERIAL BEACH STUDIO - Rm for rent Own BA. \$690. Free cable. Clse to beach and bases. Female pref. 619-271-7731. avail 4/1. 4/4

PARADISE VALLEY - Military pref. Cable, microwave, fridge & Utilities included, \$650 Monthly. Clean & Quiet. 619-709-7389. 3/21

SANTEE-1BR/share BA. \$800mo. Very clean & quiet home. Female pref. Util incl. Safe neighborhood. 619-277-8935 Leave message. 3/21

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www.recoveryinternational.org

Autism Care Today for Military Families 5K/10K Run/Walk & Family Festival

Join us for the 9th Annual ACT Today! for Military Families 5k/10k Run/Walk and Family Festival on Sat., April 20 from 6:30-11am. Features 5k, 10k and 1-mile courses and a festival with live music, 30+ vendor booths (including an autism resource fair), beer and wine garden, kids' zone and more. Entry includes a t-shirt, finisher medal and two complimentary drinks in our beer and wine garden for those 21+!

The race starts at Tecolote Shores Park and goes out to and around Fiesta Island. It's flat, fast, safe and beautiful! The event draws 1,500 attendees annually from across Southern California and has raised over \$800,000 providing much needed funding for military children with autism. Tecolote Shores Park, 1300 E. Mission Bay Dr. https://www.raceentry.com/9th-annual-onehope-autism-care-today-for-military-families-5k10k-runwalk-and-family-festival/race-information

SD Botanic Garden offers 'Mosaic Birdhouse' class

Mosaic Birdhouse. Decorate a cute wooden birdhouse for your garden using a variety of outdoor paint colors. Then, put the finishing touches on your birdhouse by embellishing it with glass tiles, beads and gem marbles. Thursday, March 28, 10am-2pm. San Diego Botanic Garden. 230 Quail Gardens Drive. SDBG Members \$35, non-members \$42. Plus an \$25 per student materials fee paid directly to instructor on day of class. Info: http://www.sdbgarden.org/classes.htm

Armed Services YMCA wants you!

Operation Hero After-School Program Operation Hero now offers-daily after-school care for children in grades Kindergarten-6th! The Armed Services YMCA will provide transportation from Miller, Hancock and Angier Elementary schools immediately after dismissal to our facility on Santo Road for programming. Activities include, homework/ academic support, STEM, Arts & Crafts, and sports.

Neighborhood Exchange Food Distribution Thurs, March 28, 10amnoon at 3293 Santo Rd, San Diego, CA 92124. The Armed Services YMCA San Diego welcomes eligible military families to stock their cupboards with free, healthy and nutritious food once per month. Through our partnership with the San Diego Food Bank, we invite residents of 92123 or 92124 zip codes who meet federal income qualifications to gather in the park at our location on Santo Road. Join us each month to take home fresh produce, canned goods and other necessities for your family to enjoy. DO YOU QUALIFY? You must live in the 92123 or 92124 zip code and meet the Food Bank Income Guidelines:

HOUSEHOLD SIZE	MONTHLY INCOME
2	\$2,002.50
3	\$2,520.00
4	\$3,037.50
5	\$3,555.00

		1			
		7		8	
4	2	3			
	9	6		8	5 2
3			2	9	
	5	7		3	4 9
					7 4 6
			3	7	2
					9

MOVIES at the Bases

Lowry Theater - NASNI,
 619-545-8479, Bldg. 650

Thursday, March 21
 Noon: Navy's Got Talent Prep**
 LIVE Show Saturday, 6 pm
 Friday, March 22
 Noon: Navy's Got Talent Auditions, LIVE Show Sat., 6 pm
 Saturday, March 23
 6pm Navy's Got Talent LIVE Show
 Sunday, March 24
 12pm How To Train Your Dragon: The Hidden World (HW)
 2pm The LEGO Movie 2: 2nd
 4pm Alita: Battle Angel
 6:20pm Train Your Dragon: HW
 Monday, March 25
 5:50pm How To Train Your Dragon: The Hidden World
 7:50pm Happy Death Day 2U
 Tuesday, March 26
 5:50pm Alita: Battle Angel
 8:10pm Miss Bala
 Wednesday, March 27
 5:50pm How To Train Your Dragon: The Hidden World
 7:50pm Happy Death Day 2U
 Thursday, March 28
 5:50pm Alita: Battle Angel
 8:10pm The Prodigy

NAB Theater - NAB, Q-Zone
 619-437-5487, Bldg. 337

Thursday, March 21
 11am A Bug's Life
 5pm Bohemian Rhapsody
 Friday, March 22
 5pm Spider-Man: Spider-Verse
 Saturday, March 23
 2pm Holmes & Watson
 5pm Green Book
 Sunday, March 24
 5pm Unbreakable
 Monday, March 25
 5pm Trading Places
 Tuesday, March 26
 11am Cars
 5pm Creed II
 Wednesday, March 27
 5pm The Girl In The Spider Web:
 A New Dragon Tattoo Story
 Thursday, March 28
 11am Cars 2
 5pm Fantastic Beasts: The Crimes of Grindelwald

Bob Hope Theater 577-4143
 Miramar Bldg 2242
 * indicates last showing

Thursday, March 21
 6:30pm Kid Who Would Be King
 Friday, March 22
 6:30pm Happy Death Day 2U
 9pm What Men Want
 Saturday, March 23, 2019
 3pm LEGO Movie 2: 2nd Part
 6:30pm How To Train Your Dragon: The Hidden World
 9pm Alita: Battle Angel
 Sunday, March 24, 2019
 1pm The LEGO Movie 2: The Second Part (3-D)
 6:30pm Isn't It Romantic
 Wednesday, March 27
 6:30pm Miss Bala
 Thursday, March 28
 6:30pm LEGO Movie 2: 2nd Part

Community Rec Center
 - NBPL, Main Base,
 619-553-9138, Bldg. 546

Thursday, March 21
 5pm Ferdinand
 Friday, March 22
 5pm Downsizing
 Saturday, March 23
 5pm Lady Bird
 Sunday, March 24
 5pm The Shape of Water
 Thursday, March 28
 5pm Paddington 2

Naval Base Theater - NBSO,
 619-556-5568, Bldg. 71

Thursday, March 21
 5:50pm Alita: Battle Angel
 8:20pm Miss Bala
 Friday, March 22
 5:50pm How To Train Your Dragon: The Hidden World
 8:10pm Happy Death Day 2U
 Saturday, March 23
 12:40pm How To Train Your Dragon: The Hidden World
 3pm Alita: Battle Angel
 5:50pm How To Train Your Dragon: The Hidden World (3D)
 8:20pm Alita: Battle Angel
 Sunday, March 24
 12:50pm How To Train Your Dragon: The Hidden World
 3:30pm Alita: Battle Angel (3D)
 6pm Happy Death Day 2U
 Monday, March 25
 5:50pm How To Train Your Dragon: The Hidden World
 8pm Happy Death Day 2U
 Tuesday, March 26
 5:50pm The Prodigy
 8pm Miss Bala
 Wednesday, March 27
 5:50pm Isn't It Romantic
 7:50pm What Men Want

Pendleton Movie Theatre

Building 1330 Vandegrift Blvd (760) 725-9217
 Active Duty adults \$7/3D-\$9
 Kids (6-12) \$3/3D-\$4
 \$5/under free/3D \$1 for glasses
 Half price Thursdays admission and \$1 regular popcorn!

Movies/times subject to change
 Thursday, March 21
 1/2 price admission
 6:30pm What Men Want
 Friday, March 22
 6pm Alita: Battle Angel
 9pm Isn't It Romantic
 Saturday, March 23
 1pm The LEGO Movie 2: The Second Part
 4pm Isn't It Romantic
 6:30pm Alita: Battle Angel
 Sunday, March 24
 1pm *SENSORY FRIENDLY* The LEGO Movie 2: The Second Part
 4pm Alita: Battle Angel
 7pm The Prodigy

2	2	6	4	9	5	8	1	7
5	8	1	2	7	3	6	4	9
6	9	1	7	4	8	2	5	3
8	6	4	9	3	1	7	7	2
1	7	9	6	5	2	5	8	3
3	2	3	7	5	7	4	9	6
4	2	6	8	1	6	3	3	4
8	7	1	4	3	8	2	8	9
3	5	9	2	4	3	6	7	8

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Around Town

Mexico vs Chile. Fri, Mar 22. Tix start \$39. Come see the Mexican National Team play Chile. SDCCU Stadium, 9449 Friars Rd, Mission Valley. www.mextour.org/events/mextour-sandiego

Bankers Hill Arts & Craft Beer Festival, Fri, March 22, 6-9pm. \$25-\$35. Takes place on two levels of The Abbey on Fifth Ave, a historic 10,000 square foot venue, this 21+ event draws hundreds of attendees, showcases San Diego breweries, Bankers Hill restaurants, pop-up galleries from local artists. The Abbey, 2825 5th Ave, San Diego. <https://bankershill.ticketleap.com/acbf2019/>

LA Lakers vs. Brooklyn Nets at Staples Center, Fri, Mar 22, 7:30pm. Watch on Spectrum Sportsnet. www.nba.com/lakers

Orchid Treasures Show & Sale. Fri-Sun, March 22-24. Fri 3-7; Sat 9-6; Sun 10-4. Free-\$12. SD County Orchid Society hosts world class displays, speakers, and award-winning growers. Enjoy hundreds of plants and connect with top California and International vendors. Scottish Rite Center, 1895 Camino del Rio South, Mission Valley.

Cherry Blossom Festival (Sakura Matsuri). Fri-Sun, Mar 22-24, 10am-6pm. \$12. 14th annual Cherry Blossom Festival! Enjoy the Japanese custom of hanami - appreciating the beauty of cherry blossom flowers. Food vendors, cultural performances, demos, family friendly activities! Japanese Friendship Garden of San Diego, 2215 Pan American Way E, Balboa Park. 619-232-7221. www.niwa.org/cbf19/

Light the Water Lantern Festival, Sat, March 23, 4-8pm. \$13-\$25. Good food, lively entertainment, and beautiful spectacle of twinkling lights with your family/friends. Don't miss the 1000 Lights Lantern Festival. Santee Lakes Recreation Preserve, 9310 Fanita Pkwy, Santee. 619-596-3141. <https://www.1000lights.com/santee>

Something Wild! Sat, March 23, 1-3pm. Free for Museum Members or with general admission. See wild animals up close and if you're lucky you may get to touch some of them. Two, 30-minute demos

at 1 & 2pm. San Diego Museum of Man, 1350 El Prado, Balboa Park. <https://www.museumofman.org>

SD Gulls vs. Ontario Reign at Pechanga Arena San Diego, Sat, Mar 23, 7pm. www.sandiegogulls.com

Free Interior Tours of Villa Montezuma, Sat, March 23, 9am-12:30pm. Free. Free tours of the 1887 Villa Montezuma Museum. Guided tours every half hour. Villa Montezuma Museum, 1925 K Street, San Diego (Sherman Heights).

Fire Followers Hike, Sat, March 23, 9am-noon. Free. Hikers are invited to the trails of Clevenger Canyon South with botanical expert John Messina. Search for seldom-seen "fire follower" wildflowers. All ages welcome with waiver. Limited to 25 participants. Parking available at trailhead. Clevenger Canyon South. 18259-18313 San Pasqual Valley Rd. (SR-78) Ramona. Contact: jonathan@sdrcv.org Clevenger Canyon North Preserve, 18379-18499 San Pasqual Valley Rd, Ramona.

Interpretive Nature Hike, Sat, March 23, 9-11am. Free. Otay Valley Regional Park. Interpretive, family friendly 2.25 mile nature hike led by naturalists along the Otay River flat, riparian terrain right at the height of spring. Please wear protective clothing, close-toed shoes, and bring water. Meet at: 27th Street Staging Area (Closest intersection: 27th Stand Faivre St) Chula Vista. Otay Valley Regional Park Ranger Station, 2155 Beyler Blvd, Chula Vista.

Grunion Runs, Sat, March 23, 11pm-1am. Join aquarium naturalists to see hundreds of small silver fish called Grunion ride the waves onto La Jolla beaches to spawn. Learn about the fascinating lives of these mysterious fish, hatch Grunion eggs before your eyes, and then head to the beach to observe Grunion in the wild. Prepare for cool, wet conditions and bring a flashlight. Minors must attend with a paid adult, for ages 6+. Birch Aquarium at Scripps, 2300 Expedition Way, La Jolla.

Rain Made Them Happier! Sat, March 23, 8:30-10am. Free. Trees

are happier this year because of the rain. Pleasant walk led by a MTRP trained Trail Guide. Meet at Kumeyaay Lake Campground flagpoles at the campground entry station. Kumeyaay Lake Campground, Two Father Junipero Serra Trail, Santee.

Western Surfing Association Championship Tour Event at Oceanside Harbor South Jetty. Sat-Sun, March 23-24. surfswa.org

Green Plants & Birds Soaring. Sat-Sun, March 23-24, Wed, March 27, 9:30-11am. Free. Trail Guide led walk at Mission Trails Regional Park. Meet inside the Visitor Center. Mission Trails Regional Park, One Father Junipero Serra Trail, San Carlos.

San Diego Latino Film Festival at AMC Fashion Valley. Thru Sat, Mar 24. www.sdlatinofilm.com

Ugly Dog Contest, Sun, March 24, 10am-2:30pm. \$5-\$500. 24th Annual Ugly Dog contest benefits Helen Woodward Animal Center. Ten categories plus bonus category. Family friendly fun day with your dogs. Prize baskets awarded to 1st-3rd place winners in each category. Del Mar Fairgrounds, 2260 Jimmy Durante Blvd, Del Mar.

Open House, Sun, March 24, 11am-2pm. Free. Approx 1 mile from La Honda entry is the Historic Daley Ranch House. 2nd Sunday of every month, Ranch House is open to public with Ranger Staff and Docents providing info into the history of the ranch. Steady rain cancels. Daley Ranch, 3024 La Honda Drive, Escondido.

Family Discovery Walk, Sun, March 24, 3-4:30pm. Free. Bring the family. Perhaps you will see a cottontail rabbit as you walk along the trail with trained MTRP Trail Guides. Meet inside Visitor Center. Mission Trails Regional Park, One Father Junipero Serra Trail, San Carlos.

Hot Chocolate 15K & 5K at Tailgate Parking Lot near Petco Park. Sun, Mar 24. www.hotchocolate15k.com/sandiego

LA Lakers vs. Sacramento Kings at Staples Center, Sun, Mar 24, 6:30pm. Watch on Spectrum Sportsnet. www.nba.com/lakers

Fun with MWR

The Navy's 33rd Bay Bridge Run/Walk Sun, May 19, 8am. Participate in the Navy's 33rd Bay Bridge Run/Walk. Your only chance to walk across the Coronado Bridge! Register at www.navybaybridgerun.com.

Navy's Got Talent Show Fri, March 22, Auditions Noon-8pm. Sat, March 23, LIVE Show 6-9pm. Variety of categories; 2 divisions: adult (18 yrs+) and child (17/under) at NavBase Coronado's competition. Register early for space in Friday auditions. Cash prize for 1-2-3 place adult division; prizes for child divisions in Saturday's LIVE show. Sound check attendance req. for show participation. NASNI, Lowry Theater, Bldg. 650. Register: www.navylifsw.com/sdcr, Info: 619-437-3190

Farm Day. Sat, March 23, 2-4pm, Free. Farm animals visit Admiral Baker! Get up close and personal, and see which animals like to be petted the most. Admiral Baker Picnic Grounds. Presented by Edens Realty Team. Register: navylifsw.com/sdcr, Info: 619-556-9597

Wild Willow Farm Visit Sun, March 24, 10am-Noon, \$12. Get up-close and personal tour of working farm, right here in San Diego! Tour includes a walk through a sensory garden, visit to the goats and chickens, exploration of the compost pile, and a stroll through the end product...vegetable beds and orchard. Meet at 2225 Hollister St, San Diego. Register: www.navylifsw.com/sdcr, Info: 619-556-9597

Academy of Circus Arts Sun, March 24, 1-3pm, \$22.50 (8 yrs.+)
Try out your circus skills in handstands, ball balancing, aerial, juggling, unicycle, and more with trained staff! Adults and children welcome to see what the circus has to offer. Meet at 1279 Weaver St, San Diego, 92114. Register: www.navylifsw.com/sdcr, Info: 619-437-3190

Black Canyon Canoe Trip Thur-Sun, March 28-31, 1pm, \$90 MWR patron/\$80 Liberty (18 yrs.+)
The Colorado River has much beauty to explore and experience: hot springs, gorgeous canyon walls and those majestic waters (perfect for paddling). This trip includes transportation, seven meals, and camping/paddling equipment. Must register by March 22. NBPL, Main Base, Community Recreation Center, Bldg. 546. Register: www.navylifsw.com/sdcr, Info: 619-553-9138

Comedy Night Friday, March 29, 7pm (Doors open at 6:30pm), FREE (18 yrs.+)
Laugh the night away with top local talent from the SD/LA Comedy Circuit. Add an appetizer bar for only \$10 to make the show complete. Beverages also available for purchase at no-host bar. Ensure yourself a seat, register online, print your ticket and pre-purchased appetizer voucher! NASNI, Sea 'N Air 19th Hole Clubhouse.

Register: www.navylifsw.com/sdcr, Info: 619-437-3190

Woof Walk Sat, March 30, 9-11am, FREE. Join MWR's walk on base that's going to the dogs! It's fun for the whole family. You choose the course length to walk, 1 or 2 miles! Admiral Prout Picnic Grounds, NBSD, Bldg. 3417. Register today! Info: 619-556-9509

Belmont Park Experience Fri, April 5, 10:15am, \$28. Meet at Belmont Park 3146 Mission Blvd, SD. Enjoy an exclusive behind the scenes visit to Belmont Park! Learn how the rides are designed, maintained, and operated before riding them yourself. This amazing offer includes an unlimited ride pass, pizza meal, and Dole whip dessert. Meet at Belmont Park 3146 Mission Blvd, San Diego. Register: www.navylifsw.com/sdcr, Info: 619-556-9597

Seussville by the Sea Sat, April 6, 12-4pm, FREE. Family fun and then some - for all ages! Enjoy an afternoon of crafts, games, face painting, bounce houses and a petting zoo! NBPL, Main Base, Smuggler's Cove Park. Info: 619-553-9138

Cuyamaca Camping Trip Sat, April 6, 3pm-Sun, April 7, 10am, \$30

adults/\$25 kids (3-12 yrs.) Meet at the campground for fun night of camping. We provide your tent, sleeping bag, dinner, dessert and breakfast! Meet at Paso Picacho Campground, 13652 CA-79, Julian. Register: www.navylifsw.com/sdcr, Info: 619-556-9597

Joshua Tree Climbing and Camping Fri-Sun, April 12-14, 4pm, \$135 MWR patron/\$125 Liberty (18 yrs.+)
GWonderful weekend of camping & climbing in Joshua Tree National Park. Cost includes transportation, 4 meals, camping gear, climbing guides. Departs from NBPL, Main Base, Community Recreation Center, Bldg. 546. Register: www.navylifsw.com/sdcr, Info: 619-553-9138

Book Now for Easter & Mother's Day Brunches Leave the cooking to us! Easter Brunch ~ Sunday, April 21. Mother's Day Brunch ~ Sunday, May 12. \$35 pp (per event). Call for your reservation today! We offer 3 beautiful and convenient locations: • Admiral Baker Rivers Edge, Mission Gorge, 619-487-0016. • Island Club, Naval Air Station North Island, 619-545-9199. • Admiral Kidd Catering & Conference Center, Naval Base Point Loma, Harbor Drive Annex, 619-524-6287

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Lease for **\$219** PER MONTH PLUS TAX 36 MONTHS 4 Cyl Automatic



*1 at this payment. Stk#: 56114 VIN#: KY505347, Model#: 1852. Net capitalized cost \$18,165.54. \$219 plus tax monthly for 36 months with \$3,250 due at lease signing. Includes \$1000 Toyota Factory Lease Subventions Cash. Security deposit not required. On approved above average credit through Toyota Financial Services. \$0.15 per mile over 12K miles annually and \$85 dealer document preparation charges. Any electronic filing fee. Includes license fee. College Grad and Military Rebates are not included on price/payment offers unless otherwise specified. Offer expires 3/31/19.

2019 Toyota Camry LE
Lease for **\$278** PER MONTH PLUS TAX 36 MONTHS 4 Cyl Automatic



*1 at this payment. Stk#: 56164, VIN#: KU193980 Model#: 2532. Net capitalized cost \$23,685.96. \$278 plus tax monthly for 36 months with \$3,250 due at lease signing. Includes \$250 Toyota Factory Lease Subventions Cash. On approved above average credit through Toyota Financial Services. \$0.15 per mile over 12K miles annually and \$85 dealer document preparation charges. Any electronic filing fee. Includes license fee. College Grad and Military Rebates are not included on price/payment offers unless otherwise specified. Offer expires 3/31/19.

2019 Tacoma Doublecab SR5
V6 Automatic Lease for **\$314** PER MONTH PLUS TAX 36 MONTHS



*1 at this payment. Stk#: 56530 VIN#: KM092437, Model#: 7146. Net capitalized cost \$31,061.06. \$314 plus tax monthly for 36 months with \$3,250 due at lease signing. Includes \$1000 Toyota Factory Lease Subventions Cash. Security deposit not required. On approved above average credit through Toyota Financial Services. \$0.15 per mile over 12K miles annually and \$85 dealer document preparation charges. Any electronic filing fee. Includes license fee. College Grad and Military Rebates are not included on price/payment offers unless otherwise specified. Offer expires 3/31/19.

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www.frankhyundai.com

2019 HYUNDAI ELANTRA SE
NET PRICE **\$12,777**
-\$750 EVENT CASH
-\$1,500 RETAIL BONUS CASH
-\$500 MILITARY INCENTIVE
-\$500 HMF BONUS CASH



All advertised prices exclude government fees and taxes, any finance charges, any dealer document processing charge, any electronic filing charge, and any emission testing charge. \$500 Military Incentive, must be active duty or veteran to qualify. Offer expires 3/25/19. 2 at this price #451131, #451586

2019 HYUNDAI KONA SEL
\$197 PER MONTH PLUS TAX



*\$197 per month for 36 months with \$0 Due at Signing. Plus government fees and taxes, any finance charges, any dealer document processing charge, any electronic filing charge, and any emission testing charge \$0.15 per mile over 10,000 miles per year. Security Deposit Not Required. Subject to Above Average Credit by Hyundai Finance. Offer expires 3/25/19. 3 at this price #206191, 200618, 200595.

2019 HYUNDAI SONATA
NET PRICE **\$16,777**
\$23,310 FRANK'S PRICE
-\$4,033 FRANK'S DISCOUNT
-\$2,000 RETAIL BONUS CASH
-\$500 HMF BONUS CASH
-\$500 MILITARY INCENTIVE



All advertised prices exclude government fees and taxes, any finance charges, any dealer document processing charge, any electronic filing charge, and any emission testing charge. \$500 Military Incentive, must be active duty or veteran to qualify. Offer expires 3/25/19. 1 at this price #746806.

FRANK SUBARU

2829 NATIONAL CITY BLVD.
888.207.1891
www.franksubaru.com

2019 SUBARU OUTBACK
LEASE FOR **\$249** PER MONTH PLUS TAX 36 MONTHS



ZERO DOWN!

*1 at this payment, STK# 20647, VIN# K3276942 Model# KDB 01. \$249 plus tax monthly for 36 months with \$0 Due at Signing. \$0.15 per mile over 10,000 miles per year. \$85 Dealer Document Preparation Charges, any Electronic Filing Fee. Security Deposit Not Required. On Approved Above Average Credit through JP Morgan Chase. Offer Expires 3/31/19.

2019 SUBARU CROSSTREK
LEASE FOR **\$279** PER MONTH PLUS TAX 36 MONTHS



ZERO DOWN!

*1 at this payment, STK# 20571 VIN# K8263983 Model# KRB 03. \$279 plus tax monthly for 36 months with \$0 Due at Signing. \$0.15 per mile over 10,000 miles per year. \$85 Dealer Document Preparation Charges, any Electronic Filing Fee. Security Deposit Not Required. On Approved Above Average Credit through JP Morgan Chase. Offer Expires 3/31/19.

2019 SUBARU ASCENT
PREMIUM 7-PASSENGER
LEASE FOR **\$399** PER MONTH PLUS TAX 36 MONTHS



ZERO DOWN!

*1 at this payment, STK# 20461 VIN# K3437276, Model# KCB 12. \$399 plus tax monthly for 36 months with \$0 Due at Signing. \$0.15 per mile over 10,000 miles per year. \$85 Dealer Document Preparation Charges, any Electronic Filing Fee. Security Deposit Not Required. On Approved Above Average Credit through JP Morgan Chase. Offer Expires 3/31/19.

4-WHEEL ALIGNMENT

\$89⁹⁵ + tax



~~WAS \$119⁹⁵~~

- Precision computerized wheel alignment
- Adjust caster, camber & toe
- Inspect suspension for wear
- Center steering wheel • Inspect tires

Toyota, Hyundai, or Subaru only. Most models. Must present coupon. Cannot be combined with any other offer or discount and cannot be applied toward previous purchases. Offer expires 3/31/19.

ATTENTION: ACTIVE DUTY, RETIRED & DEPENDENTS

Frank Motors is now hiring part-time & full time employees. Apply on-line www.FrankToyota.com

Military Special Only

OIL & FILTER CHANGE

\$29⁹⁵ + tax

~~WAS \$39⁹⁵~~

- Install Genuine Toyota, Hyundai or Subaru oil filter
- Replace engine oil (up to 5 qts conventional oil)
- Top off under the hood fluids
- **FREE** Check & set tire pressure to vehicle specifications
- **FREE** Multipoint inspection
- **FREE** Car Wash
- **FREE** Battery Test

Synthetic, V6 & V8 additional. Toyota, Hyundai, or Subaru only. Please present coupon at time of purchase. Cannot be combined with any other offer or discount and cannot be applied toward previous purchases. Please present coupon at time of write up. Offer expires 3/31/19.

FRONT BRAKE SPECIAL

FRONT BRAKE SPECIAL
\$50^{OFF}

- ✓ Inspect and Resurface Rotors
- ✓ Inspect Brake Hardware
- ✓ Replace Front Brake Pads

Toyota, Hyundai, or Subaru only. Most models. Must present coupon. Not valid with any other offer or discount. Valid only at Frank Auto Motors locations. Cannot be combined with any other offer or discount and cannot be applied toward previous purchases. Offer expires 3/31/19.

Plus **10% OFF**

Any recommended Services or Repairs. May not be combined with any other special.

WE HONOR OUR MILITARY!!