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SOUTH KOREA-BASED SOLDIER IS FIRST U.S. SERVICE MEMBER TO TEST POSITIVE FOR CORONAVIRUS

by Kim Gamel and Yoo Kyong Change, Stars and Stripes

SEOUL, South Korea - An American Soldier tested positive for the new coronavirus, the military said Feb. 26 as it tightened restrictions aimed at keeping the pneumonia-like illness off base.

The 23-year-old Soldier, stationed at Camp Carroll, is the first U.S. service member infected with COVID-19, which has spread globally with alarming alacrity since it first appeared in China in December.

The widow of a military retiree who had base access also was reported to be infected earlier this week in the nearby city of Daegu, which is at the epicenter of the recent outbreak.

The two cases underscored the growing threat that has forced the military to increasingly focus attention and resources on fighting the virus.

"We're in this for the long haul, and it's going to take everyone's patience and cooperation," Col. Michael Tremblay, the garrison commander at Camp Humphreys, said amid frustration over long delays at access gates.

Several service members and others were quarantined at Humphreys and the garrison in Daegu



A 2nd Infantry Division Soldier checks for a temperature as dozens of vehicles line up to enter the Dongchang-ri gate at Camp Humphreys, South Korea Feb. 26. Photo by Matthew Keeler

as a protective measure.

South Korea has the largest number of confirmed cases outside China, with the number soaring past 1,200 and 12 deaths reported as of Feb. 26, according to the Korea Centers for Disease Control and Prevention.

Twenty South Korean service members also have been infected, the defense ministry said.

Most of the infections have been in the southeastern part of

the country as the outbreak is believed to have begun with an infected woman who attended services at a church run by a secretive religious movement.

The KCDC said 24 novel coronavirus patients had fully recovered and been released.

The American Soldier who was infected was transferred in an ambulance to an isolation unit on Camp Humphreys, the main U.S. base on the divided peninsula.

"We are doing a very thorough trace history on this service member," said Col. Edward Ballanco, the Army garrison commander for the affected area. "We're going to know everywhere this service member and his family has been over the last week."

Meanwhile, long lines formed at access gates at other bases across the nation after USFK raised the threat level to high, began health screening measures and reduced the number of entry points.

Morning commuters waited as long as five hours Wednesday at the Camp Humphreys gates, where Soldiers wearing gloves and filtering face masks asked drivers about possible exposure to the virus and took temperatures.

Some gates that had been closed reopened on a limited basis Feb. 27 to facilitate traffic, Tremblay said in an update on Facebook.

Yongsan Garrison in Seoul

also limited access to installations in the capital and near the border with North Korea to "mission-required visitors."

The infected Soldier is stationed at Camp Carroll, in the southeastern part of the country. The infected Soldier also visited Camp Walker in Daegu.

Ballanco urged the 9,000-strong military community in Daegu and surrounding areas to remain calm.

see **COVID-19, page 8**

DOD releases military spouse licensure report

The Department of Defense delivered to Congress the "Military Spouse Licensure: State Best Practices and Strategies for Achieving Reciprocity" report Feb. 18. The report covers license reciprocity for military spouses, illustrated through state best practices, along with a way ahead for states to achieve improvements. It also provides criteria DOD has developed to assess the states' licensing practices. "The department is committed to improving license portability for military spouses," said Matthew Donovan, performing the duties of the Under Secretary of Defense for Personnel and Readiness. "Secretary Esper has established military spouse employment as a key aspect of supporting military families, and the secretaries of the Military Departments have also expressed the importance of military spouse licensure by making it part of the consideration for future mission basing." Military spouses face a 24 percent unemployment rate, much higher than the general population. The high rate of unemployment is driven in large part by the mobile military life. Many military spouses who move interstate face new licensure requirements for their profession. From 2011 to 2016, the department worked with all 50 states to enhance common methods used by licensing boards to expedite the acceptance of a spouse's license from another state. While there have been successes in some form of relief, there are still improvements to be made.

February 29, 2020 is leap day: Why this happens every four years

The short explanation for why we need leap years is that our calendar needs to stay aligned with the astronomical seasons.

A "leap day" is the extra day in the leap year: February 29. Its added to the calendar to help synchronize it with Earth's orbit around the sun and the actual passing of the seasons. Why do we need them? Well, Earth's orbit around the sun, takes approximately 365.25 days. It's that .25

that creates the need for a leap year every four years.

During common years (non leap years), the calendar doesn't take into account the extra quarter of a day actually required by Earth to complete a single orbit around the sun. In essence, the calendar year, which is a human creation, is faster than the actual solar year, or year as defined by our planet's motion through space.

Without leap days, the calen-

dar would be off by 5 hours, 48 minutes, and 45 seconds more each year.

After 100 years, the seasons would be off by 25 days. Eventually, the months we call February and March would feel like summer months in the Northern Hemisphere.

A "leapling" is a person born on a leap day.

Leap Year Facts & Folklore

• Long ago, Leap Day was

known as 'Ladies Day' or 'Ladies' Privilege,' and it was the one day when women were free to propose to men. Today, Sadie Hawkins Day sometimes applies to Feb 29 (leap day), based on this older tradition.

• According to folklore, in a leap year, the weather always changes on Friday.

• Many feel that to be born on Leap Day, thereby becoming a "leapling," is a sign of good luck.

• In some cultures, it is considered bad luck to get married during a leap year.

Leap Year History

Leap days were first added to the Julian Calendar in 46 B.C. by Julius Caesar at the advice of Sosigenes, an Alexandrian astronomer.

In 1582, Pope Gregory XIII revised the Julian calendar by creating the Gregorian calendar with the assistance of Christopher

Clavius, a German mathematician and astronomer. The Gregorian calendar further stated that leap days should not be added in years ending in "00" unless that year is also divisible by 400. This additional correction was added to stabilize the calendar over a period of thousands of years and was necessary because solar years are actually slightly less than 365.25 days. In fact, a solar year occurs over a period of 365.2422 days.



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Navy's 7th Fleet to screen all personnel boarding ships amid coronavirus threat

by Caitlin Doornbos

Stars and Stripes

YOKOSUKA NAVAL BASE, Japan (Feb. 24, 2020) - The 7th Fleet has begun screening all personnel accessing its warships and aircraft as the new coronavirus continues to spread across parts of Asia, Navy officials said Feb. 24.

The new screening requirements apply to crew, visitors, civilians, contractors and others entering 7th Fleet "units and platforms" throughout its area of responsibility, 7th Fleet spokesman Lt. Joe Keiley said in an e-mail Monday evening.

"At this time, there are no indications that any U.S. 7th Fleet personnel have been affected by [the coronavirus]" he added.

Word of the checks came the same day that U.S. Forces Korea announced that a 61-year-old female dependent living in Daegu, South Korea, had tested positive for the virus, which is also known as COVID-19. The command also temporarily closed Defense Department schools and

imposed travel restrictions.

The 7th Fleet's checks will include questionnaires and self-reporting opportunities, as well as other medical screening, Stars and Stripes learned Monday. Officials have also made plans to provide supportive care and isolation if warranted, and ship commanding officers can implement additional screenings after the initial assessments if deemed necessary.

The U.S. Embassy in Japan raised the travel risk in the country to Level 2 - "exercise increased caution" - over the weekend. As of Feb. 23, there were 132 confirmed cases of the virus in Japan, according to the World Health Organization. Symptoms include cough, sneezing and shortness of breath.

The Yokosuka-based 7th Fleet's area of operations spans 124 million square miles from the International Date Line to the India-Pakistan border and from the Kuril Islands to the Antarctic. The four countries with most coronavirus cases - China, South



Sailors man the rails of aircraft carrier **USS Ronald Reagan**. Navy photo by Peter Burghart

Korea, Japan and Singapore - all fall within the 7th Fleet's area of responsibility.

"We will continue to mitigate the risk to force while continuing to support the mission in support of our operational strategy and in accordance with Centers for Disease Control, World Health Organization, and Navy Bureau of Medicine and Surgery guidance," Keiley said.

At nearby Camp Zama, the Army is monitoring the situation and "looking at our force health

protection measures," U.S. Army Japan spokesman Maj. Elias Chelala said Feb. 24.

The U.S. Army Japan commander hosted a town hall Feb. 26 at the Camp Zama Community Club "to discuss housing and health concerns," he added.

"We are also currently providing increased information to our community related to travel restrictions, the [U.S. Forces Japan] force health protection order and COVID-19 prevention," Chelala said.

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- ✓ Muslim-American advocates protest upcoming Army War College speaker
- ✓ Fort Gordon Soldier charged in slaying of Georgia university student
- ✓ Army's \$7 billion wish list would boost multidomain units and wartime funding
- ✓ Leaders are confident they'll hit a recruiting goal that doesn't actually exist yet
- ✓ Army seeks hundreds more homes for troops at Hohenfels

Navy

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- ✓ Navy has new rules for foreigners seeking to enter bases
- ✓ Austal launches future expeditionary fast transport
- ✓ Historic warship heads to Florida museum
- ✓ Military's 'war for talent' is affecting what the Navy's future ships will look like
- ✓ The Navy has installed the first drone-stopping laser on a destroyer
- ✓ Navy \$40 billion savings effort linked to force structure assessment

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- ✓ Streamlining of special warfare recruiting, basic training
- ✓ Academy to commission Space Force officers
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- ✓ Air Force wants to retire aging aircraft. It will have to get past Congress first

Marine Corps

- ✓ Okinawa Marine saves drowning pregnant woman by fighting up to 10-foot swells for nearly 1 hour
- ✓ Marines to review proposed 1-year maternity leave policy for new moms

Military leaders discuss hypersonics, supply chain vulnerabilities

by David Vergun,
DOD News

The nation's top military leaders today discussed challenges to getting hypersonic weapons from blueprint to production during a question-and-answer session at a Washington think tank.

Secretary of the Army Ryan D. McCarthy said hypersonic weapons - which can travel at five times the speed of sound - are a growing national security threat. To mitigate that threat, the Defense Department will need a low-earth orbit satellite architecture, much wider arrays and the ability to queue targets very quickly, along with a joint command and control system, said McCarthy.

McCarthy, Acting Secretary of the Navy Thomas B. Modly, and Secretary of the Air Force Barbara M. Barrett spoke at the Center for Strategic and International Studies.

Hypersonic weapons

McCarthy said hypersonic weapons are of joint interest to each of the military services. He said the secretaries meet regularly to discuss how they can be employed and how they can be financed, and they share information, including test data.

"How they're used and employed by the services will be very different because the means are different," McCarthy said, adding that there should be enough similarities that there will be some cost savings.

Barrett said hypersonics are a joint effort. "If we did it separately, there would be duplications and inefficiencies that we couldn't afford," she said.

Modly said moving hypersonics from design and testing to production is a big leap. "We're going to have to send some strong signals to industry that that's the direction we're headed. ... We're trying to send those signals," Modly said.

Supply chain vulnerabilities

Modly said supply chain vulnerabilities are a big concern. "It's not so much the top tier suppliers, but it's the second and third tier suppliers that have a lot of vulnerabilities that we've discovered," he said.

Adequate information technology security is a big investment for small companies to make, Modly said.

"We need to work with them and the primes [contractors] to

come up with a better way to protect information," he said. "Our adversaries are coming at us through that channel. And, they're able to fish their way right up through that channel. It erodes our competitive advantage."

The Navy did a study on this about a year ago and implemented a lot of changes to address this, Modly added.

McCarthy also discussed another concern about the supply chain: the origin of components used in weapons systems and how they could compromise those systems. He said an example is semiconductors.

"We really don't make those in America anymore, and they're in everything," he said.

The DOD needs to find a way to help protect that and other U.S. markets, he said. DOD needs to know where those components are made and who's making them.

He added that the problem goes back decades.

Barrett said the Air Force is facing the same supply chain vulnerabilities as the Army and Navy.

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Women in more job fields, added maternity leave on top Marine's priority list

by Immanuel Johnson
Stars and Stripes

Furthering gender integration in job fields previously closed to women, expanding maternity leave and raising the intellectual bar for infantry troops are among the Marine Corps' priorities, the service's top officer said.

In a series of posts on Twitter last week, Commandant Gen. David Berger highlighted his "most important matters," which also include barring officer and enlisted applicants with a prior conviction for gender-based violence and domestic violence.

It's unclear why he chose to highlight the ban on applicants with gender-based or domestic violence convictions, which was the first of the measures he mentioned. His spokesman did not immediately respond to an inquiry seeking clarification.

The service already prohibits those convicted of sex-related crimes or domestic violence from serving, and such disquali-

fications can't be waived, said Gunnery Sgt. Justin Kronenberg, a spokesman for Marine Corps Recruiting Command.

Berger's tweets aimed at rectifying gender-related issues within the service, which has the smallest percentage of women in its ranks and has long faced criticism for its gender-segregated basic training and resistance to integrating women into combat roles.

Berger called for a review to determine the feasibility of women in the reserves returning to active duty in units and jobs that were previously gender-restricted.

The service's leaders should also seek out active duty women in company-grade officer ranks to volunteer for the Infantry Officer Course and serve in infantry battalions, he said.

The commandant's plans are an attempt to put female Marines in leadership positions, Sgt. Callahan Brown, of the III MEF, said Feb. 24.

There are few women in infantry battalions, said Brown, a female Marine who was part of an integrated ground combat element from October 2014 to July 2015.

"A steady stream of additional women in the job fields will ensure prosperity for the future women and men entering the

Marine Corps," Brown said.

The commandant also ordered a study of the effects of extending the current 12 weeks of maternity leave to 12 months, which former Navy Secretary Ray Mabus told Military.com last week was a good way to recruit and retain more women.

Mabus, who had increased maternity leave for the sea services from six weeks to 18 in 2015, said that women were twice as likely to leave the Navy and Marine Corps at the 6- and 12-year marks, often to have families.

A full year off is a "great option for allowing military mothers to provide undivided attention to

nurture their children during the most important developmental year of their lives," said Sgt. Gloria Lepko of 2nd Marine Division.

✓ Refer to <https://www.stripes.com/news/women-in-more-job-fields-added-maternity-leave-on-top-marine-s-priority-list-1.620075>.

DOD adopts ethical principles for artificial intelligence

The Department of Defense officially adopted a series of ethical principles for the use of Artificial Intelligence Feb. 24 following recommendations provided to Secretary of Defense Dr. Mark T. Esper by the Defense Innovation Board last October.

The recommendations came after 15 months of consultation with leading AI experts in commercial industry, government, academia and the American public that resulted in a rigorous process of feedback and analysis among the nation's leading AI experts with multiple venues for public input and comment. The adoption of AI ethical principles aligns with the DOD AI strategy objective directing the U.S. military lead in AI ethics and the lawful use of AI systems.

"The United States, together with our allies and partners, must accelerate the adoption of AI and lead in its national security applications to maintain our strategic position, prevail on future battlefields, and safeguard the rules-based international order," said Esper. "AI technology will change much about the battlefield of the future, but nothing will change America's steadfast commitment to responsible and lawful behavior. The adoption of AI ethical principles will enhance the department's commitment to upholding the highest ethical standards as outlined in the DOD AI Strategy, while embracing the U.S. military's strong history of applying rigorous testing and fielding standards for technology innovations."

The principles align closely with ongoing Trump Administration efforts to advance trustworthy AI technologies. Last year, Trump launched the American AI Initiative, the U.S. national strategy for leadership in artificial intelligence, which promotes innovative uses of AI while protecting civil liberties, privacy and American values.

The DOD's AI ethical principles will build on the U.S. military's existing ethics framework based on the U.S. Constitution, Title 10 of the U.S. Code, Law of War, existing international treaties and longstanding norms and values. While the existing framework provides a technology-neutral and enduring foundation for ethical behavior, the use of AI raises new ethical ambiguities and risks. The

principles address these new challenges and ensure the responsible use of AI by the department.

These principles will apply to both combat and non-combat functions and assist the U.S. military in upholding legal, ethical and policy commitments in the field of AI. The department's AI ethical principles encompass five major areas:

1. Responsible. DoD personnel will exercise appropriate levels of judgment and care, while remaining responsible for the development, deployment, and use of AI capabilities.
2. Equitable. The Department will take deliberate steps to minimize unintended bias in AI capabilities.
3. Traceable. The Department's AI capabilities will be developed and deployed such that relevant personnel possess an appropriate understanding of the technology, development processes, and operational methods applicable to AI capabilities, including with transparent and auditable methodologies, data sources, and design procedure and documentation.
4. Reliable. The Department's AI capabilities will have explicit, well-defined uses, and the safety, security, and effectiveness of such capabilities will be subject to testing and assurance within those defined uses across their entire life-cycles.
5. Governable. The Department will design and engineer AI capabilities to fulfill their intended functions while possessing the ability to detect and avoid unintended consequences, and the ability to disengage or deactivate deployed systems that demonstrate unintended behavior.

"Secretary Esper's leadership on AI and his decision to issue AI Principles for the Department demonstrates not only to DoD, but to countries around the world, that the U.S. and DoD are committed to ethics, and will play a leadership role in ensuring democracies adopt emerging technology responsibly," said Dr. Eric Schmidt, Chair, Defense Innovation Board. "I also commend the leadership of Dana Deasy and Lieutenant General Shanahan, who through the Joint AI Center, have been champions of this effort."

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ariel@fbcoronado.com FB: First Baptist Church of Coronado

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Wednesday 6:30pm Bible Study
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(858) 454-6459
LaJollaLutheranChurch.com

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(858)792-7691 LivingWaterSD7@gmail.com
Pastor: Rev. Steven Duescher

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website: www.st-lukes-la-mesa.org
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Ask Rusty - Why did my Social Security payment go down?

by Russell Gloor

Dear Rusty: Upon reading a magazine article about the 2020 COLA increase, I thought I'd share the following: Like others, I received the 1.6 percent raise in my Social Security benefit. However, after their manipulations with Medicare, the net result was a reduction of \$124 in my Social Security payment. I can't afford their "raise." I now pay double for Medicare. Signed: Disgusted



Dear Disgusted: Actually, Social Security and Medicare are two totally separate and financially independent programs, but the Social Security Administration handles enrollment and premium payments on behalf of CMS (the Centers for Medicare and Medicaid Services). For 2020, your gross Social Security benefit went up by 1.6 percent as a result of the Cost of Living Adjustment (COLA), but at the same time the standard Medicare Part B premium went up by \$9.10 to \$144.60 per month. Most Medicare beneficiaries pay the standard premium amount.

If your Medicare Part B premium is deducted from your Social Security benefit you would normally be protected by a provision known as "Hold Harmless," which prevents your Social Security payment from decreasing as a result of an increase in the standard Medicare Part B premium. But if you have any change (other than a COLA increase) to your Social Security benefit amount, or if you pay an "IRMAA" surcharge on your Medicare Part B premium, the "hold harmless" provision doesn't apply to you. In either of those cases your net Social Security payment could go down as a result of an increase in your Medicare Part B premium.

"IRMAA" is Medicare's "Income Related Medicare Adjustment Amount" which is a surcharge assessed on Medicare Part B (and Part D) premiums for those with higher incomes (the surcharge varies depending upon your IRS filing status and income level). I suspect that you are suddenly subject to IRMAA because of a sudden increase in your income and the 1.6% COLA increase to your Social Security was applied to your new Medicare premium. That, however, fell short of covering your entire IRMAA Medicare premium increase and, since you're not protected by the Hold Harmless provision, the remainder was taken from your Social Security benefit.

Most Medicare enrollees pay the standard Part B premium (\$144.60 for 2020) and are protected by the hold harmless provision from a decrease in their Social Security payment. But higher earning Medicare beneficiaries are affected by IRMAA, and I believe that is what happened in your case, especially because you say you suddenly "pay double" for Medicare. This might typically happen if you took a large one-time distribution from a tax-advantage investment, or received some other form of significant, but temporary, income. The good news is that if your premium doubled because you had a temporary increase in your income in one year, the Medicare premium increase will also be temporary, and you will automatically revert back to the lower premium the following year.

Russell Gloor is a certified Social Security advisor with the Association of Mature American Citizens. This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA).

GAO report:

VA must improve plans for providing long-term care to aging vets

by Patricia Kime

Veterans are increasingly relying on the Department of Veterans Affairs for long-term care as they age, and with the cost expected to double in the next 20 years, the department must be prepared, the Government Accountability Office has warned.

In 2018, more than 500,000 veterans received long-term care from the VA - either in a nursing home run by the VA, the states or private companies, or through elder care and home support programs. By 2037, the number is expected to increase with rising number of aging vets, especially those in the highest service-connected disability groups

As a result, VA projects its long-term care costs will increase from \$6.9 billion to \$14.3 billion by 2037, and it has been planning for the expense, according to GAO. But the government watchdog agency still has concerns that the department won't be able to meet demand.

In a report released Wednesday, GAO analysts said VA is likely to face difficulties hiring enough workers, providing services to veterans in rural areas and adequately supporting those with specialized needs - problems it already struggles to address.

For example, GAO said, VA has challenges hiring employees such as nursing assistants and health technicians for its community living centers, 80 percent of which have vacancies. The short-staffing often leads to veterans being placed on wait lists for these VA-run nursing homes, according to GAO.

VA also has difficulties providing long-term care in places where veterans live, particularly rural areas where demand is high and capacity is low. While the

problem is not unique to VA - many health care companies struggle to staff and maintain remote facilities, GAO noted - the department also must anticipate the residential preferences of a fairly mobile population.

For example, over the past two decades, vets have moved from the Northeast to the South, leaving VA with too many beds in the Northeast and not enough nursing-home spots in the South.

Finally, GAO is concerned about VA's ability to provide care for veterans needing specialized services for dementia, behavioral problems and ventilator support. In some communities, these services are available at VA-supported nursing homes while in others, they are only available at private nursing homes in the community.

VA needs to do a better job envisioning the level of service veterans will need, GAO analysts said. It should establish measurable goals such as targets for the number of available ventilators or caregivers needed to help veterans with dementia.

It also must develop measurable goals for meeting demand despite workforce challenges and regardless of a veteran's location, the report recommended.

"VA's Geriatrics and Extended Care office ... has not established measurable goals for these efforts. Without measurable goals, VA is limited in its ability

to address the challenges it faces meeting vets' long-term needs," GAO analysts wrote.

Veterans enrolled in VA health care are eligible for long-term care if they need assistance for a service-connected disability or have a VA disability rating of 70 percent or higher.

VA manages three "institutional," or nursing home, programs and 11 non-institutional programs, such as adult day care, medical foster

homes and home respite care.

In the department's response to GAO, VA Chief of Staff Pamela Powers said VA concurred with the recommendations and noted that VA was already was tackling the issues. According to Powers, the Geriatrics and Extended Care office met in January with several Veterans Health Administration offices to forge a "strategic approach to meet the long-term care challenges facing our aging and/or disabled veterans population."

Crossword Puzzle

Across

- 1 Catnip or coriander
- 5 Throw in the towel
- 9 Former "Idol" judge Paula
- 14 Old music halls
- 15 Loosen, as laces
- 16 Author John le ___
- 17 Out of control
- 18 Road in old Rome
- 19 Martial arts-based fitness routine
- 20 *Old West transport
- 23 British brew with red triangle in its logo
- 24 "Oops, almost forgot"
- 25 Captain Marvel's magic word
- 27 Felt sorry about
- 29 Workable, as an alternative
- 32 Good-and bad-dietary substances
- 35 Consumed
- 38 Jiffy Lube supply
- 39 ___ Fjil: Irish "stone of destiny"
- 40 *Trailways, for one
- 42 Big fuss
- 43 Pennysaver contents
- 44 "Family Matters" nerd
- 45 Kenton of jazz
- 46 Making a cake, say
- 48 DVR pioneer
- 51 Charlatans
- 54 Shoe polish targets
- 58 Molecule part
- 60 Having financial freedom ... and, literally, what the last words of the answers to starred clues comprise
- 62 Bouquet ___: chef's tasty bundle
- 64 Retail complex
- 65 Took a tumble
- 66 One sent back down the river?
- 67 "Metamorphoses" poet
- 68 Russian river
- 69 Loses on purpose?
- 70 Nickname for JosŽ
- 71 A great deal

Down

- 1 "In what way?"
- 2 Novelist Wharton
- 3 Race with batons
- 4 Annoys persistently
- 5 Pielike brunch serving
- 6 Golden rule word
- 7 "Any more bright ___?"
- 8 Olympic symbol
- 9 Play a part
- 10 Words to a black sheep
- 11 *Handsome guy or gorgeous gal
- 12 Metro regions
- 13 Many August babies
- 21 Water in the Seine
- 22 Place of safety
- 26 Kindle read, briefly
- 28 Furniture with a lock, maybe
- 30 "___ Rose": "The Music Man" song
- 31 North Carolina campus
- 32 Personal trainer's target
- 33 Verdi princess
- 34 *Temporary group for a specific job
- 36 23-Across, e.g.
- 37 Lean
- 40 Camp bed
- 41 Impulses
- 45 Deeply expressive
- 47 Emphatic denial
- 49 Wagner princess
- 50 48-Across ancestor
- 52 Swab again
- 53 Avoid, with "off"
- 55 Sporty '80s Pontiac
- 56 Note equivalent to E
- 57 Flies off the shelf
- 58 Like much whiskey
- 59 Prepare for takeoff
- 61 Toss of a coin
- 63 Elected pols

San Diego County Veterans Service Offices

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<p style="text-align: center; margin: 0;">Escondido M-F: 8 a.m. - 5 p.m. 649 W. Mission Ave. Phone: (760) 740-5572</p>	<p style="text-align: center; margin: 0;">Mission Valley Thurs. & Fri. appointments only 8898 Rio San Diego. Phone: (858) 694-3222</p>	<p style="text-align: center; margin: 0;">El Cajon 201 E. Douglas 2nd & 4th Mon. monthly Phone: (619) 588-3718</p>
<p style="text-align: center; margin: 0;">Fallbrook 2nd Fri. & 4th Wed. monthly 135 S Mission Road. Phone: (760) 723-7570</p>	<p style="text-align: center; margin: 0;">Oceanside VA Clinic M-F: 8 a.m. - 4 p.m. 1300 Rancho Del Oro Dr. Phone: (760) 643-2049</p>	<p style="text-align: center; margin: 0;">Julian County Library Thurs. (by appt. only) Phone: (760) 765-0370</p>

For a complete list of SD County offices, go to <https://www.calvet.ca.gov/VetServices/Pages/CVSO-Locations.aspx>.

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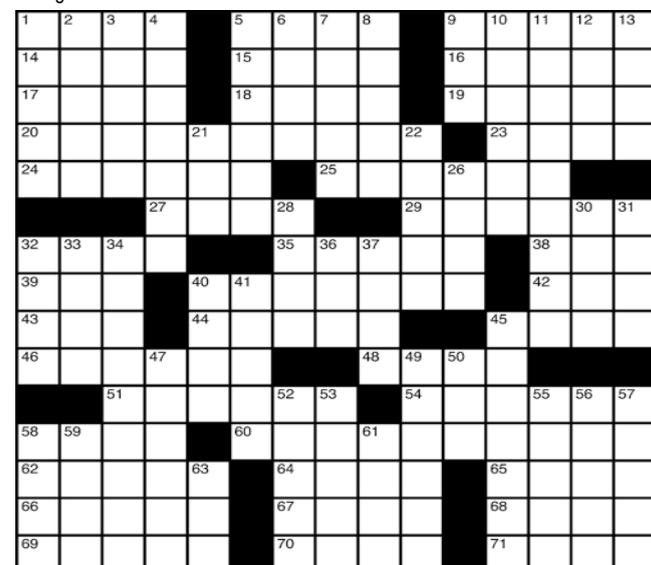
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Career Guide



U.S. NAVY PHOTO BY KATE NECAISE/RELEASED

Navy families will benefit from the increase in the Spouse Licensure and Certification Reimbursement policy.

Navy increases spouse reimbursement policy

By **MC1 Mark D. Faram**, Chief of Naval Personnel Public Affairs

Jodi Palmer knows frequent moves are just a part of Navy life. Countless hours, she says go into preparing for a military move. It's a drill she knows all too well as the wife of Cmdr. William Palmer.

The family recently moved across country, their sixth permanent change of station (PCS), after a tour in Norfolk.

Her husband was slated to take command of Fleet Readiness Center Northwest. Getting the family moved there in one piece was her job. This included finding a way to continue her own career as a nurse.

"For those spouses that have an established career that requires re-credentialing or re-licensing in a new state, it has previously been an expensive and time-consuming task on the PCS 'to do' list," she said.

All that changed this past year when the Navy started reimbursing the cost of re-credentialing after a permanent change of station move to a new state.

"As a registered nurse, I am so thankful for a career that has portability but it does come with a cost," she said. "The military spouse reimbursement program has taken away the added expense and worry that is associated with each move and the realignment of my career."

The Navy is now upping the ante by raising the maximum reimbursement to \$1,000. In addition, the program has been extended by Congress another two years — now allowing reimbursements to be paid through December 2024. Additionally, the Navy has also widened the eligibility options. Spouses who held a professional license at a previous duty station but chose not to renew their license at succeeding duty station are also eligible now for reimbursement.

Current estimates show that a third of military spouses have jobs that require state-issued credentials to work. Since the program kicked off last June, the Navy has reimbursed nearly 200 sailors for the cost of their spouse's credentialing costs, which also includes any required testing.

According to Navy statistics, the majority of reimbursements are for healthcare licenses. Education credentials are a distant second

place.

"This is an incredible benefit for families and spouses — it's one less expense they don't have to absorb — they can get reimbursed with it," said Ron Ates, a branch head within the pay and personnel department at Navy Personnel Command.

"The more the word gets out about this, the more sailors can be reimbursed — we want to see more sailors take advantage of this benefit," Ates said.

It's the military member who actually submits their spouse's expenses to the Navy, Ates said. That's a legal thing. Payment directly to the sailor's bank account takes, on average, just four days.

The maximum reimbursement level depends on when the service member's orders were issued.

Orders issued from Dec. 12, 2017, through Dec. 19, 2019, qualify for the original reimbursement policy of up to \$500. The new \$1,000 cap will be in effect for those with orders issued on or after Dec. 20, 2019.

The fine print says these payments can be made provided the sailor is on permanent change of station orders that take their family from one state to another.

The move must also authorize dependents to relocate with the service member — and they must physically make the move, too.

The spouse must also have worked in the profession requiring certification at their previous duty location and be able to prove it.

Filing a claim is simple. Sailors must fill out a claim form OF1164 and send it through encrypted email to MyNavy Career Center at askmnc@navy.mil. Also included must be receipts for license or certification indicating state-to-state member and spouse relocation along with proof of the old certification as well as the recertification.

For complete eligibility information and application procedures, read MILPERSMAN Article 1754-040: public.navy.mil/bupers-npc/reference/milpersman/1000/1700Morale/Pages/default.aspx.

The Spouse Licensure Reimbursement policy supports the Navy Family Framework objective to expand and improve the experience for Navy spouses and families.

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Career Guide



U.S. NAVY PHOTO BY MASS COMMUNICATION SPECIALIST 2ND CLASS MATTHEW EBARB

Chief petty officer covers await their new owners at a pinning ceremony aboard the forward-deployed amphibious assault ship USS Essex (LHD 2).

Get your records ready for CPO selection boards

By Chief Mass Communication Specialist Michael Russell, Navy Personnel Command Public Affairs

With Chief Petty Officer selection board season underway, Navy board specialists advise that now is the time to ensure your records are up to date and ready for your upcoming Chief, Senior Chief or Master Chief Petty Officer board.

"Selection board season runs January through October and affects sailors throughout the Navy. After sailors find out they are board-eligible, it's vital to scrub their military records for accuracy," said MyNavy HR Fleet Master Chief Wes Koshoffer. "Make sure to take a look at recent awards, evaluations, qualifications and education to make sure that everything is being correctly documented. If there are items missing, take immediate action to get those items updated."

Having an incomplete or incorrect record can mean a missed opportunity to be selected. If a sailor's military record is up to date, there is no need to submit a package to the board.

"Sailors shouldn't wait until board results come out to start scrubbing their military records for accuracy. Board season is here so start preparing now," said Koshoffer. "The best package a sailor can have is an up-to-date record."

The MyNavy HR team has made it easier than ever for sailors to review their records. Sailors can access their records via MyNavy Portal or on their personal cell phones through the MyRecord mobile application.

There is no need to submit duplicate correspondence. If a sailor has correct documentation in their military records online or listed in their evals, do not send it in the package. Sending documents that are already in the record does not make a sailor look like a stronger candidate and could even lead to confusion.

"Sailors should read the FY20 Active-Duty Navy and Navy Reserve Senior Enlisted Advancement Selection Boards Precept to understand what board members will be looking for," said Koshoffer.

To find the precept, go to the NPC Website, click on the boards tab and navigate to CPO Selection Boards. To find

out if a sailor is "board eligible," visit BUPERS Online and click the Advancement Selection Boards status tab.

"You also need to make sure there are no gaps in your evaluation history," Koshoffer added.

On the BUPERS Online website, click on CCA/FITREP/EVAL Reports. Under Reports, click the highlighted Performance Evaluation Continuity Report. Scroll to the bottom under Missing Periods and check for any evaluation gaps. Even if there doesn't appear to be any gaps, go line by line through the report, just to verify. If gaps do exist or other assistance is needed, contact the MyNavy Career Center Contact Center at 1.833.330.MNCC.

To ensure that education, awards and other professional information are correct, go to BUPERS Online to the ODC, OSR, PSR, ESR link on the main menu and look for the enlisted personnel summary report.

For sailors who intend to submit a Letter to the Board (LTB), the process has never been easier. In January 2020, MyNavy HR launched a new online capability allowing board-eligible sailors to submit letters to the board electronically. Announced in NAVADMIN 220/19, the Electronic Submission of Selection Board Documents (ESSBD), is a MyNavy HR transformation and Sailor 2025 initiative designed to improve personnel programs and give sailors more control and ownership over their careers. Using the ESSBD feature to submit a LTB improves the speed, transparency and confidence of receipt over previous submission methods. The application allows board candidates the ability to submit pre-formatted LTB, with or without attachments. To use ESSBD, candidates must access document services through BUPERS Online website and click on the Navy Personnel Command Document Services menu link.

For a step-by-step ESSBD user's guide, visit the Advancement and Promotion section in MyNavy Portal. For questions on selection board correspondence, contact MyNavy Career Center at 1.833.330.MNCC (1.833.330.6622).

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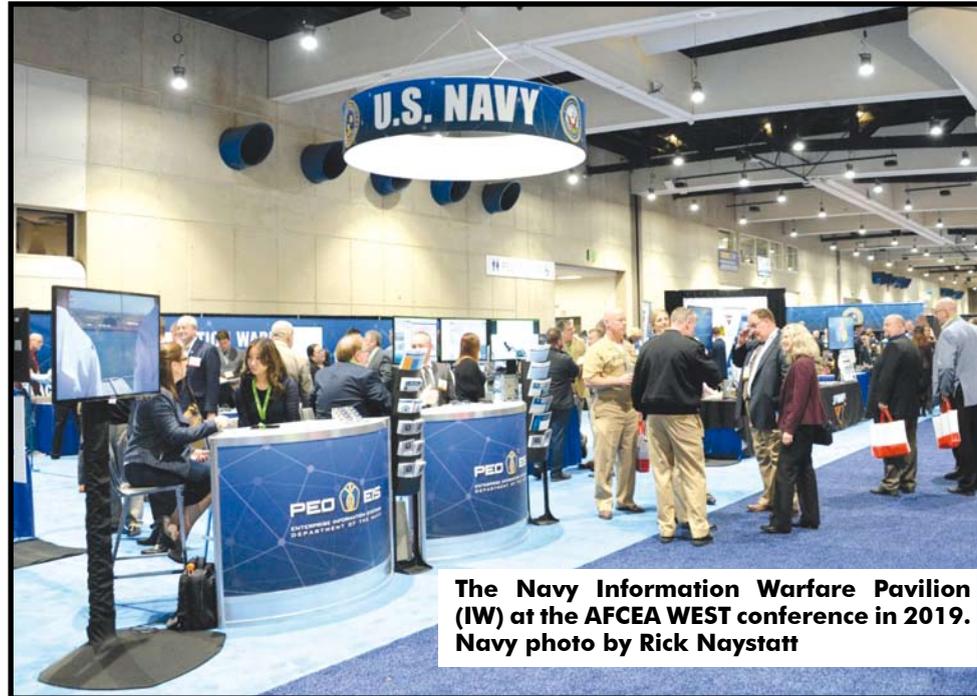
by Elisha Gamboa

SAN DIEGO - The Navy Information Warfare (IW) pavilion will be returning to WEST 2020 at the San Diego Convention Center March 2-3 where 10 Navy commands will come together to identify opportunities and address challenges associated with today's modern battlefield in the information domain, enabling the Navy to compete and win for decades to come.

In its fifth year at WEST, the IW pavilion will demonstrate the Navy's commitment to maintaining maritime superiority in an increasingly complex, information driven environment.

At the pavilion, each command will highlight their role in the information domain using speakers, panels, subject matter experts and capability demonstrations.

Navy commands participating in the IW pavilion include Office of the Deputy Chief of Naval Operations for Information Warfare, Fleet Cyber Command/U.S. Tenth Fleet, Navy Information



The Navy Information Warfare Pavilion (IW) at the AFCEA WEST conference in 2019. Navy photo by Rick Naystatt

Forces Command, and Naval Information Warfare Systems Command, just to name a few.

"As stated by the Chief of Naval Operations in his FRAGO (01/2019), our nation needs a Navy ready to win across the full

range of military operations... in an all-domain battlespace," said Vice Adm. Matthew Kohler, deputy chief of naval operations for information warfare (OPNAV N2N6) and director of naval intelligence. "In today's era of great power competition,

information warfare is crucial to ensuring fleet readiness and providing that competitive edge necessary to win in all warfare domains. We must take advantage of opportunities like WEST to engage directly with our partners in industry and academia to ensure we provide the capabilities necessary to gain and maintain an advantage for years to come."

This year's IW pavilion will host four main areas - the Navy IW theater, the Navy IW engagement zone, the Navy IW video wall and Navy IW technology demonstrations.

These mechanisms will provide attendees a glimpse into the Navy's IW community mission to advance, align, deliver, support, and sustain IW capabilities that enable combat-credible forces today and into the future.

COVID-19 continued from page 1

The new coronavirus, also known as COVID-19, is most commonly spread person-to-person by infected people who pass the virus through droplets they produce while coughing and sneezing.

"There's no reason to panic. We have the means to fight back against this virus and we're going to use those means," he said.

The garrison already had restricted access and implemented health screening measures at the gates.

On Wednesday, base restaurants began serving food as take-out only, bowling alleys and theaters were closed and the

Navy leverages workforce; Delivers C-ISR capability rapidly to Surface Fleet

WASHINGTON - The Navy recently installed the first Optical Dazzling Interdictor, Navy (ODIN), a laser weapon system that allows a ship to counter unmanned aerial systems. The first system was installed on Arleigh Burke-class guided missile destroyer USS *Dewey* (DDG 105), during her recent Dry-Docking Selected Restricted Availability.



ODIN's development, testing and production was done by Navy subject matter experts at Naval Surface Warfare Center (NSWC) Dahlgren Division in support of Program Executive Office Integrated Warfare Systems. Their work on the laser weapon system known as LaWS, positioned them to be designated as the design and production agent for ODIN.

During his recent visit on USS *Dewey*, Mr. James F. Geurts, assistant secretary of the Navy for research development and acquisition (ASN (RDA)) was impressed with the rapid progress made by the team. Geurts stated, "This is a great example of our organic talent at the warfare centers all working together with ship's company to deliver a system which will provide game-changing capability. Bravo Zulu to the entire ODIN team on being mission-focused and delivering lethal capability to the warfighter."

Going from an approved idea to installation in two and a half years, ODIN's install on Dewey will be the first operational employment of the stand-alone system that functions as a dazzler. The system allows the Navy to rapidly deploy an important, new capability to the Navy's surface force in combating Unmanned Aircraft Systems (UAS) threats.

UAS production and employment has increased significantly, and ODIN was developed to counter these threats.

"The Pacific Fleet Commander identified this urgent Counter-Intelligence, Surveillance, and Reconnaissance need and the Chief of Naval Operations directed us to fill it as quickly as possible," said Cmdr. David Wolfe, Program Executive Office Integrated Warfare Systems Directed Energy office. "The NSWC Dahlgren Division team did an amazing job addressing challenges and keeping our accelerated schedule on track and moving forward to deliver this capability."

Within the next couple of years, the ODIN program will have all units operational within the fleet providing a safer and more technically advanced capability to the Navy. Lessons learned from ODIN's installation on Dewey will inform installation on future vessels and further development and implementation of Surface Navy Laser Weapon Systems.

nine-hole golf course was shuttered to discourage unnecessary visitors, Ballanco said.

Service members also have been ordered to avoid restaurants and other nonessential travel off their installations peninsula-wide, while family members and civilian employees were highly encouraged to do the same.

Some 28,500 American troops are stationed in South Korea, which remains technically at war with the North after their 1950-53 conflict ended in an armistice instead of a peace treaty.

North Korea has not reported any confirmed cases, but the secretive nature of the regime makes that difficult to confirm.

"USFK is implementing all appropriate control measures to

help control the spread of COVID-19 and remains at risk level 'high' for USFK peninsula-wide as a prudent measure to protect the force," the command said in a press release.

USFK commander Gen. Robert Abrams and South Korean Gen. Park Han-ki, chairman of the joint chiefs of staff, may scale back command post exercises scheduled next week, due to concerns over COVID-19, Defense Secretary Mark Esper told reporters earlier this week in Washington.

Officials stressed the best way to prevent the virus is to practice good hygiene, wash hands with soap and water thoroughly and frequently or use hand sanitizer and avoid shaking hands, large gatherings and other unnecessary contact.



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Infantry Immersion Training provides realistic scenarios

by Lance Cpl. Broc Story

CAMP PENDLETON - In the ever-evolving environment in which the United States Marine Corps fights its battles, there is a facility aboard Marine Corps Base Camp Pendleton that is dedicated to adapting its training environment to match. This facility is known as the Infantry Immersion Trainer. Also known as the I.I.T, this facility is a major benefit to the Marine Corps through its creation of the most realistic training scenarios possible.

The Marine Corps has recently returned to the Fleet Marine Force after more than 30 years of operating as an expeditionary force. This shift is stated to be a precursor for a return to a more traditional amphibious warfare. The terrain and climate in the jungles of the Pacific islands is quite different than that of Southern California. However, through this state of the art complex, Camp Pendleton is able to custom tailor real world scents, sights, and sounds to meet any training environment required of this return to the Fleet Marine Force.

“For the Infantry Immersion Trainer, it was initially built in the OIF/OEF period. But, as early as 2012, we started doing Pacific Rim items for Somalia or the Philippines. Later on, it was South America, Central America and North Korea,” stated Bert Thielen, Infantry Immersion Trainer Site Manager.

With the shift of focus to Fleet Marine Force operations, the I.I.T facility is ready for training. The operators of the facility have been readily adapting the complex depending on foreign operational environments. From different terrains of the middle east, to islands in the Philippines, the I.I.T is able to provide a unique experience to better train units before they deploy.

“In the future, I don’t see more changes coming... until something becomes a signal that we should have it,” said Thielen. “We were able to catch up with a lot of the atmospheric refreshments that we wanted.”

Complete with surround sound speaker systems, scent producers, and actors portraying everything from locals to combatants, the experience is as close to real life as possible. Native languages, scents, and customs are all recreated to educate

SES Bn. Marines graduate pre-service training

by Lance Cpl. Drake Nickels

CAMP PENDLETON - Marines with the Provost Marshal’s Office, Security and Emergency Services Battalion, based on Camp Pendleton, graduated pre-service training at the Military Police Training Facility here Feb. 19.

This training was designed for Marines in the fleet assistance program and new joins to PMO to get the required training to operate within Security and Emergency Services Battalion.

“A lot of this training could be used for life saving procedures,” said Lt. Jonathan Magann, the training officer with PMO. “You never know when you may need to use your training to protect the installation.”

The training is a 12-day course gives the students knowledge pertaining to the duties of a military police of-

units on what they might encounter in future deployments. While the units are working with their teams in a wide array of scenarios, video surveillance records the training. By filming the training exercises, leaders of all levels are capable of having a bird’s eye view while their team operates. The footage can then be presented in front of



Lance Cpl. Juan Infante Jr., an anti-tank missileman with 1st Tank Battalion, 1st Marine Division, demonstrates clearing an alleyway for student roleplayers during the basic engagement course at the Infantry Immersion Trainer on Camp Pendleton Feb. 19. Photo by Lance Cpl. Melissa I. Ugalde

all participants to be examined for mistakes and teaching opportunities.

“The training that we do, we tailor it to what the units want. So, it doesn’t matter if it’s an infantry unit, or a C.A.G [Civil Affairs Group] unit, or if it’s Navy Seals. We tailor it to fit their needs,” said Thielen.

Having the ability to create these life-like scenarios is invaluable to the Marine Corps. The training that is conducted here every day is focused down to the last detail. This ensures that Marines are ready for whatever environment they may experience, making them the most prepared they can be before any mission anywhere in the world.

Thielen concluded that, “I consider it a privilege to work here...I know the value of the training that goes on here, it saves people’s lives.”

ably, there are consequences for your actions.”

After graduation, Marines got their standard gear issued and were assigned platoons within PMO.

SES Bn. ensures the safety of the installation day in and day out. PMO personnel are the first line of security here. The pre-service training ensures they can continue to play a vital role in the mission of the Marine Corps’ premier Fleet Marine Force training base.



ficer aboard Camp Pendleton.

Some of the certifications the students receive consist of: cardiopulmonary resuscitation and automated external defibrillator, blood born pathogens, weapon qualifications, gate procedures and numerous other key elements pertaining to being a military police officer or sentry.

Though there are military police officers also attending this training, the majority of the class is FAP Marines that come from different units and military occupational specialties who will become sentries for the base’s gates.

“I’m an infantry squad leader, I train Marines for combat,” said U.S. Marine Sgt. Zachary Norris, a fleet assistance program Marine and student with the pre-service class. “Here it’s similar situation, training is taken seriously because, inevi-

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Legacy of Light: Angel's Gate Light shows way to L.A.

by Walter Ham

LOS ANGELES - From the San Pedro Breakwater, the Los Angeles Harbor Light shines an emerald light that guides mariners into the second largest city in the United States.

Marking the entrance to the port complex for the City of Angels, the 69-foot-tall beacon is also called Angel's Gate Lighthouse.

The lighthouse stands on the tip of the 9,250-foot-long breakwater built with nearly three million tons of rock from Santa Catalina Island. With a structural steel framework and steel plates that cover the first two floors of the six-floor tower, the harbor lighthouse has stood tall for more than a century.

U.S. Coast Guard Aids to Navigation Team (ANT) Los Angeles-Long Beach, maintains the beacon, which shines a flashing green light that can be seen for 18 nautical miles.

"The area is unique because it offers a large, safe and sheltered harbor for mariners and the land masses in the bay have been altered to be able to accommodate the thousands of container ships that transit the (San Pedro Bay) each year," said Coast Guard Senior Chief Petty Officer Eugene Wright, the officer-in-charge of ANT Los Angeles-Long Beach.

"The area around the lighthouse is very busy," said Wright, a 19-year Coast Guard veteran. "The container ships as well as cruise ships and various recreational boaters are our main customers."

From Coast Guard Base L.A. on Terminal Island, the nine-member ANT maintains 18 buoys and 114 beacons, including eight lighthouses from Dana Point to Morro Bay, Calif.

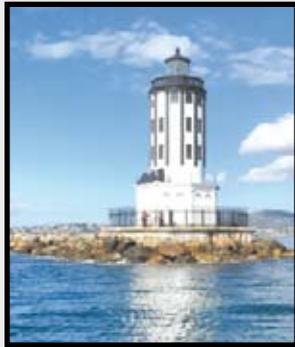
ANT Los Angeles-Long Beach also maintains Aids to Navigation for seven of the eight Channel Islands. The lone exception, San Clemente Island, is maintained by ANT San Diego.

Wright said the ATON around the mainland typically mark inland waterway approaches to various ports as well as the prominent points of reference along the coast.

On a clear day, Wright and his team can see the Angel's Gate Lighthouse and Catalina Island from the ANT L.A.-L.B. Office.

"I'm proud of the fact that we maintain such an iconic lighthouse and something that means a lot to the community," said Wright. "Not just for nostalgia but for commerce and safety of the Port of L.A."

Since 1913, the light has guided millions of mariners and billions of dollars of trade into Los Angeles. Located 25 miles south of downtown L.A., the seaport has been ranked the top container port in North America since 2000, according to the Port of Los Angeles. "The light into Angel's Gate is one of two gates into the largest and most economically vital port complex in the nation," said Capt. Monica L. Rochester, the Coast Guard Sector Los Angeles-Long Beach Captain of the Port.



The Los Angeles Harbor Light shines a flashing green light that can be seen for 18 nautical miles. Coast Guard photo.

U.S. Sailors, Marines train alongside Japanese soldiers in Exercise Iron Fist

by MC2 Natalie Byers and MC2 Jessica Paulauskas

PACIFIC OCEAN - Harpers Ferry-class dock landing ship USS *Pearl Harbor* (LSD 52) and amphibious transport dock ship USS *Portland* (LPD 27) along with U.S. Marines welcomed aboard Japanese Ground Self-Defense Force (JGSDF) Amphibious Rapid Deployment Regiment soldiers in support of Exercise Iron Fist 2020 recently.

More than 400 Marines attached to 15th Marine Expeditionary Unit (MEU); 2nd Battalion, 1st Marines and Combat Logistics Battalion 15 embarked *Pearl Harbor* and *Portland* to exercise amphibious operational core competencies and demonstrate the enhanced air and amphibious capability of joint American-Japanese forces.

"For more than a decade, Iron fist has helped us operate together in a maritime environment," said Rear Adm. John Gumbleton, commander, Expeditionary Strike Group 3. "The amphibious operations are vital to effective crisis response and support to regional maritime security."

Exercise Iron Fist demonstrates more than 50 years of interoperability development and enhanced amphibious capability of U.S. and Japanese

forces. *Pearl Harbor* provided both an air and amphibious platform for U.S. Marine Corps and JGSDF soldiers to train and conduct operations.

"I am surprised at how quickly we came together as a team," said Cmdr. Kevin T. Dean, commanding officer of *Pearl Harbor*. "Both the USMC and the JGSDF operate AAVs the same way, but it is another thing all together to operationalize a bilateral force quickly, despite a significant language barrier to achieve effective ship to shore tactical objectives."

"This exercise reassured that we can deliver the rapid global expeditionary response capabilities expected of the U.S. Navy and Marine Corps team."

Sailors and Marines kept both ship's flight decks active as CH-53E Super Stallion helicopters from the "Heavy Haulers" of Marine Heavy Helicopter Squadron (HMH) 462 and the "Warhorse" of HMH-465 conducted deck landing qualifications aboard *Portland*. MV-22B Ospreys from the "White Knights" of Marine Medium Tilt Rotor Squadron (VMM) 165 conducted a simulated air assault exercise from the flight deck aboard *Pearl Harbor* and *Portland*.

These rotary wing assets can put Marines on the ground at a

specific location for an assault, help support them, and then extract them once a mission is accomplished. The successful evolution of the air assault reinforced the skills necessary for air and ground combat elements to establish a force on a hostile shore, if needed.

"I couldn't be prouder of how our Sailors and Marines have performed," said *Portland*'s Commanding Officer Capt. Karrey Sanders. "*Portland* Sailors have executed every event required of them at the highest level. This exercise has allowed the crew to demonstrate their expertise in amphibious operations and flight operations."

Eleven assault amphibious vehicles (AAVs) transited to *Portland* from Camp Pendleton. *Portland* Sailors and Marines with 3rd Assault Amphibian Battalion, 1st Marine Division, collaborated efforts to recover the AAVs safely and efficiently.

The AAVs disembarked *Portland* in route to San Clemente Island for a simulated shore landing and returned back to the ship for another successful recovery, Feb. 6. The battalion later conducted a ground assault, leaving *Portland* Feb. 12, in route back to Camp Pendleton.

Throughout the exercise Sailors, Marines and Japanese soldiers came together to successfully launch multiple amphibious assault vehicle operations, conducted more than 20 flight deck landings, and welcomed aboard *Pearl Harbor* Lt. Gen. Joseph Osterman, commanding general, I Marine Expeditionary Force, and Maj. Gen. Takanori Hirata, commanding general, Amphibious Raid Development Brigade.

Other dignitaries were Rear Adm. John Gumbleton, commander, Expeditionary Strike Group 3, Capt. John Barnett, commodore of Amphibious Squadron 1, Akira Muto, Japanese Consul General of Los Angeles, and Issei Koska, Japanese Vice Consul of Los Angeles.

"Over the course of the last few weeks, I know that our

Marines, Sailors and Japanese soldiers have pushed themselves in the field, sharpening their technical and tactical proficiency," Osterman said.

"Training alongside each other on USS *Pearl Harbor* and USS *Portland*, the beaches of Camp Pendleton and on San Clemente Island reflects the amphibious nature that is the heart and soul of the Marine Corps and the Amphibious Rapid Deployment Brigade. It's the bond between the Japanese soldiers, Marines and Sailors molded in shared experience - training side-by-side - that truly makes us stronger as we continue to build on the foundation of our partnerships."

Iron Fist 2020 occurs during the 60th anniversary of the signing of the Treaty of Mutual Cooperation and Security between the U.S. and Japan, exemplifying the spirit of trust and cooperation between the Marine Corps and JGSDF. This year marked the 15th iteration of Exercise Iron Fist and put greater focus on the JGSDF's ability to plan and conduct combined amphibious operations.

"As we continue to work side-by-side with the Japanese Self-Defense Forces, we grow our already strong partnership - making us a stronger more lethal force with the goal of maintaining peace and prosperity in the Indo-Pacific region."

- Rear Adm. John Gumbleton

Iron Fist is an annual exercise designed to enhance the U.S. and Japanese forces' ability to plan, communicate and conduct combined amphibious operations. Bilateral training exercises, like Iron Fist, develop forces capable of working in close collaboration and strengthen U.S. 3rd Fleet's ability to respond quickly and effectively to crisis that may occur in the Indo-Pacific.

U.S. 3rd Fleet leads naval forces in the Indo-Pacific and provides the realistic, relevant training necessary for an effective global Navy. U.S. 3rd Fleet works in close coordination with U.S. 7th Fleet to provide commanders with capable, ready assets across the spectrum of military operations in the Indo-Pacific.



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PACIFIC OCEAN (Feb. 20, 2020) - Logistics Specialist 2nd Class Justin Best, from Brooklyn, N.Y., climbs out a scuttle during a flooding drill aboard destroyer USS Kidd. Kidd, part of the Theodore Roosevelt Carrier Strike Group, is deployed to the Indo-Pacific. Navy photo by MC3 Brandie Nuzzi

MCRD SAN DIEGO (Feb. 13, 2020) - A new Marine with Lima Company, 3rd Recruit Training Battalion, is welcomed by a loved one during liberty call here. As recruits, their only means of contact was through letters during their 13-week training cycle. Marine Corps photo by Lance Cpl. Zachary T. Beatty



CAMP PENDLETON (Feb. 19, 2020) - A recruit with Echo Company, 2nd Recruit Training Battalion, participates in a crucible event. Throughout the Crucible recruits had to work together and pull their own weight in order to succeed and earn the title of Marine. Marine Corps photo by Lance Cpl. Zachary T. Beatty



EAST CHINA SEA (Feb. 17, 2020) - Seaman Travis Williams searches for surface contacts from the bridge wing destroyer USS Russell.

Navy photo by MC3 Sean Lynch



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Where: Email couragetocall@mhsinc.org for location
For more information please email couragetocall@mhsinc.org or visit courage2call.org/free-food-distribution/
ASYMCA
What: Food is first come, first serve for the first 150 families who come and bring their own bag! Hosted by ASYMCA in partnership with San Diego Food Bank. Available to families who meet Federal Income Requirements in zip codes 92123 and 92124.
When: Thur, Feb. 27, 10am-noon (4th Thur of month from Jan-Oct)
Where: ASYMCA Paul Hartley Complex, 3293 Santo Rd, SD, 92124
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Highpoint Church
What: Food closet by Highpoint Church! No fee! Items that are gluten free, for baby needs, and even toiletries/cleaning supplies. Donations welcome and additional times available upon appointment! Available to military & low-income families.
When: Thursdays, 4:30-6pm (every Thursday each month)
Where: 6090 Highpoint Church, SD, 92124
Info: Pete Vik at (972) 955-7006 or facebook.com/highpointsd/

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6pm Dolittle
Friday, February 28
4pm Dolittle
6pm The Rhythm Section
Saturday, February 29
Noon: Dolittle
2pm Bad Boys For Life
4:20pm Gretel & Hansel
6pm The Rhythm Section
Sunday, March 1
1pm Dolittle
3pm The Rhythm Section
5:10pm 1917
Monday, March 2
6pm The Gentlemen
Tuesday, March 3
6pm *1917
Wednesday, March 4
6pm Bad Boys For Life
Thursday, March 5
6pm Dolittle

Naval Base Theater - NBSB, 619-556-5568, Bldg. 71

Thursday, February 27
5:40pm Little Women
8:10pm The Gentlemen
Friday, February 28
5:50pm Gretel & Hansel
7:50pm The Rhythm Section
Saturday, February 29
12:40pm Dolittle
2:50pm Gretel & Hansel
7pm Spenser Confidential (ADVANCE SCREENING)
Doors will be open at 5pm
Sunday, March 1
1pm Gretel & Hansel
2:50pm Dolittle
5:20pm The Last Full Measure
7:40pm The Gentlemen
Monday, March 2
5:50pm Gretel & Hansel
7:40pm The Rhythm Section
Tuesday, March 3
5:40pm The Last Full Measure
8pm 1917
Wednesday, March 4
5:50pm Dolittle
8pm The Gentlemen
Thursday, March 5
5:40pm Bad Boys For Life
8:10pm Gretel & Hansel

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Friday, February 28
6pm The Gentlemen (R)
9pm The Last Full Measure (R)
Saturday, February 29
1pm Dolittle (PG)
3:45pm 1917 (R)
6:45pm The Last Full Measure (R)
Sunday, March 1
1pm 'SENSORY FRIENDLY' Dolittle (PG)
3:45pm Bad Boys for Life (R)
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VEHICLE TEMPERATURE		10mins	30mins
Outside Temp (F)	Inside Temp (F)		
70°	89°	104°	
75°	94°	109°	
80°	99°	114°	
85°	104°	119°	
90°	109°	124°	
95°	114°	129°	

	3	7		1	
				9	
5	9				3
	5	4	8		3
		8	3	7	1
	1		9	4	6
4				8	6
		7			
	2			5	4



by Jan Wagner

Star Wars: Galaxy's Edge at Disneyland Park

that is still somewhat suggestive of, but not the same as, actual character costumes. A similar color palette and materials can add to the overall effect. Military-looking attire - including helmets and weapons (other than lightsabers), robes, masks and full character costumes - even if sold within the park - may not be worn.

But that's okay. What you are wearing should be far from your mind when you are enlisted to fill in as an active, participatory member of the six-person crew of the Millennium Falcon.

The single riders' line is shorter and quicker, but it bypasses the regular line with its treasure trove of Star Wars props and memorabilia, and panoramic views looking out above Black Spire Outpost.

In "Millennium Falcon: Smugglers Run," each of the six crew members will be assigned a vital, interactive responsibility: two are pilots, two are gunners and two are engineers. As you manipulate your ship's control levers or its colorfully lit array of buttons, the ship moves and weapons fire accordingly. Jumping to lightspeed is thrilling!

Without a doubt, the best, utterly awe-inspiring attraction is the one that opened most recently: "Rise of the Resistance." Here, as a recruit on a Resistance Mission, you will walk and ride through massive sets, one of which contains gigantic AT-ATs.

Captured, you will be taken through a massive First Order Star Destroyer bay filled with legions of stormtroopers, as you are escorted to a dark, ominous holding cell. High above, as

armed First Order guards stand by, Kylo Ren will announce your fate, but then - just when all hope seems lost - you're broken out of captivity and you try to escape. It's an amazing adventure that you'll want to relive again and again.

However, experiencing this even once per day will be difficult to achieve in the foreseeable future. As had been anticipated, and experienced at the Walt Disney World version of this attraction in Florida, demand far exceeds capacity. This is especially disappointing, considering Disneyland's substantial annual admission price increases.

To avoid day-long waiting lines that would meander through the land, Disneyland implemented a virtual queue system,

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whereby you will need to sign up on the Disneyland app or at a designated Fastpass location for a boarding group - but only after you are scanned into Disneyland Park. When I went, all boarding groups for the entire day were filled almost immediately after the park opened. Luckily, I did get a boarding group number. Many from my group didn't.

To learn more about Star Wars: Galaxy's Edge at Disneyland Park, visit <https://disneyland.disney.go.com/destinations/disneyland/star-wars-galaxys-edge/>.

To see additional photos and videos of "Millennium Falcon: Smugglers Run" and "Star Wars: Rise of the Resistance," visit www.drivetribe.com, click on the magnifying glass, select "POSTS" and enter "AutoMatters & More #631" in their search bar. Please send your comments to AutoMatters@gmail.com.

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Military spouses have what it takes to beat the odds

Two months into 2020, statistics dictate that most people have already given up on their New Year's resolutions. Sadly, only about six or seven percent of people who make resolutions ever attain their goals. I've always been a resolution-maker and a yo yo dieter, so I am forever making plans to lose ten pounds, then breaking them.

But one year, I made a resolution that would take me a decade to achieve.

In 2010, our family was stationed in Stuttgart, Germany, where I made a New Year's resolution to submit essays I had written two years prior to newspaper editors. I had written about parenting, marriage, and military life to relieve my own stress during my husband's year-long deployment, and my essays had been sitting in a folder on my computer ever since. "I should finally do something with these," I thought.

I googled how to submit essays to newspaper editors, and flying by the seat of my double-digit-sized pants, I wrote to them and hit send.

In my mind, my goal had been achieved. I had done my research, conquered my fear, and put myself out there. Done. Problem was, my essay got published.

My uncle called from the states two weeks after my submission to tell me that he was reading my essay in *The Washington Post*. I was stunned. "Now what?" I wondered.

Having struggled with self-confidence most of my life, and having left my legal career to manage our military family, I was so focused on getting over my fear of submitting my writing for scrutiny, I never

stopped to think about what I would do if someone actually liked it. I didn't know much about the industry, but I knew that I couldn't waste the unique opportunity *The Washington Post* byline had given me.

The Meat & Potatoes of Life



by
Lisa
Smith
Molinari

So, I continued researching (which I'm still doing to this day), started a blog, created a column, reached out to other writers, pitched my work to countless editors, read my columns in public, joined writers's groups, and became intimately familiar with the feeling of rejection.

That 2010 New Year's resolution followed its logical course - my original goal to simply submit my writing became my goal to publish an essay, which became my goal to be a columnist, which became my goal to syndicate, and so on and so on, until my goal morphed into one that 81 percent of all Americans have - to publish a book.

I had no business thinking that, just because I wrote a weekly column, I could publish a book. In fact, 97 percent of people who start writing a book never finish, and of those few who complete a manuscript, only one fifth manage to get them

published. To make matters even more daunting, although electronic self-publishing has made it easier to publish, it's harder to be successful at it. According to *Publisher's Weekly*, the average book sells less than 500 copies.

Facing these horrendous odds, I forged ahead with my plan to publish a book. Really? Insane, I'll admit. But not only did I finish my manuscript, I signed a book contract, too.

That 2010 New Year's resolution I made to "put myself out there" took me ten years to accomplish, but I did it despite every probability against me - a stay-at-home military spouse and mother of three, moving every few years, with no inside contacts and no previous experience in the publishing industry. Other military spouse authors set terrific examples - Corie Weathers, Siobhan Falls, Alison Buckholtz, El Brown, Tara Crooks, Rebecca Yarros, to name only a few.

My book, *The Meat and Potatoes of Life: My True Lit Com*, will be released on May 1, 2020, one week before Military Spouse Appreciation Day. So apropos, because I credit my accomplishment as a book author to having been a military spouse. Ours is a unique lifestyle that fosters independence, resourcefulness, determination and guts. I may never lose that ten pounds, but being a military spouse gave me the skills I needed to beat impossible odds and achieve something precious, rare and meaningful. Of that, I am eternally grateful and proud.

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Tidepooling Adventures, Sat-Sun, March 7-8 & Sat, March 21. Afternoon 2 hour time frame. \$15-\$18. Explore Where the Sea Meets the Land! Visit a local tide pool to learn how these amazing habitats and their inhabitants truly survive between a rock and a hard place. Sign up for a Tidepooling Adventure where trained naturalists will show you how to tread lightly during your visit and help you discover the wonderful world of tide pools along our shores. For ages 2+ (tickets required). Under 15 must be accompanied by a paid adult. Tidepooling Adventures do not meet at Birch Aquarium. Pre-purchase required. Birch Aquarium at Scripps, 2300 Expedition Way, La Jolla. <https://aquarium.ucsd.edu/experiences/programs/tidepooling>

San Diego Bird Festival, Through Sun, March 1. Marina Village Conference Center, San Diego. www.sandiegoaudubon.org

The Bachelor Live On Stage presented by Broadway San Diego, Thur, Feb 27, 7:30pm. San Diego Civic Theatre, downtown SD. www.sandiegotheatres.org

Circus Vargas, Thur, Feb 27-Mon, March 9. Westfield Mission Valley. www.circusvargas.com

SD Padres vs. Chicago Cubs, Fri, Feb 28, 5:40pm. Petco Park, downtown SD. www.mlb.com/padres

LA Clippers vs. Denver Nuggets, Fri, Feb 28, 7:30pm. Staples Center, LA. www.nba.com/clippers

Stardust: A Tribute to David Bowie, Fri, Feb 28, 7:30pm. California Center for the Arts, Escondido. www.artcenter.org

Broadway SD presents The Illusionists: Live from Broadway, Fri-Sun, Feb 28-March 1. San Diego Civic Theatre, downtown SD. www.sandiegotheatres.org

28th Annual Kuumba Festival, Fri-Sun, Feb 28-March 1. Lyceum Theatre, downtown SD. www.kuumbafest.com

Scholastic Surf Series: San Diego High School Divisions 3 & 4, Sat, Feb 29. Army Navy Academy, Carlsbad. www.surfsss.org

Pee-wee's Big Adventure 35th Anniversary Tour, Sat, Feb 29. Spreckels Theatre, downtown SD. www.peewee.com

Nature Walk From Peñasquitos Creek Crossing, Sat, Feb 29, 8-10am. Free. Join naturalist for easy walk on flat ground across Peñasquitos Creek. Besides the "usual" plants and animals, learn about lichens, mushrooms, and mosses. Meet at kiosk near the corner of Park Village Rd and Camino del Sur Rd in Rancho Peñasquitos.

SD Sockers vs. Milwaukee Wave, Sat, Feb 29, 7:05pm. Pechanga Arena San Diego, Midway district. www.sdsockers.com

Steam Powered Giraffe, Sat, Feb 29, 6pm. California Center for the Arts, Escondido. www.artcenter.org

The Winter Dance Party: A Tribute to Buddy Holly, Richie Valens & The Big Bopper, Sat, Feb 29, 8pm. Poway Center for the Performing Arts. www.powayonstage.org

Nature's Glory, Sat, Feb 29, 9:30-11am. Free. Experienced Trail Guide introduces you to ecological diversity of plants and animal life that populate the habitats of this SD Treasure. Winter rains have encouraged plants to start greening up and forming buds for the flowers to come. Meet inside Visitor Center. Mission Trails Regional Park, One Father Junipero Serra Trail, San Carlos.

Archaeology Weekend, Borrego Springs, Feb 29-March 1. Free. Hosted by Colorado Desert Archaeology Society and Anza-Borrego Desert State Park, this annual event offers pottery-making demos, Native American craft displays, tours of the Archaeology Lab, and field trips. Fee required for parking and field trips. Anza Borego Desert State Park Visitors Center. anzaborregoarchaeo.org

TinyFest California, Sat-Sun, Feb 29-March 1. Del Mar Fairgrounds. www.tinyfest.events

Oasis Camel Dairy Open Farm, Sat-Sun, Feb 29-March 1, April 18-19, May 8-9, 1-4pm. \$8-\$12. Monthly event: live performing Bird and Animal Show, Camel Encounter w/treat feeding and petting, Camel Rides, Mini Sheep Town Petting, camel milk chocolate, camel fiber products and fun stuff for kids too. A full three hours of fun for everyone. Oasis Camel Dairy, 26757 Old Julian Highway, Ramona.

Pop Tour 2020: Emily Driver's Great Race, Sat-Sun, Feb 29-March 1. La Jolla Playhouse at Rao & Padma Makineni Play Development Center (PDC), UCSD. www.lajollaplayhouse.org

Perfumes of Spring, Sat, Feb 29, March 7, March 21; Sun, March 1, March 15, March 29; Wed, March 4, 18, April 1, 9:30-11am. Free. Scented air carries the fragrance of sage, flowering shrubs, and wildflowers. Learn to identify Poison Oak. Trail guide-led walk gives insights into the

clever adaptations that plants use to prosper in native plant communities. Meet inside the Visitor Center. Mission Trails Regional Park, One Father Junipero Serra Trail, San Carlos.

It's Popping Season for La Jolla Harbor Seals, Saturdays Feb 29; March 14 & 28; April 11, 2-3:30pm. Free. Join Sierra Club Seal Society for illustrated talk about Harbor Seals/Sea Lions, followed by short walk to Casa Beach-possibly see harbor seal birth or a nursing mother & pup. Mangelsen Images of Nature Gallery, 7916 Girard Ave, La Jolla.

Murder for Two, Through March 1. New Village Arts Theatre, Carlsbad. www.newvillagearts.org

Inside Look at SeaWorld San Diego, Through March 1. Every Saturday & Sunday. www.seaworldsandiego.com

Family Fun Day at San Elijo Lagoon Nature Center, Sun, March 1, 11:30am-1:30pm. www.thenaturecollective.org

Huxley the Hawk, Sundays, March 1, April 5, May 3, June 7, 9am-noon. Free. Stop by the Visitor Center to meet local falconer, Bob Gordon, and his feathered friend, "Huxley" the Harris Hawk. Get up close and personal with this majestic bird of prey, learn about what makes him special. Kids will especially enjoy this encounter. Mission Trails Regional Park, One Father Junipero Serra Trail, San Carlos.

SD Padres vs. San Francisco Giants, Sun, March 1, 12:10pm. Petco Park, downtown SD. www.mlb.com/padres

Scholastic Surf Series: San Diego High School Division 5, Sun, March 1. Army Navy Academy, Carlsbad. www.surfsss.org

LA Clippers vs. Philadelphia 76ers, Sun, March 1, 12:30pm. Staples Center, LA. www.nba.com/clippers

The Flower Fields in Carlsbad open to show off their blooms Sun, March 1, through Sun, May 10. www.theflowerfields.com

Fun with MWR

Outdoor Adventure Challenge Jan 1-March 31. \$10 one time entry package fee. New Year...New Challenge! Discover San Diego's local outdoor landmarks at your own pace, on your own time, and win prizes with MWR. Here's how it works: Stop by the North Island OAC to purchase your Outdoor Adventure Challenge (OAC) pennant flag and approved outdoor landmark location list. Visit great San Diego sites and post pictures to Instagram showing your OAC pennant. Be sure to tag us @NavyLifeNBC and use #OACChallenge to log checkpoints. Prizes range from MWR/OAC apparel to weekend gear rental packages! North Island Outdoor Adventure, Bldg. 825, 619-545-2632.

Prime Rib & Wine Dinner, Wednesdays, 6:30-8pm, \$19. Admiral Baker River's Edge, Mission Gorge. Due to popular demand, we are extending this dinner offer. So make the most of your Wednesday! Enjoy terrific food with a great, social atmosphere! Includes glass of wine and accompaniments. Call for reservations today, 619-487-0016. Don't forget...Admiral Baker is open to the public!

NEW Lunch Buffet Menu, Mon-Fri, 11am-1pm. Naval Base San Diego, Anchors Catering & Conference Center. Look forward to lunch again! Enjoy a new, fresh and delicious buffet each weekday at Anchors complete with soup, salad bar, soft drinks and dessert.

Monday - HOMESTYLE, \$11.75

Tuesday - SOUP, SALAD & SANDWICHES, \$11.25

Wednesday - STEAKHOUSE, \$15.75

Thursday - BACKYARD BBQ, \$12.75

Friday - TASTE OF ASIA & SEAFOOD, \$12.75 Info: 619-556-7788

BOWLING

Monday Madness. Bowling \$1.25 per item: bowling game, shoe rental, hot dog and/or soda. Get great these great deals at Sea 'N Air Lanes, NASNI & Admiral Robinson Recreation Center, NBSD. For more information call 619-545-7240 or 619-556-7486.

GOLF

Demo Day. Saturdays, 10am-2pm. Head over to Admiral Baker & Sea 'N Air Golf Courses to try the latest drivers, fairway metals, hybrids and irons. Get fitted by one of our certified fitters/PGA staff. For more information call 619-487-0090 or 619-545-9659.

Junior Golf Clinics. Every Wednesday, 3:30-4:30pm and Saturday, 10-11am • \$20. Kid's 6-17 years, learn fundamentals, etiquette and golf rules in fun, friendly environment. For details contact the Sea 'N Air Golf Course-619-545-9659 or Admiral Baker Golf Course-619-487-0090.

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The OUTSIDER
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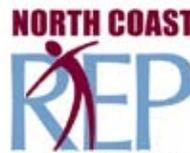
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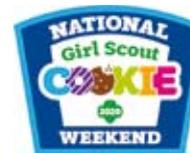
Political newcomer causes mayhem, merriment in North Coast Rep's play 'The Outsider'

The Outsider, a razor-sharp, hilarious satire of modern American politics, is currently getting a witty and smartly paced West Coast premiere at North Coast Repertory Theatre in Solana Beach. It runs through March 22. Overflowing with clever plot twists, the play is a fun-house mirror held up to reflect the often confounding, yet proudly enduring American political system. This thoroughly non-partisan laugh-fest is the ideal antidote for anyone who is overwhelmed with today's headlines. Tickets are going fast, so reserve early. Seniors, Students, Military & Educators - \$3 off admission. Call (858) 481-1055, or visit www.northcoastrep.org to purchase tickets. North Coast Repertory Theatre, 987 Lomas Santa Fe Dr., Solana Beach.



National Girl Scout Cookie Weekend Fri., Feb. 28-Sun., March 1

Girl Scouts nationwide will participate in National Girl Scout Cookie Weekend 2020, celebrating learning, excitement, and fun that selling Girl Scout Cookies has powered for girls over 100 years. This annual occasion honors creative and successful Girl Scout Cookie entrepreneurs across the country, as well as the positive change that cookie earnings make possible.



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Concerts



Blake Shelton

Fri, March 6, 7pm, Pechanga Arena

Please confirm concerts before attending. NOTE: Some venues are age 21+ only.

February

JD Souther. Thur, Feb 27, 8pm. Age 21+. Country/rock. Belly Up Tavern, 143 South Cedros Ave., Solana Beach. (858) 481-8140. www.bellyup.com
Colin Hay Sat, Feb 29, 7pm. Rock. The Magnolia Performing Arts Center, 210 East Main St., El Cajon. (619) 440-2277.

March

7th Annual Mariachi Festival Sun, March 1, 12:30pm. Latin. California Center for the Arts, Escondido, 340 N. Escondido Blvd. (760) 839-4438.
KISS. Wed, March 4, 7:30pm. (Rescheduled from 9/20/19) Staples Center, 1111 S. Figueroa St., Los Angeles. staplescenter.com
ABBA Mania. Wed, March 4, 7:30-9:30pm. Covers/pop. Balboa Theatre, 868 Fourth Ave. (619) 570-1100.
Blake Shelton and the Bellamy Brothers. Fri, March 6, 7pm. Pechanga Arena (SD Sports Arena), 3500 Sports Arena Blvd. (619) 224-4171.
The Music of Cream. Sun, March 8, 7:30pm. Covers. Balboa Theatre, 868 Fourth Ave. (619) 570-1100.
Tame Impala. Mon, March 9, 7:30pm. Pechanga Arena (SD Sports Arena), 3500 Sports Arena Blvd. (619) 224-4171.
Kinky Friedman. Thur, March 12, 8pm. Alt/country. The Casbah, 2501 Kettner Blvd, downtown San Diego. (619) 232-4355.
Karla Bonoff. Fri, March 13, 7:30pm. Acoustic. AMSDconcerts Bonita, 5305 Sweetwater Rd (Sweetwater Community Church), Bonita. (619) 201-0520.
Delta Spirit. Sat, March 14, Belly Up Tavern, 143 South Cedros Ave, Solana Beach. (858) 481-8140.
Third Eye Blind Mon, March 16, 2020, 8pm. Alt/rock. Observatory North Park, 2891 University Ave, San Diego. (619)

239-8836.

Celine Dion. Tues, March 31, 7:30pm. Pop. Pechanga Arena (SD Sports Arena), 3500 Sports Arena Blvd. (619) 224-4171.

April

Celine Dion. Thurs-Fri, April 2-3, 7:30pm. Staples Center, 1111 S. Figueroa St., Los Angeles staplescenter.com
Aventura Sun, April 5, 7:30pm. Latin. Viejas Arena at SDSU, 5500 Canyon Crest Dr., San Diego. (619) 594-6947.
Tech N9ne. Sat, April 11, 7pm. House of Blues, 1055 Fifth Ave., San Diego. (619) 299-2583. www.houseofblues.com/sandiego
Pearl Jam Mon, April 13, 7:30pm. Rock. Viejas Arena at SDSU, 5500 Canyon Crest Dr., San Diego. (619) 594-6947.
Eagles 'Hotel California' Tour. Fri-Sat, April 17-18. Fabulous Forum, 3900 W. Manchester Blvd, Inglewood msg.com/the-forum
Five Finger Death Punch. Sun, April 19, 6pm. Viejas Arena at SDSU, 5500 Canyon Crest Dr. (619) 594-6947.
Lauren Daigle. Tues, April 21, 7pm. Pechanga Arena, 3500 Sports Arena Bl. (619) 224-4171.

May

Kesha: The High Road Tour With Special Guest Big Freedia. Sat, May 2, 8pm. Cal Coast Credit Union Open Air Theatre at SDSU, 5500 Campanile Dr., San Diego. (619) 594-6947.
Russ Wed, May 6, 8pm. Pop. Open Air Theatre at SDSU, 5500 Campanile Dr., San Diego. (619) 594-6947.
The Rolling Stones. Fri, May 8, 7:30pm. Rock. SDCCU Stadium. 9449 Friars Rd, Mission Valley.
Ozuna Fri, May 8, 7:30pm. Hip-hop/rap/latin. Pechanga Arena (Sports Arena), 3500 Sports Arena Blvd. (619) 224-4171.
Lindsey Buckingham. Wed, May 13, 7:30pm. Rock. The Magnolia Performing Arts Center, 210 East Main St., El

Cajon. (619) 440-2277.
Shinedown. Sat, May 16, 7:30pm. Rock. Harrah's Resort SoCal, 777 Harrah's Rincón Way, Valley Center. (760) 751-3100.

Brad Paisley and Jordan Davis Sun, May 17, 7:30pm. Country. North Island Credit Union Amphitheatre, 2050 Entertainment Cir., Chula Vista. (619) 671-3600.

NF. Mon, May 18, 7pm. Hip-hop/rap. Petco Park, 100 Park Blvd, downtown San Diego. (619) 795-5000.

Adam Ant. Sun, May 17, 7:30pm. Rock. Spreckels Theatre, 121 Broadway, SD. (619) 235-9500.

Foals and Cherry Glazerr. Tues, May 19. Soma. 3350 Sports Arena Blvd, SD (619) 226-7662.

Lady Antebellum Sat, May 23, 7:30pm. Folk/pop. NI Credit Union Amphitheatre, 2050 Entertainment Cir., Chula Vista. (619) 671-3600.

Journey and the Pretenders. Sun, May 24. North Island Credit Union Amphitheatre, 2050 Entertainment Cir., Chula Vista. (619) 671-3600.

Justin Bieber Tues, May 26, 7:30pm. Pechanga Arena (Sports Arena), 3500 Sports Arena Blvd. (619) 224-4171.

James Taylor And His All-Star Band with guest Jackson Browne. Fri, May 29. Pechanga Arena (Sports Arena), 3500 Sports Arena Blvd. (619) 224-4171.

Maroon 5 and Meghan Trainor. Sat, May 30, 7pm. North Island Credit Union Amphitheatre, 2050 Entertainment Cir., Chula Vista. (619) 671-3600.

Alejandro Fernández. Sat, May 30, 7:30pm. Latin. Viejas Arena at SDSU, 5500 Canyon Crest Dr., San Diego. (619) 594-6947. https://as.sdsu.edu/viejas_arena/

Daryl Hall & John Oates and Squeeze Sun, May 31, 7pm. Pop/rock. North Island Credit Union Amphitheatre, 2050 Entertainment Cir., Chula Vista. (619) 671-3600.

June

The Isley Brothers Fri, June 5, 7:30pm. Funk/pop. Del Mar Fairgrounds, 2260 Jimmy Durante Blvd, Del Mar. (858) 755-1161.

TLC Sat, June 6, 7:30pm. Hip-hop/rap/pop. Del Mar Fairgrounds, 2260 Jimmy Durante Blvd, Del Mar. (858) 755-1161.

Hombres G Sun, June 7, 7:30pm. Latin/rock. Del Mar Fairgrounds, 2260 Jimmy Durante Blvd, Del Mar. (858) 755-1161.

Steely Dan and Steve Winwood. Tues, June 9, 7:30pm. Jazz/rock. North Island Credit Union Amphitheatre, 2050 Entertainment Cir., Chula Vista. (619) 671-3600.

Styx Wed, June 10, 7:30pm. Pop/rock. Del Mar Fairgrounds, 2260 Jimmy Durante Blvd, Del Mar. (858) 755-1161.

AJR Thur, June 11, 7:30pm. Pop. Open Air Theatre at SDSU, 5500 Campanile Dr. (619) 594-6947.

Martina McBride. Thur, June 11, 7:30pm. Country. Del Mar Fairgrounds, 2260 Jimmy Durante Blvd, Del Mar. (858) 755-1161.

Barenaked Ladies and Gin Blossoms Sat, June 13, 7:30pm. Alt/rock. Open Air Theatre at SDSU, 5500 Campanile Dr., San Diego. (619) 594-6947.

Sugarland Sat, June 20, 7:30pm. Country. North Island Credit Union Amphitheatre, 2050 Entertainment Cir., Chula Vista. (619) 671-3600.

Hillsong Worship Tues, June 23, 7:30pm. Gospel. Open Air Theatre at SDSU, 5500 Campanile Dr., San Diego. (619) 594-6947.

The Go Go's Thur, June 25, 7:30pm. Pop/rock. Humphrey's by the Bay, 2241 Shelter Island Dr. (619) 224-3577.

July

Foreigner and Kansas Sat, July 11, 7:30pm. North Island Credit Union Amphitheatre, 2050 Entertainment Cir., Chula Vista. (619) 671-3600.

Luke Bryan and Caylee Hammack Thur, July 16, 7:30pm. Country. NI Credit Union Amphitheatre, 2050 Entertainment Cir., Chula Vista. (619) 671-3600.

Melanie Martinez Sat, July 18, 7:30pm. Pop. Open Air Theatre at SDSU, 5500 Campanile Dr., San Diego. (619) 594-6947.

Incubus and 311. Sun, July 19, 7:30pm. Rock. Open Air Theatre at SDSU, 5500 Campanile Dr., San Diego. (619) 594-6947.

Motley Crue and Def Leppard. Thur, July 23, 5pm. Petco Park, 100 Park Blvd, SD. (619) 795-5000.

Green Day, Weezer, Fall Out Boy. Fri, July 24, 7pm. Petco Park, 100 Park Blvd, SD. (619) 795-5000.

Ozzy Osbourne. Mon, July 27, 7:30. Hollywood Bowl, 2301 N. Highland Ave, Los Angeles.

Ozzy Osbourne and Marilyn Manson. Wed, July 29. North Island Credit Union Amphitheatre, 2050 Entertainment Cir., Chula Vista. (619) 671-3600.

Joe Bonamassa. Fri, July 31, 7:30pm. Blues/rock. San Diego Civic Theatre, 1100 Third Ave, San Diego. (619) 570-1100.

August

Primus and Wolfmother. Sat, Aug 1, 7:30pm. Covers/rock. Open Air Theatre

at SDSU, 5500 Campanile Dr., San Diego. (619) 594-6947.

David Gray. Sun, Aug 2. Open Air Theatre at SDSU, 5500 Campanile Dr., San Diego. (619) 594-6947.

The Weekend. Sun, Aug 9, 7:30pm. Hip-hop/rap. Pechanga Arena (Sports Arena), 3500 Sports Arena Blvd. (619) 224-4171.

Janet Jackson Mon, Aug 10, 7:30pm. Pop. Viejas Arena at SDSU, 5500 Canyon Crest Dr., San Diego. (619) 594-6947. https://as.sdsu.edu/viejas_arena/

Camila Cabello. Tues, Aug 11, 8pm. Pechanga Arena (Sports Arena), 3500 Sports Arena Blvd. (619) 224-4171.

Tim McGraw and Midland Sat, Aug 15, 2020, 7:30 p.m. Country. NI Credit Union Amphitheatre, 2050 Entertainment Cir., Chula Vista. (619) 671-3600.

The Lumineers and Gregory Alan Isakov Includes Daniel Rodriguez. Tues, Aug 25, 7:30pm. Acoustic/pop. Pechanga Arena (Sports Arena), 3500 Sports Arena Blvd. (619) 224-4171.

Harry Styles. Sun, Aug 30. Pechanga Arena (SD Sports Arena), 3500 Sports

Arena Blvd. (619) 224-4171.

Future

Disturbed and Staind Tues, Sept 1, 7:30pm. Rock. North Island Credit Union Amphitheatre, 2050 Entertainment Cir., Chula Vista. (619) 671-3600.

Rebellion, Steel Pulse, the Green. Sat, Sept 5, 7pm. NI Credit Union Amphitheatre, 2050 Entertainment Cir., Chula Vista. (619) 671-3600.

Alicia Keys Friday, Sept 11, 7:30pm. Open Air Theatre at SDSU, 5500 Campanile Dr. (619) 594-6947.

The Doobie Brothers 50th Anniversary Tour. Thur, Sept 17, 7:30pm. NI Credit Union Amphitheatre, 2050 Entertainment Cir., Chula Vista. (619) 671-3600.

The Black Crowes. Fri, Sept 18. North Island Credit Union Amphitheatre, 2050 Entertainment Cir., Chula Vista. (619)671-3600.

Jason Aldean and Brett Young. Sat, Sept 19, 7:30pm. Country. NI Credit Union Amphitheatre, 2050 Entertainment Cir., Chula Vista. (619) 671-3600.

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*1 at this payment. Stk#: 58655, VIN: L3076517, Model#: 6275 Net capitalized cost \$20,651.17. \$238 plus tax monthly for 36 months with \$4,999 due at lease signing. Includes \$600 Toyota Factory Lease Subventions Cash. Security deposit not required. On approved above average credit through Toyota Financial Services. \$0.15 per mile over 12K miles annually and \$85 dealer document preparation charges. Security deposit not required. Any electronic filing fee. Includes license fee. College Grad and Military Rebates are not included on price/payment offers unless otherwise specified. Offer expires 3/2/20.

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V6 Auto 4x2

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All advertised prices exclude government fees and taxes, any finance charges, any dealer document processing charge, any electronic filing charge, and any emission testing charge. \$500 Military Incentive, must be active duty or veteran to qualify. Offer expires 3/2/20. 1 at this price #092290.

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-\$1750 REBATE HMF
-\$500 MILITARY or
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NET PRICE
\$13,777



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\$16,777 FRANK'S PRICE
-\$1500 REBATE HMF
-\$500 MILITARY or
1st RESPONDERS

NET PRICE
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All advertised prices exclude government fees and taxes, any finance charges, any dealer document processing charge, any electronic filing charge, and any emission testing charge. \$500 Military Incentive, must be active duty or veteran to qualify. Offer expires 3/2/20. 6 at this price. 3 at this price #498040, #471080, #498132.

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*1 at this payment, STK# 22707 VIN# L8222890 Model # LRB 03. \$284 plus tax monthly for 36 months with \$0 Due at Signing, \$0.15 per mile over 10,000 miles per year. \$85 Dealer Document Preparation Charges, any Electronic Filing Fee. Security Deposit Not Required. On Approved Above Average Credit through JP Morgan Chase. Offer Expires 3/2/20.

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FRONT BRAKE SPECIAL

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